

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand - Beale Street BBQ (tier 1) - ServingDate: 01/03/2019								
Beale Street BBQ Station - SR2015 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
BBQ Pulled Pork Filling - NJR1777 (1/2 c.)	0	214.40	8.00	3.20	0.00	801.59	7.20	18.40
BBQ Pulled Pork Filling - NJR1912 (1/2 c.)	0	170.00	6.00	2.10	0.00	565.99	13.00	17.00
Pulled Pork - SR1849 (1/3 c.)	0	188.62	12.17	4.26	0.00	277.85	1.42	16.23
Pulled Turkey - SR1213 (3/8 c.)	0	140.46	7.02	2.01	0.00	441.44	2.01	18.06
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Tortilla Chips - SR1065 (1 1/2 oz.)	0	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Baked Beans - SR1336 (1/2 c.)	0	225.33	0.02	0.01	0.00	593.41	53.23	7.53
Blue Ribbon Slaw - SR1254 (1/2 c.)	0	43.68	0.14	0.03	0.00	113.75	10.38	0.75
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Asian Sweet Chili Barbecue Sauce - SR1242 (2 tbsp.)	0	72.90	0.00	0.00	0.00	329.32	18.29	0.28
Carolinian Barbecue Sauce - SR1309 (2 tbsp.)	0	36.59	0.01	0.00	0.00	256.49	9.20	0.04
Classic Barbecue Sauce - SR1243 (2 tbsp.)	0	34.91	0.00	0.00	0.00	419.20	8.26	0.00

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Popup Brand - Beale Street BBQ (tier 1) - Serving Date: 01/04/2019								
Beale Street BBQ Station - SR2015 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
BBQ Pulled Pork Filling - NJR1777 (1/2 c.)	0	214.40	8.00	3.20	0.00	801.59	7.20	18.40
BBQ Pulled Pork Filling - NJR1912 (1/2 c.)	0	170.00	6.00	2.10	0.00	565.99	13.00	17.00
Pulled Pork - SR1849 (1/3 c.)	0	188.62	12.17	4.26	0.00	277.85	1.42	16.23
Pulled Turkey - SR1213 (3/8 c.)	0	140.46	7.02	2.01	0.00	441.44	2.01	18.06
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Tortilla Chips - SR1065 (1 1/2 oz.)	0	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Baked Beans - SR1336 (1/2 c.)	0	225.33	0.02	0.01	0.00	593.41	53.23	7.53
Blue Ribbon Slaw - SR1254 (1/2 c.)	0	43.68	0.14	0.03	0.00	113.75	10.38	0.75
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Asian Sweet Chili Barbecue Sauce - SR1242 (2 tbsp.)	0	72.90	0.00	0.00	0.00	329.32	18.29	0.28
Carolinian Barbecue Sauce - SR1309 (2 tbsp.)	0	36.59	0.01	0.00	0.00	256.49	9.20	0.04
Classic Barbecue Sauce - SR1243 (2 tbsp.)	0	34.91	0.00	0.00	0.00	419.20	8.26	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand - Sub Culture - Monday (tier 1) - ServingDate: 01/07/2019								
Sub Culture Mini Brand Station - SR1996 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Meatballs & Sauce - NJR1192 (4 Meatballs)	0	215.54	9.23	3.59	0.62	654.87	17.26	14.04
Turkey Carnitas - SR1262 (1/2 c.)	0	172.28	9.80	2.15	0.03	737.08	5.36	17.02
Top Mini Sub Roll - SR1995 (1 roll (smal))	0	170.00	3.00	0.00	0.00	180.00	29.00	6.00
Whole Wheat Club Roll - NJR1088 (1 roll.)	0	160.00	2.00	0.00	0.00	290.00	32.00	6.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Country Style Potato Wedges - SR1029 (1/2 c.)	0	90.43	2.51	0.00	0.00	30.14	15.07	2.01
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Mexican Slaw - SR1612 (1/4 c.)	0	23.83	0.05	0.01	0.00	7.40	6.05	0.44
Shredded Mozzarella Cheese - NJR1080 (1/2 oz.)	0	43.03	3.04	2.02	0.00	75.94	0.00	3.54
Popup Brand - Sub Culture - Tuesday (tier 1) - ServingDate: 01/08/2019								
Sub Culture Mini Brand Station - SR1996 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00

