# BUILD YOUR SUB

All subs include your choice of fresh veggies.

## SUBS

<table>
<thead>
<tr>
<th>Sub</th>
<th>6&quot;</th>
<th>12&quot;</th>
</tr>
</thead>
<tbody>
<tr>
<td>Turkey</td>
<td>350</td>
<td>690</td>
</tr>
<tr>
<td>Roasted Chicken</td>
<td>380</td>
<td>760</td>
</tr>
<tr>
<td>Ham</td>
<td>370</td>
<td>750</td>
</tr>
<tr>
<td>Crispy Chicken</td>
<td>555</td>
<td>1110</td>
</tr>
<tr>
<td>Classic BLT</td>
<td>540</td>
<td>1080</td>
</tr>
</tbody>
</table>

## BREAD

- White: 205 / 410 cal 5.29 / 8.39
- Wheat: 240 / 480 cal 5.79 / 8.79
- Sub Roll without gluten: 100 / 200 cal

## CHEESE

- Pepper Jack: 90 / 180 cal 5.99 / 12.49
- Cheddar: 120 / 240 cal 6.59 / 14.99
- American: 70 / 140 cal 5.99 / 11.99

## SAUCE

- Hot Sauce: 0 cal
- Baja Sauce: 150 cal
- Mayo: 100 cal
- Low Fat Mayo: 45 cal
- Oil & Vinegar: 80 cal
- Caesar Dressing: 120 cal
- Ranch Dressing: 140 cal

## EXTRA

- ADD BACON: 1.99 / 2.69 120 / 240 cal
- DOUBLE MEAT: 1.79 / 2.29 70 / 1440 cal
- DOUBLE CHEESE: 1.09 / 1.49 70 / 240 cal

## UNDER 500 CALORIES

Look for this symbol on select subs.

Calorie information is based on 6" wheat roll with cheese, shredded lettuce, tomatoes, and onions.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.
SIGNATURES
Connect to your favorites.

Baja Chicken 5.59 / 8.79  510 / 1020 cal
roasted chicken breast, pepper jack, chipotle seasoning, lettuce, onion, tomato, Baja sauce

Buffalo Ranch Chicken 5.59 / 8.79  550 / 1100 cal
buffalo crispy chicken, provolone, hot sauce, ranch dressing, lettuce, onion, tomato

Beachte: + 3.19

CONNECT YOUR COMBO
Select any side item with 24 oz fountain beverage.
Sides include chips or fruit.

BEVERAGE
24 oz Fountain Drinks 2.39  0 - 340 cal

SIDES
Chips 1.49  240 - 260 cal
Fruit 1.19  45 - 100 cal

Chocolate Chip Cookie 3.29  120 - 250 cal
M & M Cookie 3.29  120 - 250 cal