SALAD & WRAP BAR

BUILD YOUR OWN SALAD OR WRAP | STARTING AT $6.09

STEP 1 START YOUR SALAD
PICK YOUR BASE GREEN

STEP 2 PICK FIVE
SELECT 4 VEGETABLE TOPPINGS AND 1 NUT OR SEED TOPPING
ADDITIONAL TOPPINGS - $1.19  |  PREMIUM TOPPINGS - $1.39

STEP 3 GET DRESSED UP
GO FOR LITE ITALIAN DRESSING OR OIL & VINEGAR

STEP 4 TOP IT OFF
COMPLETE YOUR SALAD WITH PROTEIN
CHICKEN - $2.59  |  STEAK OR SHRIMP - $3.99  |  TOFU OR HUMMUS - $1.49
160 CAL  |  120 CAL - 300 CAL  |  70 CAL
POKE BOWL BAR

BUILD YOUR OWN BOWL | STARTING AT $5.99

STEP 1 CHOOSE YOUR BASE
- WHITE RICE | BROWN RICE | SPINACH | KALE | MIXED GREENS | ROMAINE | HALF & HALF GREENS
  - 295 CAL | 280 CAL | 50 CAL | 110 CAL | 40 CAL | 40 CAL | 40 CAL

STEP 2 CHOOSE YOUR 5 TOPPINGS
- BABY CORN | CUCUMBER | GREEN PEAS | CARROTS | CILANTRO | SLICED EGG
  - 25 CAL | 4 CAL | 20 CAL | 10 CAL | 1 CAL | 45 CAL
- GREEN ONIONS | SESAME SEEDS | AVOCADO | SHREDDED ZUCCHINI
  - 10 CAL | 160 CAL | 45 CAL | 5 CAL

STEP 3 CHOOSE YOUR PROTEIN
  - 160 CAL | 148 CAL | 120 CAL | 160 CAL

STEP 4 CHOOSE YOUR DRIZZLE
- PONZU SAUCE | SOY SAUCE | SESAME OIL | POKE SAUCE
  - 160 CAL | 148 CAL | 120 CAL | 160 CAL