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Popup Brand - Sub Culture - Tuesday (tier 1) - ServingDate: 01/08/2019								
Meatballs & Sauce - NJR1192 (4 Meatballs)	0	215.54	9.23	3.59	0.62	654.87	17.26	14.04
Spicy Korean Pork - SR1784 (3/8 c.)	0	285.00	17.99	5.51	0.00	786.35	9.43	18.70
Spicy Korean Pulled Turkey - SR1937 (3/8 c.)	0	207.24	10.95	2.68	0.00	867.21	8.96	18.75
Top Mini Sub Roll - SR1995 (1 roll (smal))	0	170.00	3.00	0.00	0.00	180.00	29.00	6.00
Whole Wheat Club Roll - NJR1088 (1 roll.)	0	160.00	2.00	0.00	0.00	290.00	32.00	6.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Country Style Potato Wedges - SR1029 (1/2 c.)	0	90.43	2.51	0.00	0.00	30.14	15.07	2.01
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Shredded Mozzarella Cheese - NJR1080 (1/2 oz.)	0	43.03	3.04	2.02	0.00	75.94	0.00	3.54
Popup Brand - Sub Culture - Wednesday (tier 1) - ServingDate: 01/09/2019								
Sub Culture Mini Brand Station - SR1996 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00

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Popup Brand - Sub Culture - Wednesday (tier 1) - ServingDate: 01/09/2019								
Greek Turkey - SR1854 (1/2 c.)	0	324.92	20.46	3.07	0.11	426.96	21.32	16.84
Meatballs & Sauce - NJR1192 (4 Meatballs)	0	215.54	9.23	3.59	0.62	654.87	17.26	14.04
Top Mini Sub Roll - SR1995 (1 roll (smal))	0	170.00	3.00	0.00	0.00	180.00	29.00	6.00
Whole Wheat Club Roll - NJR1088 (1 roll.)	0	160.00	2.00	0.00	0.00	290.00	32.00	6.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Country Style Potato Wedges - SR1029 (1/2 c.)	0	90.43	2.51	0.00	0.00	30.14	15.07	2.01
Tomato & Cucumber Salad - SR1458 (1/2 c.)	0	48.66	1.12	0.21	0.00	45.54	9.29	1.93
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Shredded Mozzarella Cheese - NJR1080 (1/2 oz.)	0	43.03	3.04	2.02	0.00	75.94	0.00	3.54
Tomato and Shredded Lettuce Salad - SR1997 (1/4 c.)	0	18.99	0.21	0.03	0.00	5.82	4.10	0.95
Tzatziki Sauce - SR1820 (1 tbsp.)	0	7.38	0.02	0.00	0.00	63.73	0.76	1.16

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand - Sub Culture - Thursday (tier 1) - ServingDate: 01/10/2019								
Sub Culture Mini Brand Station - SR1996 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Asian Meatballs - SR1856 (5 Meatballs)	0	283.61	14.22	6.08	0.00	513.16	26.25	15.23
Meatballs & Sauce - NJR1192 (4 Meatballs)	0	215.54	9.23	3.59	0.62	654.87	17.26	14.04
Top Mini Sub Roll - SR1995 (1 roll (smal))	0	170.00	3.00	0.00	0.00	180.00	29.00	6.00
Whole Wheat Club Roll - NJR1088 (1 roll.)	0	160.00	2.00	0.00	0.00	290.00	32.00	6.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Country Style Potato Wedges - SR1029 (1/2 c.)	0	90.43	2.51	0.00	0.00	30.14	15.07	2.01
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
Shredded Mozzarella Cheese - NJR1080 (1/2 oz.)	0	43.03	3.04	2.02	0.00	75.94	0.00	3.54
Popup Brand - Sub Culture - Friday (tier 1) - ServingDate: 01/11/2019								
Sub Culture Mini Brand Station - SR1996 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00

