

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Thursday (tier 1) - ServingDate: 01/03/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Ninja Burger - SR1126 (1 burger)	0	311.19	10.13	3.15	0.00	543.61	35.69	18.52
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Thursday (tier 1) - ServingDate: 01/03/2019								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Friday (tier 1) - ServingDate: 01/04/2019								
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Parmesan Sandwich - NJR1279 (1 sandwich)	0	460.53	19.04	4.53	0.00	850.94	46.50	24.04
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Friday (tier 1) - ServingDate: 01/04/2019								
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Monday (tier 1) - ServingDate: 01/07/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Fishwich - SR1105 (1 sandwich)	0	300.00	8.00	0.00	0.00	650.00	39.00	21.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Monday (tier 1) - ServingDate: 01/07/2019								
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Breaded Fish Patty - SR1985 (1 patty)	0	170.00	6.00	0.00	0.00	390.00	14.00	15.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Tuesday (tier 1) - ServingDate: 01/08/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Rib B Que Sandwich - NJR1249 (1 sandwich)	0	294.00	9.00	3.20	0.00	986.00	34.50	18.50
Pork Rib B Que Sandwich - NJR1407 (1 sandwich)	0	302.00	10.00	3.10	0.00	929.00	35.50	16.50
Barbecue Beef Riblet - SR2064 (1 patty)	0	177.18	11.15	4.56	0.00	620.17	9.58	11.15
Barbecue Pork Riblet - SR2037 (1 patty)	0	175.00	10.00	3.50	0.10	625.00	11.50	12.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Tuesday (tier 1) - ServingDate: 01/08/2019								
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Wednesday (tier 1) - ServingDate: 01/09/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Grilled Cheese Sandwich - NJR1165 (1 sandwich)	0	360.00	20.00	10.00	0.00	1100.00	32.00	14.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Wednesday (tier 1) - ServingDate: 01/09/2019								
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Thursdsay (tier 1) - ServingDate: 01/10/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Thursday (tier 1) - ServingDate: 01/10/2019								
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Chicken Tenders - NJR1212 (3 ea.)	0	240.00	12.00	2.25	0.00	405.00	12.00	19.50
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Thursday (tier 1) - ServingDate: 01/10/2019								
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Friday (tier 1) - ServingDate: 01/11/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Bacon Cheeseburger - NJR1419 (1 burger)	0	350.00	16.50	6.75	0.00	825.00	28.00	19.50
Bacon Cheeseburger - NJR1426 (1 burger)	0	423.69	23.56	9.48	0.00	916.50	30.01	22.53
Bacon Cheeseburger - NJR1186 (1 burger)	0	360.69	15.56	6.78	0.00	747.50	31.01	19.53
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Friday (tier 1) - ServingDate: 01/11/2019								
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Bacon Slices - SR1982 (1 slice)	0	30.30	2.69	1.01	0.00	127.94	0.00	1.68
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Monday (tier 1) - ServingDate: 01/14/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Monday (tier 1) - ServingDate: 01/14/2019								
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Taco Joe Sandwich - SR1206 (1 sandwich)	0	246.45	6.48	1.78	0.00	549.43	30.83	18.64
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Monday (tier 1) - ServingDate: 01/14/2019								
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Tuesday (tier 1) - ServingDate: 01/15/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Cordon Bleu Burger - SR1866 (1 burger)	0	408.60	18.37	5.28	0.00	966.62	36.16	26.82
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Tuesday (tier 1) - ServingDate: 01/15/2019								
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Wednesday (tier 1) - ServingDate: 01/16/2019								
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Pulled Pork Sandwich - NJR1337 (1 sandwich)	0	315.67	12.98	4.19	0.00	523.51	28.40	19.97
Pulled Pork Sandwich - NJR1608 (1 sandwich)	0	344.40	9.00	3.20	0.00	1051.59	34.20	22.40
Pulled Pork Sandwich - NJR1412 (1 sandwich)	0	300.00	7.00	2.10	0.00	815.99	40.00	21.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Wednesday (tier 1) - ServingDate: 01/16/2019								
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Thursday (tier 1) - ServingDate: 01/17/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Thursday (tier 1) - ServingDate: 01/17/2019								
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Ninja Burger - SR1126 (1 burger)	0	311.19	10.13	3.15	0.00	543.61	35.69	18.52
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Thursday (tier 1) - ServingDate: 01/17/2019								
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Friday (tier 1) - ServingDate: 01/18/2019								
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Parmesan Sandwich - NJR1279 (1 sandwich)	0	460.53	19.04	4.53	0.00	850.94	46.50	24.04
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Friday (tier 1) - ServingDate: 01/18/2019								
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Friday (tier 1) - ServingDate: 01/25/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Bacon Cheeseburger - NJR1419 (1 burger)	0	350.00	16.50	6.75	0.00	825.00	28.00	19.50
Bacon Cheeseburger - NJR1426 (1 burger)	0	423.69	23.56	9.48	0.00	916.50	30.01	22.53
Bacon Cheeseburger - NJR1186 (1 burger)	0	360.69	15.56	6.78	0.00	747.50	31.01	19.53
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 1 & 3 - Friday (tier 1) - ServingDate: 01/25/2019								
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Bacon Slices - SR1982 (1 slice)	0	30.30	2.69	1.01	0.00	127.94	0.00	1.68
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Monday (tier 1) - ServingDate: 01/28/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Taco Joe Sandwich - SR1206 (1 sandwich)	0	246.45	6.48	1.78	0.00	549.43	30.83	18.64
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Monday (tier 1) - ServingDate: 01/28/2019								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Tuesday (tier 1) - ServingDate: 01/29/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Cordon Bleu Burger - SR1866 (1 burger)	0	408.60	18.37	5.28	0.00	966.62	36.16	26.82
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Tuesday (tier 1) - ServingDate: 01/29/2019								
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Wednesday (tier 1) - ServingDate: 01/30/2019								
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Wednesday (tier 1) - ServingDate: 01/30/2019								
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Pulled Pork Sandwich - NJR1337 (1 sandwich)	0	315.67	12.98	4.19	0.00	523.51	28.40	19.97
Pulled Pork Sandwich - NJR1608 (1 sandwich)	0	344.40	9.00	3.20	0.00	1051.59	34.20	22.40
Pulled Pork Sandwich - NJR1412 (1 sandwich)	0	300.00	7.00	2.10	0.00	815.99	40.00	21.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Thursday (tier 1) - ServingDate: 01/31/2019								
Built-to-Order Grill - SR2070 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Ninja Burger - SR1126 (1 burger)	0	311.19	10.13	3.15	0.00	543.61	35.69	18.52
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Grill - Built-4-U Bar - Week 2 & 4 - Thursday (tier 1) - ServingDate: 01/31/2019								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: Taste4
Menu Line: TASTE4-Grill
Serving Group: 9-12
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.