



		Price	Calories
The Lombardi	Breaded Chicken Cutlet, Fresh Mozzarella, Roasted Peppers, Sun-Dried Tomato Puree	\$ 7.09	630
The All American	Two Meats and One Cheese	\$ 7.39	670
By Land or Sea	Homemade chicken or Tuna Salad with Choice of Cheese	\$ 7.09	
	Chicken Salad		400
	Tuna		360
The Rochester	Slow cooked Roast Beef, Cheddar Cheese, Horseradish Sauce	\$ 7.39	520
The Uncle Charlie	Slow Cooked Roast Beef, Rotisserie Turkey, Swiss Cheese, Cole Slaw, Russian Dressing	\$ 7.39	610
Balsamic Chicken Wrap	Italian Seasoned Chicken, Mozzarella Cheese, Roasted Peppers, Balsamic Dressing	\$ 7.29	610
Caprese Sandwich	Fresh Mozzarella, Sliced Tomatoes, Basil Pesto, Balsamic Dressing	\$ 6.29	610
Grilled Chicken Caesar	Italian Seasoned Chicken, Shaved Parmesan Cheese, Creamy Caesar Dressing	\$ 7.09	840
Buffalo Chicken Sandwich	Buffalo chicken, Pepper Jack Cheese, Bleu Cheese Dressing, Hot Sauce	\$ 7.29	480
Turkey Club	Rotisserie Turkey, Swiss Cheese, Bacon	\$ 7.49	540
Egg Salad	Homemade egg salad with lettuce and tomatoes	\$ 3.99	300
	Extras:		
	(3) Mozzarella	\$ 1.69	160
	2 slices of Bacon	\$ 0.79	100
	1 Slice of Cheese	\$ 0.59	50-80
	Hot Peppers	\$ 0.59	10
	2 oz Italian Roasted Chicken	\$ 1.99	60
	Breads		
	Vienna Marble Rye		240
	Pumpernickel		220
	Dusted White		240
	Wheat		240
	Multi grain		260
	Sour Dough		300
	Whole Wheat Grinder		320
	Wheat Wrap		240
	White Wrap		270
	Spinach Wrap		270
	Tomato Basil Wrap		270
	Gluten Free Tortilla		210
	Gluten Free White Bread		230

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutritional information available upon request.