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Popup Brand - Sub Culture - Friday (tier 1) - ServingDate: 01/11/2019								
Cinnamon Chipotle Pulled Pork - SR1818 (3/8 c.)	0	264.46	13.67	4.78	0.00	891.65	14.77	18.25
Cinnamon Chipotle Pulled Turkey - SR1938 (3/8 c.)	0	206.00	7.13	2.04	0.00	1146.39	17.90	18.37
Meatballs & Sauce - NJR1192 (4 Meatballs)	0	215.54	9.23	3.59	0.62	654.87	17.26	14.04
Top Mini Sub Roll - SR1995 (1 roll (smal))	0	170.00	3.00	0.00	0.00	180.00	29.00	6.00
Whole Wheat Club Roll - NJR1088 (1 roll.)	0	160.00	2.00	0.00	0.00	290.00	32.00	6.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Country Style Potato Wedges - SR1029 (1/2 c.)	0	90.43	2.51	0.00	0.00	30.14	15.07	2.01
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Peach Slaw - SR1782 (1/4 c.)	0	31.39	2.36	0.21	0.02	43.29	2.62	0.34
Shredded Mozzarella Cheese - NJR1080 (1/2 oz.)	0	43.03	3.04	2.02	0.00	75.94	0.00	3.54
Popup Brand- Canal Street Mac Attack M/W/F (tier 1) - ServingDate: 01/14/2019								
Mac Attack Mini Brand Station - SR2020 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00

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Popup Brand- Canal Street Mac Attack M/W/F (tier 1) - ServingDate: 01/14/2019								
Alfredo Macaroni & Cheese - NJR1839 (1 c.)	0	314.33	10.54	4.69	0.01	918.13	40.53	12.42
Macaroni & Cheese - NJR1488 (1 #6 scoop)	0	305.64	15.38	8.72	0.00	768.19	26.67	16.41
Macaroni & Cheese - NJR1369 (1 #6 scoop)	0	352.04	18.88	9.78	0.01	1110.13	27.27	17.17
BBQ Pulled Turkey - SR1212 (1/4 c.)	0	115.09	4.75	1.36	0.00	612.18	6.03	12.23
Roasted Tuscan Vegetables - SR1442 (1 #16 scoop)	0	27.68	0.05	0.01	0.00	56.79	5.25	1.50
Cinnamon Breadstick - SR1455 (1 roll.)	0	93.38	1.69	0.28	0.00	107.38	15.88	3.01
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Tomato & Cucumber Salad - SR1458 (1/2 c.)	0	48.66	1.12	0.21	0.00	45.54	9.29	1.93
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Crumb Topping - SR1311 (1 tbsp.)	0	25.61	1.17	0.10	0.01	4.46	3.35	0.41
Homemade Dill Pickle Relish - SR1403 (2 tbsp.)	0	5.64	0.05	0.01	0.00	128.99	1.22	0.23
Tuscan Salad - SR1445 (2 tbsp.)	0	12.28	0.41	0.01	0.00	83.04	2.20	0.34

