

SMOOTHIES & JUICES

16OZ. \$4.99

24OZ. \$5.99

BOOST \$0.99

PRE-WORKOUT

READY...

Mango Smoothie

Mango, Vanilla Yogurt

SET...

Triple Berry Smoothie

Blueberry, Strawberry, Raspberry, Banana, Almond Milk

GO...

Carrot Apple Smoothie

Fresh Carrots, Spinach, Fiji Apple, Cucumber, Coconut Water

POST-WORKOUT

RELAX

Apple Pie Milkshake

Blanched Sliced Apples, Vanilla Yogurt, Cinnamon, Almond Milk

RECOVER

Banana Avocado Smoothie

Vanilla Yogurt, Fresh Avocado, Banana, Soy Milk, Organic Honey

REVIVE

Black Tea, Mango & Banana Smoothie

Earl Grey Organic Tea, Mango, Banana, Coconut Water



REPLENISH

Banana Pineapple Yogurt Smoothie

Banana, Pineapple, Vanilla Yogurt, Honey

REBUILD

Wild Blueberry Chia Soy Smoothie

Blueberry, Vanilla Yogurt, Chia Seeds, Soy Milk

SOOTHIE SMOOTHIE

Cherry Pomegranate Smoothie

Cherry, Raspberry, Pomegranate Juice, Fresh Apple Juice

BUILD YOUR OWN SMOOTHIE

FRUIT

Apple
Banana
Cherry
Strawberry
Blueberry
Mango
Pineapple

VEGETABLE

Spinach
Kale
Carrot

JUICE

Orange
Apple
Pomegranate

BASE

Vanilla Yogurt
Almond Milk
Soy Milk
Coconut Water

OTHER

Chia Seeds
Almonds
Peanut Butter
Cocoa Powder

ADD A SCOOP

Whey Protein, Soy Protein, Pea Protein, Energy, Immune Support, Fiber Blend, Trim & Fit, Smart Balance, Matcha Green Tea, Probiotic, Vitamin C, Women's Blend, Antioxidant, Calcium, Green Blend, Relaxing, Protein Blend, Hangover.