



ZATARAIN'S
A New Orleans Tradition • Since 1889

MONDAY

Orleans Special

Chef Special



Vegetarian **V**

RED BEANS
with
ANDOUILLE
SAUSAGE
& **RICE**

\$7.99

BAKED
CHICKEN
ADOBO

\$7.99

RATATOUILLE
STUFFED
PORTOBELLO
MUSHROOM

\$7.59

À LA CARTE MENU

HOURS: 11AM - CLOSE

PO-BOY	SIZE	PRICE	SIZE	PRICE
OYSTER	6"	\$9.99	10"	\$11.99

SIDES

	SIZE	PRICE
WHITE RICE 	12 oz	\$1.99
ROASTED VEGETABLES 	12 oz	\$1.99
CORN BREAD	12 oz	\$1.99



ZATARAIN'S
A New Orleans Tradition • Since 1889

TUESDAY
PASTA BAR



PASTA:

- 250 CAL Penne
- 250 CAL Spaghetti
- 60 CAL Zucchini Spaghetti

PROTEIN:

- 100 CAL Grilled Chicken
- 220 CAL Meatballs
- 320 CAL Italian Sausage
- 75 CAL Tofu
- 80 CAL Shrimp (+\$1.00)

TOPPINGS:

- 15 CAL Mushrooms
- 10 CAL Broccoli
- 15 CAL Green & Red Peppers
- 20 CAL Onion
- 15 CAL Zucchini
- 15 CAL Squash
- 22 CAL Artichoke
- 11 CAL Carrots
- 10 CAL Spinach
- 5 CAL Basil

SAUCE:

- 200 CAL Alfredo
- 290 CAL Cream of Pesto
- 60 CAL Marinara
- 474 CAL Pesto

Additional Protein (+\$2.00)

ONE PROTEIN INCLUDED IN ALL PASTAS

\$7.99

Á LA CARTE MENU

HOURS: 11AM - CLOSE

PO-BOY

SHRIMP

SIZE

6"

PRICE

\$9.99

SIZE

10"

PRICE

\$10.99



ZATARAIN'S
A New Orleans Tradition • Since 1889

WEDNESDAY

Orleans Special

Jambalaya Bar



**CAJUN
FRIED
CHICKEN**

\$7.99

Choose your grain:

Quinoa

Brown Rice

Wheat Berry

\$7.99

Choose your protein:

Chicken

Tofu

Cajun Sausage

Shrimp **(\$1.99)**

À LA CARTE MENU

HOURS: 11AM - CLOSE

PO-BOY

SIZE

PRICE

SIZE

PRICE

OYSTER

6"

\$9.99

10"

\$11.99

SIDES

SIZE

PRICE

SMOTHERED GREENS

12 oz

\$1.99

MAC & CHEESE

12 oz

\$1.99

CANDIED YAMS

12 oz

\$1.99



ZATARAIN'S
A New Orleans Tradition • Since 1889

THURSDAY
P A S T A B A R



PASTA:

- 250 CAL Penne
- 250 CAL Spaghetti
- 60 CAL Zucchini Spaghetti

PROTEIN:

- 100 CAL Grilled Chicken
- 220 CAL Meatballs
- 320 CAL Italian Sausage
- 75 CAL Tofu
- 80 CAL Shrimp (+\$1.00)

TOPPING:

- 15 CAL Mushrooms
- 10 CAL Broccoli
- 15 CAL Green & Red Peppers
- 20 CAL Onion
- 15 CAL Zucchini
- 15 CAL Squash
- 22 CAL Artichoke
- 11 CAL Carrots
- 10 CAL Spinach
- 5 CAL Basil

SAUCE:

- 200 CAL Alfredo
- 290 CAL Cream of Pesto
- 60 CAL Marinara
- 474 CAL Pesto

Additional Protein (+\$2.00)

ONE PROTEIN INCLUDED IN ALL PASTAS

\$7.99

À LA CARTE MENU

HOURS: 11AM - CLOSE

PO-BOY

SIZE

PRICE

SIZE

PRICE

SHRIMP

6"

\$9.99

10"

\$10.99



ZATARAIN'S
A New Orleans Tradition • Since 1889

FRIDAY

Orleans Special

Chef Special

Vegetarian



CAJUN
FRIED
CATFISH

\$8.59

VOODOO
SAUSAGE
and
SEAFOOD
MAC &
CHEESE

\$8.99

STUFFED
PEPPER
with
QUINOA
MEDLEY

\$7.59

Á LA CARTE MENU

HOURS: 11AM - CLOSE

PO-BOY	SIZE	PRICE	SIZE	PRICE
CATFISH	6"	\$8.99	10"	\$10.99

SIDES

	SIZE	PRICE
POTATO SALAD	12 oz	\$1.99
HUSH PUPPIES	12 oz	\$1.99
CORN O'BRIEN 	12 oz	\$1.99
ROASTED VEGETABLES 	12 oz	\$1.99