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Popup Brand- Canal Street Mac Attack T/Th (tier 1) - ServingDate: 01/15/2019								
Mac Attack Mini Brand Station - SR2020 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Alfredo Macaroni & Cheese - NJR1839 (1 c.)	0	314.33	10.54	4.69	0.01	918.13	40.53	12.42
Macaroni & Cheese - NJR1488 (1 #6 scoop)	0	305.64	15.38	8.72	0.00	768.19	26.67	16.41
Macaroni & Cheese - NJR1369 (1 #6 scoop)	0	352.04	18.88	9.78	0.01	1110.13	27.27	17.17
Chicken Pomodoro - SR1406 (1/3 c.)	0	117.99	5.63	1.93	0.00	193.90	5.28	12.39
Southwest Beef - SR1439 (1/4 c.)	0	74.54	2.87	1.14	0.00	185.27	3.73	8.09
Cinnamon Breadstick - SR1455 (1 roll.)	0	93.38	1.69	0.28	0.00	107.38	15.88	3.01
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Tomato & Cucumber Salad - SR1458 (1/2 c.)	0	48.66	1.12	0.21	0.00	45.54	9.29	1.93
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Crumb Topping - SR1311 (1 tbsp.)	0	25.61	1.17	0.10	0.01	4.46	3.35	0.41
Pomodoro Salad - SR1410 (2 tbsp.)	0	9.58	0.08	0.01	0.00	37.22	2.13	0.40
Homemade Salsa - SR1007 (2 tbsp.)	0	3.94	0.03	0.01	0.00	52.51	0.93	0.22

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand- Canal Street Mac Attack M/W/F (tier 1) - ServingDate: 01/16/2019								
Mac Attack Mini Brand Station - SR2020 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Alfredo Macaroni & Cheese - NJR1839 (1 c.)	0	314.33	10.54	4.69	0.01	918.13	40.53	12.42
Macaroni & Cheese - NJR1488 (1 #6 scoop)	0	305.64	15.38	8.72	0.00	768.19	26.67	16.41
Macaroni & Cheese - NJR1369 (1 #6 scoop)	0	352.04	18.88	9.78	0.01	1110.13	27.27	17.17
BBQ Pulled Turkey - SR1212 (1/4 c.)	0	115.09	4.75	1.36	0.00	612.18	6.03	12.23
Roasted Tuscan Vegetables - SR1442 (1 #16 scoop)	0	27.68	0.05	0.01	0.00	56.79	5.25	1.50
Cinnamon Breadstick - SR1455 (1 roll.)	0	93.38	1.69	0.28	0.00	107.38	15.88	3.01
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Tomato & Cucumber Salad - SR1458 (1/2 c.)	0	48.66	1.12	0.21	0.00	45.54	9.29	1.93
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Crumb Topping - SR1311 (1 tbsp.)	0	25.61	1.17	0.10	0.01	4.46	3.35	0.41
Homemade Dill Pickle Relish - SR1403 (2 tbsp.)	0	5.64	0.05	0.01	0.00	128.99	1.22	0.23
Tuscan Salad - SR1445 (2 tbsp.)	0	12.28	0.41	0.01	0.00	83.04	2.20	0.34

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand- Canal Street Mac Attack T/Th (tier 1) - ServingDate: 01/17/2019								
Mac Attack Mini Brand Station - SR2020 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Alfredo Macaroni & Cheese - NJR1839 (1 c.)	0	314.33	10.54	4.69	0.01	918.13	40.53	12.42
Macaroni & Cheese - NJR1488 (1 #6 scoop)	0	305.64	15.38	8.72	0.00	768.19	26.67	16.41
Macaroni & Cheese - NJR1369 (1 #6 scoop)	0	352.04	18.88	9.78	0.01	1110.13	27.27	17.17
Chicken Pomodoro - SR1406 (1/3 c.)	0	117.99	5.63	1.93	0.00	193.90	5.28	12.39
Southwest Beef - SR1439 (1/4 c.)	0	74.54	2.87	1.14	0.00	185.27	3.73	8.09
Cinnamon Breadstick - SR1455 (1 roll.)	0	93.38	1.69	0.28	0.00	107.38	15.88	3.01
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Tomato & Cucumber Salad - SR1458 (1/2 c.)	0	48.66	1.12	0.21	0.00	45.54	9.29	1.93
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Crumb Topping - SR1311 (1 tbsp.)	0	25.61	1.17	0.10	0.01	4.46	3.35	0.41
Pomodoro Salad - SR1410 (2 tbsp.)	0	9.58	0.08	0.01	0.00	37.22	2.13	0.40
Homemade Salsa - SR1007 (2 tbsp.)	0	3.94	0.03	0.01	0.00	52.51	0.93	0.22

