

CHOOSE YOUR SIZE

| | |
|-------------------|----------------------------------|
| Full Salad | 180-900 calories \$5.19 |
| Half Salad | 90-450 calories \$4.19 |

PICK YOUR GREENS

15-35 calories

Romaine, American Blend, Spinach

LOAD IT UP

15-530 calories

(Pick 5) Veggies, Nuts, and Cheeses

ADDITIONAL TOPPINGS 0-110 CALORIES \$.49

ADD YOUR PROTEIN

| | |
|-------------------|------------------------------|
| Chicken | 140 calories \$3.09 |
| Shrimp | 100 calories \$3.99 |
| Hummus | 60 calories \$2.09 |
| Tofu | 70 calories \$2.09 |
| Tuna Salad | 170 calories \$2.09 |

SOUP OF THE DAY

| | |
|---------------------|----------------------------------|
| Cup of Soup | 50-120 calories \$3.29 |
| Bowl of Soup | 100-240 calories \$3.99 |

Add a cup of soup to your salad for \$2.79

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.



Wall of greens