**STARTERS**

**EXTREME NACHOS** 8.39  cal 1520
Queso cheese, chili, onions, tomatoes & jalapeno peppers
Add Chicken  2.00  cal 210

**MOZZARELLA STICKS** 7.29  cal 700
Served with marinara sauce

**ONION RINGS** 6.99  cal 450
Served with homemade ranch

**CHIPS & SALSA** 3.99  cal 450

**QUESO BLANCO** 6.29  cal 860
Grilled chicken, carrots, peanuts, Shanghai & Asian sauces with lettuce wedges

**CHEESE FRIES** 5.99  cal 1130
Crispy bacon & sour cream
Add Chili  1.50  cal 150

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**GREEN LEAFY STUFF**

**TEX MEX** 7.99  cal 720
Lettuce, tomatoes, Cheddar Jack cheese, crispy tortilla strips, Southwest ranch dressing

**STARS **

**COVINGTON** 6.99  cal 210-630
Lettuce, tomatoes, cucumber, carrots, croutons & choice of dressing

**BUFFALO** 8.99  cal 630
Lettuce, tomatoes, Cheddar Jack & croutons, served with buffalo sauce & bleu cheese dressing

**KENTUCKY CLUB** 7.49  cal 750
Lettuce, tomatoes, bacon, Cheddar Jack, croutons, honey mustard dressing

**SIDE SALAD** 2.99  cal 150
Add Chicken to Any Salad  2.00  cal 210

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**SAUCES**

**Extra Sauce .75¢**

**BUFFALO I**
The original
cal 130

different:
cal 140

**BUFFALO II**
Getting warmer
cal 130

**SHANGHAI**
Chinese chili
cal 50

**ASIAN**
Teriyaki  cal 130

**PARADISE**
Thai chili
cal 130

**KANSAS CITY**
Honey BBQ
cal 120

**TEXAS**
Mesquite BBQ
cal 100

**POLYNESIAN**
Sauce & sour
cal 100

**CANADIAN**
Maple cinnamon
cal 130

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**SIGNATURE SIDES**

**2.59 Each**

**FRENCH FRIES**
cal 520

**TATER TOTS**
cal 580

**HOMESTYLE CHIPS**
cal 470

**MAC & CHEESE**
cal 300

**HONEY MUSTARD COLESLAW**
cal 260

**HONEY ALMOND GREEN BEANS**
cal 140

**SWEET POTATO WAFFLE FRIES**
cal 447

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**WINGS**

Traditional or Boneless
Served with choice of side

**3 PIECE**  8.49  cal 780
1 sauce

**10 PIECE**  12.99  cal 1050
2 sauces

**WING SAMPLER**  36.99  cal 1312
25 wings & 5 sauces

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**TENDERS**

Try our Hand-Battered tenders
Served with choice of side

**3 PIECE**  8.99  cal 540-910
1 sauce & 1 side

**5 PIECE**  12.99  cal 800-1170
2 sauces & 1 side

**10 PIECE**  21.99  cal 1450-1820

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**Vegetarian  May Contain Nuts**
**DRINKS**

<table>
<thead>
<tr>
<th>Item</th>
<th>Calorie Content</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SOFT DRINKS</strong></td>
<td></td>
</tr>
<tr>
<td>1.99 cal 0-184</td>
<td></td>
</tr>
<tr>
<td>Ice Tea 1.99 cal 0-90</td>
<td></td>
</tr>
<tr>
<td>Sweet/Unsweetened</td>
<td></td>
</tr>
<tr>
<td><strong>LEMONADE</strong></td>
<td></td>
</tr>
<tr>
<td>1.99 cal 160</td>
<td></td>
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<tr>
<td>Add Flavor .50</td>
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<tr>
<td><strong>NEW ORLEANS ROAST</strong></td>
<td></td>
</tr>
<tr>
<td>COFFEE 1.49 cal 0</td>
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</tr>
<tr>
<td>Medium Roast or Decaf</td>
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</tbody>
</table>

