MAKE YOUR OWN

Please fill out an order form for all
create your own sandwiches or salad tosses

**SANDWICHES**

**BREADS** Marble Rye, Challah, Jewish Rye, Sourdough,
White & Wheat Wraps, Focaccia Roll, Pita

**PROTEINS** Turkey, Roast Beef, Corn Beef, Pastrami, Tuna Salad,
Chicken Salad, Egg Salad, Salami, Schnitzel

**TOPPINGS** Shredded lettuce, Tomato, Cucumber, Caponata,
Pickled Red Onions, Honey Roasted Spanish Onions, Sauerkraut

**SPREADS** Mayonnaise, Yellow Mustard, Deli Mustard, Remoulade,
Thousand Island, Ketchup, Sweet Relish, Chipotle Mayonnaise

**SALAD TOSS**

**VEGETABLES** Tomato, Cucumber, Red Onion, Black Beans,
Red Beans, Carrots, Bell Pepper, Cranberries, Green Olives,
Black Olives, Tabbouleh

**PROTEINS** Turkey, Hard Cooked Eggs, Tofu, Tuna Salad,
Chicken Salad

**DRESSINGS** Apple Vinaigrette, Italian, Citrus Vinaigrette,
Spicy Tamari Vinaigrette, Ginger Vinaigrette

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutritional information available upon request.
Please inform your server if a member in your party has a food allergy.
SPECIALTY SANDWICHES

**ROASTED VEGGIE** (375 cal) | $7.99
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Roasted carrots, zucchini, caponata, and red peppers with hummus, pickled red onion, and lettuce on focaccia

**TABBULEH WRAP** (300 – 460 cal) | $8.99
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Bulgur wheat tabbouleh, black beans, lettuce, tomato, cucumbers, and your choice of tofu or turkey in a wrap or pita

**HOT PASTRAMI** (650 cal) | $12.99
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5 oz. of pastrami with pickled red onion and remoulade on marble rye bread

**HOT CORNED BEEF** (600 cal) | $12.99
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5 oz. of corned beef with sauerkraut and deli mustard on Challah Bread

**SALAD TRIO** (785 – 825 cal) | $9.99
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Three slices of egg salad, avocado salad, and your choice of tuna or chicken salad on focaccia bread with spicy caponata and chipotle mayonnaise

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SOUP

**CHICKEN NOODLE** (170 – 255 cal) 12 oz | $2.25  16 oz. | $3.25
Add Matzo Ball  $0.99 (40 cal)

**THREE BEAN BEEF CHILI** (320 – 480 cal) 12 oz | $4.99  16 oz | $6.99

HOT DOGS

**FOOT LONG HOT DOG** (520 cal)  $4.69

**CHILI DOG** (690 cal)  $5.25

**VEGGIE DOG** (320 cal)  $3.69

TODAY’S SPECIAL