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand- Canal Street Mac Attack M/W/F (tier 1) - ServingDate: 01/18/2019								
Mac Attack Mini Brand Station - SR2020 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Alfredo Macaroni & Cheese - NJR1839 (1 c.)	0	314.33	10.54	4.69	0.01	918.13	40.53	12.42
Macaroni & Cheese - NJR1488 (1 #6 scoop)	0	305.64	15.38	8.72	0.00	768.19	26.67	16.41
Macaroni & Cheese - NJR1369 (1 #6 scoop)	0	352.04	18.88	9.78	0.01	1110.13	27.27	17.17
BBQ Pulled Turkey - SR1212 (1/4 c.)	0	115.09	4.75	1.36	0.00	612.18	6.03	12.23
Roasted Tuscan Vegetables - SR1442 (1 #16 scoop)	0	27.68	0.05	0.01	0.00	56.79	5.25	1.50
Cinnamon Breadstick - SR1455 (1 roll.)	0	93.38	1.69	0.28	0.00	107.38	15.88	3.01
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Tomato & Cucumber Salad - SR1458 (1/2 c.)	0	48.66	1.12	0.21	0.00	45.54	9.29	1.93
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Crumb Topping - SR1311 (1 tbsp.)	0	25.61	1.17	0.10	0.01	4.46	3.35	0.41
Homemade Dill Pickle Relish - SR1403 (2 tbsp.)	0	5.64	0.05	0.01	0.00	128.99	1.22	0.23
Tuscan Salad - SR1445 (2 tbsp.)	0	12.28	0.41	0.01	0.00	83.04	2.20	0.34

