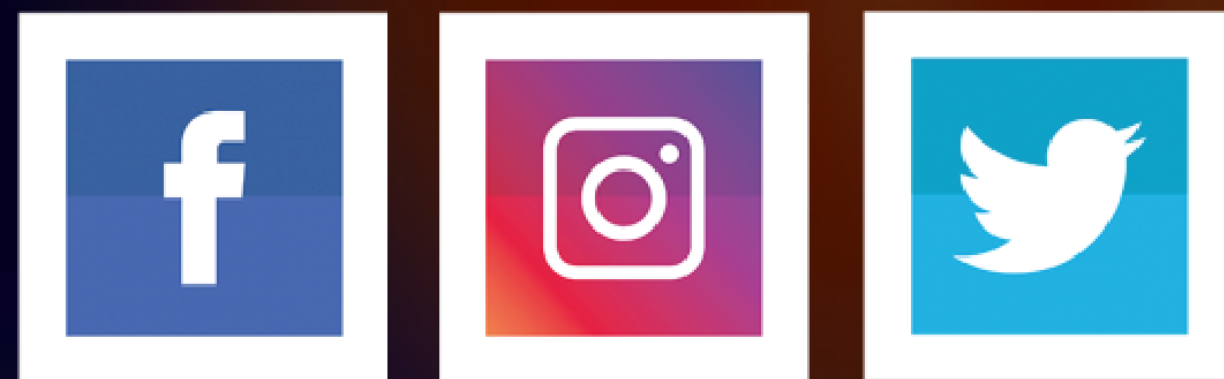




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UNIVERSITY OF MARY WASHINGTON  
HURLEY CONVERGENCE CENTER

1801 College Avenue  
Fredericksburg, VA 22401

**(540) 654-5813**

**WWW.KATORACAFE.COM**

**@KATORACAFEUMW**

## HOURS OF OPERATION

MON - FRI 730am - 9pm

SAT & SUN 11am - 9pm

# BAGELS

## Asiago 330 CALORIES

CASH	CASH COMBO	MEAL SWIPE
\$1.99	\$3.49	1 MEAL

# BREAKFAST SANDWICH

with your choice of bagel, croissant or GF bread

## Sausage, Egg & Cheese V

310-440 CALORIES

[Gardein Saus'age, Eggs & Cheddar]

CASH	CASH COMBO	MEAL SWIPE
\$4.80	\$5.80	1 MEAL

## Egg & Cheese V

240-370 CALORIES

CASH	CASH COMBO	MEAL SWIPE
\$3.59	\$4.59	1 MEAL

## Assorted Bagels 290-310 CALORIES

CASH	CASH COMBO	MEAL SWIPE
\$1.59	\$3.09	1 MEAL

- » Blueberry
- » Cinnamon Raisin
- » Everything
- » Plain

### ADD CHOICE OF 30-60 CALORIES

Cream Cheese, Vegan Cream Cheese, or Butter VG

# MUFFINS 410-510 CALORIES

CASH	CASH COMBO	MEAL SWIPE
\$2.99	\$4.49	1 MEAL

# SCONES 310-450 CALORIES

CASH	CASH COMBO	MEAL SWIPE
\$2.89	\$4.39	1 MEAL

# COMBO OPTIONS

- » Fresh Brew Coffee 0-8 CALORIES
- » Cold Brew Tea 0-8 CALORIES
- » Hot Tea 0-8 CALORIES
- » Cold Brew 0-8 CALORIES
- » Aquafina 0 CALORIES
- » Bubbly 0 CALORIES

## GF BROWNIE 310 CALORIES

CASH
\$3.49

## VG COOKIES 220-310 CALORIES

CASH
\$2.29

[FOOD]

# WRAPS

## Egg n Cheese ✓

510 CALORIES

[Scrambled Eggs, Cheddar]

CASH	CASH COMBO	MEAL SWIPE
\$4.99	\$5.09	1 MEAL

## Egg Wrap Supreme ✓

660 CALORIES

[Scrambled Eggs, Cheddar, Peppers, Onions, Mushrooms, Zucchini, Squash, Vegan Sausage]

CASH
\$6.99

## Katora Tofu Wrap VG

680 CALORIES

[Roasted Tofu, Chao (VEGAN CHEESE), Peppers, Onions, Mushrooms, Zucchini, Squash, Vegan Sausage]

