



# ALLERGEN CHART

Our dining offerings are prepared in a facility that uses milk, eggs, wheat, soy, shellfish, peanuts, and tree nuts. Although we take measures to ensure against this, the possibility of cross-contact does exist. All fruits and vegetables are naturally gluten and allergen-free.

Menu Item	Gluten	Wheat	Egg	Milk	Tree Nuts	Peanuts	Fish	Soy	Shellfish
Chicken Noodle Soup	•	•	•						
Broccoli Cheddar				•				•	
Tomato Basil with Rice Soup									
Grilled Chicken									
Breaded Chicken	•	•	•					•	
Turkey, diced									
Tuna	•						•		
Shrimp									•
Egg			•						
Tofu								•	
Tabbouleh	•	•							
Hummus									
Lemony Chickpea Salad									
Lenitl salad				•					
Wild Rice & Dried Cherries salad					•				
Three Bean Salad									
Cheddar cheese				•					
Parmesean cheese				•					
Feta Cheese				•					
Cheddar cheese				•					
Blue Cheese				•					
Italian Low Calorie Dressing								•	
Ranch Dressing				•				•	
Balsamic Vinaigrette Dressing	•								
Blue Cheese Dressing			•	•				•	
Cesar Dressing			•	•			•	•	
Thousand Island Dressing	•	•	•		•			•	
Honey Mustard Dressing			•					•	
Olive Oil									
Balsamic Vinegar									
Croutons	•	•						•	
Bread Roll	•	•	•	•					
Crackers	•	•							

# BUILD YOUR OWN SUB ALLERGEN CHART

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Buffalo Crispy Chicken	•	•						•	
Vegetable	•	•		•				•	
Turkey	•	•		•				•	
Crispy Chicken	•	•		•				•	
Roasted Chicken	•	•		•				•	
Smoked Ham	•	•		•				•	
Classic BLT	•	•		•				•	
Yogurt				•					
Chips								•	
Cookie	•	•	•	•	•	•		•	
Dressing	•		•	•	•			•	