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand - Sunset Strips M/W/F (tier 1) - ServingDate: 01/25/2019								
Sunset Strips Mini Brand Station - SR2014 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Chicken Tenders - NJR1212 (3 ea.)	0	240.00	12.00	2.25	0.00	405.00	12.00	19.50
Garlic Knot Breadstick - SR1255 (1 roll.)	0	111.78	4.05	0.27	0.02	100.84	15.02	3.23
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Carrot Sticks - SR1606 (6 stick.)	0	24.80	0.14	0.02	0.00	41.73	5.79	0.56
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Classic Barbecue Sauce - SR1243 (2 tbsp.)	0	34.91	0.00	0.00	0.00	419.20	8.26	0.00
Maple Mustard Sauce - SR1245 (2 tbsp.)	0	22.72	0.00	0.00	0.00	273.88	5.70	0.00
Sriracha Ranch Dressing - SR1246 (2 tbsp.)	0	44.13	2.58	0.36	0.00	518.38	5.36	0.14
Popup Brand - Tater Temptations M/W/F (tier 1) - ServingDate: 01/28/2019								
Tater Temptations Mini Brand Station - SR2035 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand - Tater Temptations M/W/F (tier 1) - ServingDate: 01/28/2019								
Beef Chili (JTM) - NJR1387 (3/8 c.)	0	74.48	2.45	0.83	0.00	112.70	7.35	6.37
Homemade Beef Chili - NJR1457 (1/4 c.)	0	95.73	5.46	1.80	0.90	52.25	4.25	7.40
Cheddar Cheese Sauce - SR1293 (1/2 c.)	0	220.80	16.36	9.40	0.00	842.31	4.09	14.31
Queso Blanco Sauce - SR1068 (1/4 c.)	0	118.00	9.00	5.20	0.00	414.99	2.00	7.00
Beef Taco Filling - SR1528 (3 tbsp.)	0	56.25	2.27	0.91	0.00	147.42	2.27	6.35
Turkey Gravy - SR1022 (3/8 c.)	0	147.50	7.06	1.84	0.00	485.98	4.34	16.55
Vegetarian Chili - NJR1962 (3/4 c.)	0	88.26	0.71	0.05	0.00	125.88	15.97	4.95
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked Potato - SR1562 (1 potato)	0	173.82	4.66	0.43	0.04	19.32	29.59	3.63
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Bacon Crumble - SR1799 (1 tbsp.)	0	40.06	3.50	1.00	0.00	125.19	0.00	2.00
Roasted Broccoli - SR1852 (1/4 c.)	0	33.51	2.25	0.20	0.02	36.03	2.70	1.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand - Tater Temptations M/W/F (tier 1) - ServingDate: 01/28/2019								
Shredded Cheddar Cheese - SR1537 (1/4 oz.)	0	27.50	2.25	1.25	0.00	45.00	0.00	1.50
Green Onion - SR1946 (1 tbsp.)	0	2.01	0.01	0.00	0.00	1.00	0.46	0.12
Roasted Southwest Vegetable Blend - SR1525 (1/4 c.)	0	35.41	2.09	0.21	0.02	2.14	4.09	0.60
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Popup Brand - Tater Temptations T/Th (tier 1) - ServingDate: 01/29/2019								
Tater Temptations Mini Brand Station - SR2035 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Beef Chili (JTM) - NJR1387 (3/8 c.)	0	74.48	2.45	0.83	0.00	112.70	7.35	6.37
Homemade Beef Chili - NJR1457 (1/4 c.)	0	95.73	5.46	1.80	0.90	52.25	4.25	7.40
Cheddar Cheese Sauce - SR1293 (1/2 c.)	0	220.80	16.36	9.40	0.00	842.31	4.09	14.31
Queso Blanco Sauce - SR1068 (1/4 c.)	0	118.00	9.00	5.20	0.00	414.99	2.00	7.00
Beef Taco Filling - SR1528 (3 tbsp.)	0	56.25	2.27	0.91	0.00	147.42	2.27	6.35
Turkey Gravy - SR1022 (3/8 c.)	0	147.50	7.06	1.84	0.00	485.98	4.34	16.55
Vegetarian Chili - NJR1962 (3/4 c.)	0	88.26	0.71	0.05	0.00	125.88	15.97	4.95
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked Potato - SR1562 (1 potato)	0	173.82	4.66	0.43	0.04	19.32	29.59	3.63

