MAKE YOUR OWN

Please fill out an order form for all
create your own sandwiches or salad tosses

SANDWICHES

BREADS Marble Rye, Challah, Jewish Rye, Sourdough,
White & Wheat Wraps, Focaccia Roll, Pita

PROTEINS Turkey, Roast Beef, Corn Beef, Pastrami, Tuna Salad,
Chicken Salad, Egg Salad, Salami, Schnitzel

TOPPINGS Shredded lettuce, Tomato, Cucumber, Caponata,
Pickled Red Onions, Honey Roasted Spanish Onions, Sauerkraut

SPREADS Mayonnaise, Yellow Mustard, Deli Mustard, Remoulade,
Thousand Island, Ketchup, Sweet Relish, Chipotle Mayonnaise

SALAD TOSS

VEGETABLES Tomato, Cucumber, Red Onion, Black Beans,
Red Beans, Carrots, Bell Pepper, Cranberries, Green Olives,
Black Olives, Tabbouleh

PROTEINS Turkey, Hard Cooked Eggs, Tofu, Tuna Salad,
Chicken Salad

DRESSINGS Apple Vinaigrette, Italian, Citrus Vinaigrette,
Spicy Tamari Vinaigrette, Ginger Vinaigrette

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutritional information available upon request.
Please inform your server if a member in your party has a food allergy.
SPECIALTY SANDWICHES

**ROASTED VEGGIE** (375 cal)  $8.29
Roasted carrots, zucchini, caponata, and red peppers with hummus, pickled red onion, and lettuce on focaccia

**Tabbouleh Wrap** (300 – 460 cal)  $8.99
Bulgur wheat tabbouleh, black beans, lettuce, tomato, cucumbers, and your choice of tofu or turkey in a wrap or pita

**Hot Pastrami** (650 cal)  $12.99
5 oz. of pastrami with pickled red onion and remoulade on marble rye bread

**Hot Corned Beef** (600 cal)  $12.99
5 oz. of corned beef with sauerkraut and deli mustard on Challah Bread

**Salad Trio** (785 – 825 cal)  $10.99
Three slices of egg salad, avocado salad, and your choice of tuna or chicken salad on focaccia bread with spicy caponata and chipotle mayonnaise

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SOUP

CHICKEN NOODLE (170 – 255 cal) 12 oz | $2.39 16 oz | $3.09
Add Matzo Ball $0.99 (40 cal)

THREE BEAN BEEF CHILI (320 – 480 cal) 12 oz | $4.19 16 oz | $5.19

HOT DOGS

FOOT LONG HOT DOG (520 cal) $4.19
CHILI DOG (690 cal) $4.69
VEGIE DOG (320 cal) $4.49