CASH	CASH COMBO	MEAL SWIPE
\$6.99	\$7.99	MEAL+2

## Grilled Zucchini Wrap w/ Edamame Hummus VG

520 CALORIES

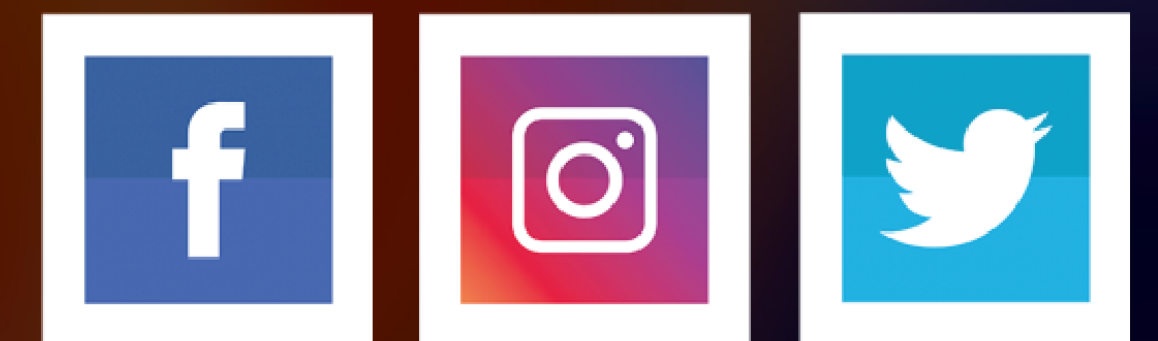
[Grilled Zucchini, Edamame Hummus, Spinach, Red Onions, Bell Peppers, Dukkha spice]

CASH
\$6.49



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[FOOD]

# SANDWICHES & BOWLS

## Avocado Toast GF

280 CALORIES

[Crudo (AVOCADO, TOMATOES, RED ONIONS, GREEN OLIVES, PARSLEY), Kale, White Balsamic Apricot Glaze, Gluten-Free Bread]

CASH	CASH COMBO	MEAL SWIPE
\$4.59	\$5.59	1 MEAL

## Caprese V

450 CALORIES

[Fresh Mozzarella, Tomato, Basil, Balsamic Dressing, Ciabatta Roll]

CASH	CASH COMBO	MEAL SWIPE
\$6.79	\$7.79	MEAL+2

## Vegan Poke Bowl VG

720 CALORIES

[Baba Ganoush (EGGPLANT, GARLIC & TAHINI), Farro, Freekeh, Quinoa, Beets, Sweet Potatoes, Butternut Squash, Brussel Sprouts, Dukkha spice, Pumpkin Seeds, Champagne Vinaigrette]

CASH	CASH COMBO	MEAL SWIPE
\$7.99	\$8.99	MEAL+3

## RED PEPPER GOUDA Wednesday V

210 CALORIES

CASH
\$3.99

## Soaked Oats GF

190 CALORIES

CASH	MEAL SWIPE
\$4.99	1 MEAL

## Yogurt Parfait V

350 CALORIES

CASH	MEAL SWIPE
\$4.19	1 MEAL

## Fruit Cup VG

60 CALORIES

CASH	MEAL SWIPE
\$4.19	1 MEAL

[FOOD]

# SMOOTHIES

16 oz.  
Smoothie

CASH	MEAL SWIPE
\$5.99	MEAL+1

*All natural.*

*No added sugars.*

» Strawberry Banana  
190-238 CALORIES

» Tropical  
[PINEAPPLE MANGO]  
290-320 CALORIES

» Berry Berry  
[SEASONAL BERRY]  
290-320 CALORIES

» Green Dragon  
[KALE BANANA  
PINEAPPLE MANGO]  
350-420 CALORIES

LEMONADE 230+ CALORIES

FLAVOR  
WITH TEA &  
SYRUPS!

Fresh  
Squeezed!

