<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low-fat Yogurt Parfait with Granola &amp; Blueberries</td>
<td>$2.19</td>
<td>200</td>
</tr>
<tr>
<td>Fresh Fruit Cup</td>
<td>$2.19</td>
<td>70</td>
</tr>
<tr>
<td>Fresh Brewed Coffee</td>
<td>$1.19</td>
<td>15</td>
</tr>
<tr>
<td>Fountain Beverage</td>
<td>$1.19</td>
<td></td>
</tr>
<tr>
<td>Fresh Squeezed Orange Juice</td>
<td>$1.99</td>
<td>180</td>
</tr>
<tr>
<td>Tater Tots</td>
<td>$2.19</td>
<td>250</td>
</tr>
<tr>
<td>Shredded Hash Browns</td>
<td>$2.19</td>
<td>240</td>
</tr>
<tr>
<td>Local Organic Grits with Cheese</td>
<td>$2.29</td>
<td>380</td>
</tr>
<tr>
<td>Organic Oatmeal</td>
<td>$2.79</td>
<td>120</td>
</tr>
<tr>
<td>Breakfast Pastry</td>
<td>$1.99</td>
<td>230-330</td>
</tr>
</tbody>
</table>

*This item contains Gluten*
Breakfast & Brunch Favorites

Cage-free Scrambled Eggs $2.99 | Cal 200
Tofu Scramble $3.99 | Cal 200
Thick-sliced Smoked Bacon (3) $2.99 | Cal 220
Pork Sausage Links (2) $2.99 | Cal 390

Vegetarian Sausage Patties (2) $2.99 | Cal 150
Turkey Sausage Patties (2) $2.99 | Cal 285
Biscuit, Muffin, or Croissant $2.99 | Cal 230-350
Bacon, Egg, & Cheese Sandwich $2.99 | Cal 430
This item contains Gluten

Sausage, Egg, & Cheese Sandwich $2.99 | Cal 550
This item contains Gluten

Turkey Sausage, Egg, & Cheese Sandwich $2.99 | Cal 340
This item contains Gluten

Egg & Cheese Sandwich $2.99 | Cal 350
This item contains Gluten

Tofu Scramble Burrito with Avocado $2.99 | Cal 470
This item contains Gluten

Artisan French Toast (2) $3.99 | Cal 200
This item contains Gluten

Buttermilk Pancakes (2) $3.99 | Cal 340
This item contains Gluten
Farro Salad with Garden Vegetables  A
$1.99 | Cal 60

Mashed Sweet Potatoes  D V
$1.99 | Cal 230

BBQ Cole Slaw  E V D I
$1.99 | Cal 103

Housemade Dinner Roll or Cornbread  E D
$1.99 | Cal 230-330

Whole Seasonal Fruit  V G
$1.19 | Cal 40-110

Dessert of the Day
$1.19

Milk  G
$1.19 | Cal 180-225

Fountain Beverage
$1.19
Lunch & Dinner Favorites

Lemon Garlic Green Beans
$2.99 | Cal 60

Grilled Corn on the Cob
$2.99 | Cal 80

Onion Rings
$2.99 | Cal 420
This item contains Gluten

Curly Fries
$2.99 | Cal 200
This item contains Gluten
Angus Beef Burger
$4.99 | Cal 520
This item contains Gluten

Grilled Chicken Breast Sandwich
$4.99 | Cal 310
This item contains Gluten

Blended Burger Plant Forward
$4.99 | Cal 520
This item contains Gluten

Veggie Power Burger
$4.99 | Cal 370
This item contains Gluten

Vegan Black Bean Burger
$4.99 | Cal 310
This item contains Gluten

BBQ Portobello Mushroom Sandwich
$4.99 | Cal 300
This item contains Gluten

Rotisserie Chicken
$4.99 | Cal 330

Smoked Chicken Wings (6)
$5.99 | Cal 560
USING A MEAL SWIPE?

CREATE YOUR OWN

BREAKFAST/BRUNCH CREATE YOUR OWN
Select
1 ENTREE, 1 FAVORITE, 1 SIDE, 1 EXTRA

Select
2 FAVORITES, 1 SIDE, 1 EXTRA

LUNCH/DINNER CREATE YOUR OWN
Select
1 ENTREE, 1 FAVORITE, 2 SIDES