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand - Tater Temptations T/Th (tier 1) - ServingDate: 01/29/2019								
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Bacon Crumble - SR1799 (1 tbsp.)	0	40.06	3.50	1.00	0.00	125.19	0.00	2.00
Roasted Broccoli - SR1852 (1/4 c.)	0	33.51	2.25	0.20	0.02	36.03	2.70	1.50
Shredded Cheddar Cheese - SR1537 (1/4 oz.)	0	27.50	2.25	1.25	0.00	45.00	0.00	1.50
Green Onion - SR1946 (1 tbsp.)	0	2.01	0.01	0.00	0.00	1.00	0.46	0.12
Roasted Southwest Vegetable Blend - SR1525 (1/4 c.)	0	35.41	2.09	0.21	0.02	2.14	4.09	0.60
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Popup Brand - Tater Temptations M/W/F (tier 1) - ServingDate: 01/30/2019								
Tater Temptations Mini Brand Station - SR2035 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Beef Chili (JTM) - NJR1387 (3/8 c.)	0	74.48	2.45	0.83	0.00	112.70	7.35	6.37
Homemade Beef Chili - NJR1457 (1/4 c.)	0	95.73	5.46	1.80	0.90	52.25	4.25	7.40
Cheddar Cheese Sauce - SR1293 (1/2 c.)	0	220.80	16.36	9.40	0.00	842.31	4.09	14.31
Queso Blanco Sauce - SR1068 (1/4 c.)	0	118.00	9.00	5.20	0.00	414.99	2.00	7.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand - Tater Temptations M/W/F (tier 1) - ServingDate: 01/30/2019								
Beef Taco Filling - SR1528 (3 tbsp.)	0	56.25	2.27	0.91	0.00	147.42	2.27	6.35
Turkey Gravy - SR1022 (3/8 c.)	0	147.50	7.06	1.84	0.00	485.98	4.34	16.55
Vegetarian Chili - NJR1962 (3/4 c.)	0	88.26	0.71	0.05	0.00	125.88	15.97	4.95
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked Potato - SR1562 (1 potato)	0	173.82	4.66	0.43	0.04	19.32	29.59	3.63
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Bacon Crumble - SR1799 (1 tbsp.)	0	40.06	3.50	1.00	0.00	125.19	0.00	2.00
Roasted Broccoli - SR1852 (1/4 c.)	0	33.51	2.25	0.20	0.02	36.03	2.70	1.50
Shredded Cheddar Cheese - SR1537 (1/4 oz.)	0	27.50	2.25	1.25	0.00	45.00	0.00	1.50
Green Onion - SR1946 (1 tbsp.)	0	2.01	0.01	0.00	0.00	1.00	0.46	0.12
Roasted Southwest Vegetable Blend - SR1525 (1/4 c.)	0	35.41	2.09	0.21	0.02	2.14	4.09	0.60

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand - Tater Temptations M/W/F (tier 1) - ServingDate: 01/30/2019								
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Popup Brand - Tater Temptations T/Th (tier 1) - ServingDate: 01/31/2019								
Tater Temptations Mini Brand Station - SR2035 (1 serving)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Beef Chili (JTM) - NJR1387 (3/8 c.)	0	74.48	2.45	0.83	0.00	112.70	7.35	6.37
Homemade Beef Chili - NJR1457 (1/4 c.)	0	95.73	5.46	1.80	0.90	52.25	4.25	7.40
Cheddar Cheese Sauce - SR1293 (1/2 c.)	0	220.80	16.36	9.40	0.00	842.31	4.09	14.31
Queso Blanco Sauce - SR1068 (1/4 c.)	0	118.00	9.00	5.20	0.00	414.99	2.00	7.00
Beef Taco Filling - SR1528 (3 tbsp.)	0	56.25	2.27	0.91	0.00	147.42	2.27	6.35
Turkey Gravy - SR1022 (3/8 c.)	0	147.50	7.06	1.84	0.00	485.98	4.34	16.55
Vegetarian Chili - NJR1962 (3/4 c.)	0	88.26	0.71	0.05	0.00	125.88	15.97	4.95
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked Potato - SR1562 (1 potato)	0	173.82	4.66	0.43	0.04	19.32	29.59	3.63
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: Freedom High School
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Popup Brand - Tater Temptations T/Th (tier 1) - ServingDate: 01/31/2019								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Bacon Crumble - SR1799 (1 tbsp.)	0	40.06	3.50	1.00	0.00	125.19	0.00	2.00
Roasted Broccoli - SR1852 (1/4 c.)	0	33.51	2.25	0.20	0.02	36.03	2.70	1.50
Shredded Cheddar Cheese - SR1537 (1/4 oz.)	0	27.50	2.25	1.25	0.00	45.00	0.00	1.50
Green Onion - SR1946 (1 tbsp.)	0	2.01	0.01	0.00	0.00	1.00	0.46	0.12
Roasted Southwest Vegetable Blend - SR1525 (1/4 c.)	0	35.41	2.09	0.21	0.02	2.14	4.09	0.60
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	0.00	15.00	1.00	1.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch

Site Group: Taste4

Menu Line: TASTE4-Adventure

Serving Group: 9-12

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.