CASH	MEAL SWIPE
\$3.49	1 MEAL

» ENERGY  
[MACA] 60 CALORIES

» ANTIOXIDANT  
[CHAGA] 4 CALORIES

» FOCUS  
[CORDYCEPS]  
5 CALORIES

» IMMUNITY  
[IMMUNE ASSIST]  
5 CALORIES

» PROTEIN  
[ORGAIN VEGAN]  
75 CALORIES

» OMEGA 3  
[CHIA] 100 CALORIES

» KALE 28 CALORIES



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[DRINKS]

# COFFEE & ESPRESSO

## Coffee

5-6 CALORIES

16oz \$2.49

20oz \$2.79

## Cappuccino

32-194 CALORIES

16oz \$4.39

20oz \$4.99

## Mocha

92-321 CALORIES

16oz \$4.89

20oz \$5.99

## Cold Brew

5-6 CALORIES

16oz \$3.29

20oz \$3.99

## Latte

32-194 CALORIES

16oz \$4.39

20oz \$4.99

### extra espresso

2 CALORIES

PER SHOT \$1.00

### per syrup

0-25 CALORIES

ONE PUMP \$.15

## Americano

15-19 CALORIES

16oz \$2.99

20oz \$3.29

## Machiatto

240-300 CALORIES

16oz \$4.69

20oz \$5.44

### per sauce

27-60 CALORIES

ONE PUMP \$.50

# TEAS & TEA LATTES

## Hot Tea

0-130 CALORIES

16oz \$2.49

20oz \$2.79

## Cold Brew Tea

0-130 CALORIES

16oz \$3.29

20oz \$3.99

## Tea Latte

75-512 CALORIES

16oz \$4.39

20oz \$4.99

### TEA TYPES:

BLACK	B	HERBAL	H
CHAI	C	WHITE	W
GREEN	G		

## COLD BREW TEAS

Basic Black B

Berry Creme Compote H

Blood Orange H

Raja Oolong C

Raspberry Patch H

White Blueberry W

## HOT BREWED TEAS

Ceylon Sonata B

Earl Grey B

Foxtrot H

Masala Chai C

Speedy Recovery G

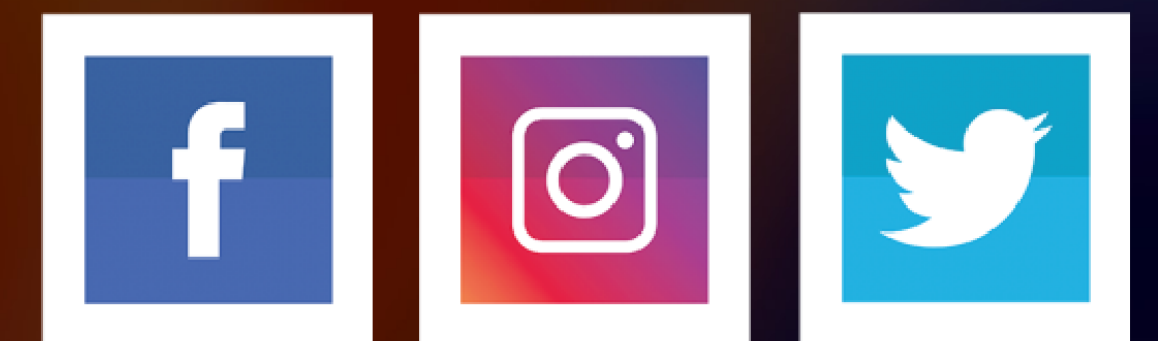
White Blueberry W

TEAS  
ON DAILY  
ROTATION



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[DRINKS]

# SIGNATURE DRINKS

120-465 CALORIES

\*  
ASK FOR  
VEGAN  
OPTION

## Baklava

[HONEY & PISTACHIO]

## Black & White Hot Chocolate\*

[DARK & WHITE CHOCOLATE]

## Blue & Gray Latte\*

[BLUEBERRY & WHITE  
CHOCOLATE]

## Creme Brûlée\*

[BROWN BUTTER TOFFEE &  
CARAMEL]

## Pretty Little Latte

[LAVENDER & VANILLA]

## Snickerdoodle\*

[WHITE CHOCOLATE,  
CINNAMON & VANILLA]



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[DRINKS]



# SEASONAL DRINKS

120-465 CALORIES

\*  
ASK FOR  
VEGAN  
OPTION

## Peppermint Mocha

[DARK CHOCOLATE,  
PEPPERMINT]

## Peppermint Hot Chocolate

[SIGNATURE HOT CHOCOLATE  
& PEPPERMINT]

## Pistachio Bark Latte\*

[WHITE CHOCOLATE  
& PISTACHIO]

## Spiced Pear Latte / Spiced Pear Chai

[PEAR & VANILLA SPICE]



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[DRINKS]