

gardentoss

GARDEN FRESH SALADS PRICE CAL*

Southwest Chicken Salad 6.79 260

Salad Greens, Chicken, Green Peppers, Tomatoes, Red Onion, Shredded Cheddar

California Cobb Salad 6.79 260

Salad Greens, Chicken, Tomato, Egg, Cucumber, Crumbled Bleu Cheese

Chef Salad 6.79 240

Salad Greens, Turkey, Shredded Cheddar, Cucumber, Tomato, Black Olives, Egg

Chicken Caesar Salad 6.79 220

Romaine Lettuce, Chicken, Shredded Parmesan, Black Olives

Greek Salad 6.79 230

Salad Greens, Chicken, Red Onion, Tomatoes, Black Olives, Feta Cheese

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.

*Calories calculated without dressing

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Build Your Own Salad 7.29 20-340

Salad Greens, 1 cup of veggies, 2 oz. cheese, and 4 oz. protein (shrimp add \$1)

Veggie Delight Salad 5.29 80

Double Protein (Chicken, Turkey, Tofu) 1.99 50-90

Double Shrimp 2.29 50

Extra Veggies or Cheese 0.99 10-120

SOUP PRICE CAL

Beef Chili (250/500), Veg Chili(160/320), or Soup of the Day

8oz. Soup 2.79 110-360

16oz. Soup 3.79 220-720

8oz. Soup with Any Salad 1.99 130-700

16oz. Soup with Any Salad 2.69 240-1060