

Keller ISD is offering “to-go” meals for virtual students during the 2020-21 School Year. These meals are offered from 11-1 pm on a daily basis, or meals for the whole week can be picked up on Wednesdays 5-6 pm at any high school in the district. As of November 1, 2020, meals for Keller ISD students and/or community members age 18 years and younger are free of charge.

Storage Instructions

Meal items should be refrigerated or frozen within 2 hours of meal pickup and kept refrigerated or frozen until ready to consume or cook (where appropriate). Items that require proper heating before consuming have heating instructions included.

Thaw & Serve Instructions

Products should be placed immediately in the freezer, and if applicable, thawed under refrigeration for consumption. For your safety, thawed products should be disposed of in 3-7 days, if not consumed. The following items can be consumed once re-heated. Once heated, the product should be discarded after 6 hours if not consumed.

Heating Instructions

Mini Corn Dogs

For best results, cook from a frozen state. Reheat to 140°F before consumption.

Microwave: Remove food item from metal packaging. Heat on high for 45-50 seconds

Conventional Oven: 350°F for 16-18 minutes (cooking times vary depending on variances in ovens)

Cheesy Breadsticks

For best results, cook from a frozen state in the oven.

Heat to 140°F before consumption.

Conventional Oven: 400°F for 14-17 minutes (cooking times vary depending on variances in ovens)

Bean & Cheese Burrito

Heat to 140°F before consumption.

Microwave: Remove food item from metal packaging, frozen 2-3 minutes on high, thawed 1-2 minutes on high

Conventional Oven: frozen 325°F 20-25 minutes, thawed 14-20 minutes (cooking times vary depending on variances in ovens)

Cheese or Pepperoni Pizza

For best results, cook from a frozen state in the oven.

Heat to 140°F before consumption.

Conventional Oven: 400°F for approximately 15 minutes (cooking times vary depending on variances in ovens)

Breaded Steak Fingers

For best results, cook from a frozen state in the oven.

Conventional Oven: 375°F, bake from frozen state, for approximately 20-25 minutes or until internal temperature reaches 165°F.

Microwave: Cook frozen product on high power for 2-4 minutes or until internal temperature reaches 165°F.

Breaded Regular or Spicy Chicken Patty & Chicken Nuggets

For best results, cook from a frozen state in the oven.

Conventional Oven: 400°F for approximately 16-19 minutes or until internal temperature reaches 165°F. Per the manufacturer, microwaving is not a recommended method of reheating for this product.

Hamburger (Precooked)

For best results, cook from thawed state in the oven.

Conventional oven: 375°F for approximately 20 minutes or until internal temperature reaches 165°F. Per the manufacturer, microwaving is not a recommended method of reheating.

Cheese Enchiladas

Conventional Oven 300°F: Frozen - 20-25 minutes; Thawed - 15-20 minutes. Per the manufacturer, microwaving is not a recommended method of reheating.

Salisbury Steak

Flat Grill: Preheat flat grill to 350°F, frozen product 2-4 minutes per side or until internal temperature reaches 165°F. Conventional Oven: 375°F frozen for 20-25 minutes or until internal temperature reaches 165°F. Microwave: Cook frozen product on high power for 2-3 minutes or until internal temperature reaches 165°F.

Frozen Vegetables

Steam frozen vegetables by placing them in a microwave-safe dish and adding a few tablespoons of water. Microwave veggies in 60-90 second intervals, stirring and checking for desired doneness after each interval.