**DESSERTS**

<table>
<thead>
<tr>
<th>Item</th>
<th>Calorie Content</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BROWNIE A LA MODE</strong></td>
<td>4.49 cal 670</td>
</tr>
<tr>
<td><strong>ICE CREAM SUNDAE</strong></td>
<td>4.99 cal 340</td>
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<tr>
<td>Drizzled with chocolate, topped with whipped cream</td>
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</tr>
<tr>
<td><strong>PREMIUM MILKSHAKES</strong></td>
<td>5.29 cal 470-660</td>
</tr>
<tr>
<td>Choice of Reese's®, Oreo®, Butterfinger®, Heath Bar®, Chocolate, Vanilla, Strawberry</td>
<td></td>
</tr>
</tbody>
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**MEAL EXCHANGE COMBOS**

- **TENDERS** cal 390
  Hand-battered chicken tenders, served with your favorite sauce, fries & a soft drink

- **BEYOND THE WEST WRAP** cal 560
  Beyond Burger™ patty, cucumber, lettuce, tomatoes, onions, green peppers, mushrooms, Ranch dressing & served with honey mustard coleslaw & a soft drink

- **EXTREME NACHOS** cal 1520
  Smothered with chilli & queso, tomatoes, jalapenos, onions & sour cream, served with a soft drink

- **SONOMA WRAP** cal 890
  Grilled chicken, Monterey Jack, ranch dressing, signature garlic & herb tortilla, served with honey mustard coleslaw & a soft drink

- **COVINGTON SALAD** cal 210-360
  Tomatoes, cucumber, carrots, croutons & your choice of dressing, served with a soft drink

- **WINGS** cal 900
  Our 5 piece boneless wings, served with your favorite sauce, fries & a soft drink

**CRAFT BURGERS**

1/2 lb Burger, hand-crafted. Served with choice of side
Add an Extra Patty for 3.00 cal 310

- **CRAFT BURGER** 7.99 cal 990-1320
  Tomatoes, pickles, lettuce
  Add 1.50: Bacon cal 140
  Add 1.00: Cheddar Jack cal 170 • Mzzarella cal 170
  Pepper Jack cal 80 • Bleu Cheese cal 100
  Add .50: Peppers cal 50 • Onions cal 60 • Mushrooms cal 70

- **TEXAS BURGER** 8.99 cal 1120
  Cheddar Jack, chopped onion, mesquite BBQ sauce, lettuce, spicy mayo on brioche bun

- **REDONDO BEACH BURGER** 8.99 cal 1430
  Pepper Jack, bacon, guacamole, lettuce, Southwest ranch dressing on brioche bun

- **THE BEYOND** 9.19 cal 530
  Beyond Burger™ patty topped with lettuce, tomato & spicy mayo

- **KONA SLIDERS** 8.99 cal 990
  100% Angus beef mini burgers on Hawaiian rolls, onions, pickles & mustard

**SANDWICHES**

Served with choice of side

- **GRILLED CHICKEN** 8.99 cal 790
  Topped with lettuce & tomato, on brioche bun

- **CRISPY CHICKEN** 8.99 cal 870
  Topped with pickles, on brioche bun

- **JBR CHICKEN** 8.99 cal 1040
  Crispy chicken, Monterey Jack, bacon & ranch dressing, on brioche bun

- **BUFFALO CHICKEN SLIDERS** 8.99 cal 980
  Chicken tenders tossed in buffalo sauce on Hawaiian rolls, lettuce, pickles, ranch dressing

**QUESADILLAS**

Served on a Signature Garlic & Herb Tortilla with sour cream & salsa

- **CHEESE** 7.49 cal 800

- **SANTA FE CHICKEN** 9.19 cal 750
  Cheddar jack cheese, grilled chicken, onions, peppers and Santa Fe sauce

- **GARDEN FRESH** 7.49 cal 990
  Cheddar Jack, onion, peppers, mushrooms & tomatoes

- **BUFFALO CHICKEN SLIDERS** 8.99 cal 980
  Chicken tenders tossed in buffalo sauce on Hawaiian rolls, lettuce, pickles, ranch dressing

**AN 18% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE**

**NOTICE:** Consumption of raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illnesses, especially if you have certain medical conditions.