



# Meals & Entrees

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## 1 Chick-fil-A® Chicken

meal 660-1010 cal  
entree 440 cal



## - - O r - Chick-fil-A® Deluxe

with lettuce, tomato  
& American cheese

meal 720-1070 cal  
entree 500 cal

## 2 Spicy Chicken

meal 670-1020 cal  
entree 450 cal



## - - o r - Spicy Deluxe

with lettuce, tomato  
& Pepper Jack cheese

meal 760-1110 cal  
entree 540 cal

## 3 Chick-fil-A® Nuggets

**8ct** meal 480-830 cal  
entree 260 cal

**12ct** meal 610-960 cal  
entree 390 cal



## 4 Grilled Nuggets

**8 ct** meal 360 – 710 cal \$8.97  
entree 140 cal ✓ \$4.99

**12ct** meal 430 – 780 cal \$11.17  
entree 210 cal ✓ \$7.39



## 5 Grilled Chicken

with lettuce & tomato  
meal 560-900 cal \$9.47  
entree 310 cal ✓ \$5.69



## 6 Grilled Cool Wrap®

with grilled chicken, lettuce, cabbage,  
carrots & shredded cheese

meal 570-920 cal \$11.33  
entree 350 cal \$7.25



## 7 Market Salad

Grilled chicken with mixed greens,  
carrots, red cabbage, blue cheese,  
apples & berries

200 cal \$9.09

330 cal with toppings



Breaded Chicken is cooked in 100% refined **peanut oil**.  
Waffle Potato Fries™ are cooked in **canola oil**.

✓ **look for choices**  
**350 cal and under**

**8 Chick-fil-A® Nuggets** 30ct entrée 970 cal

**9 Grilled Nuggets** 30ct entrée 160 cal



**Sauces**



**Chick-fil-A®  
Sauce**  
add 140 cal



**Polynesian**  
add 110 cal



**Honey  
Mustard**  
add 45 cal



**Garlic & Herb  
Ranch**  
add 140 cal



**Buffalo**  
add 25 cal



**Barbeque**  
add 45 cal



**Sweet &  
Spicy  
Sriracha**  
add 45 cal

# Sides

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## Chick-fil-A Waffle Potato Fries®



M 360 Cal \$2.15  
L 460 Cal \$2.45

## Fruit Cup



M 50 Cal \$3.49

## Waffle Potato Chips



210 Cal \$1.89

## Greek Yogurt Parfait



270 Cal \$3.49

## Side Salad



160 Cal ✓ \$3.49

## Market Salad



210 Cal ✓ \$9.09

# Drinks

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## Freshly- Brewed Iced Tea

Unsweetened or Sweet

M 0/120 cal \$1.89  
L 0/170 cal \$2.29

## Fresh-Squeezed Lemonade

Diet or Regular

M 50/220 cal \$2.19  
L 80/300 cal \$2.59

## Soda Option Pepsi

### Dressings



Avocado  
Lime Ranch  
add 310 cal



Creamy Salsa  
add 290 cal



Zesty Apple Cider  
Vinaigrette  
add 230 cal



Garlic Herb Ranch  
add 280 cal



Fat Free Honey  
Mustard  
add 90 cal



Light Balsamic  
Vinaigrette  
add 80 cal



Light Italian  
Dressing  
add 25 cal

\*SUBSTITUTE Your Side for \$1.30 More



# Treats

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## Hand-Spun Milkshakes

Cookies & Cream	780 cal	\$3.99
Chocolate	740 cal	\$3.99
Strawberry	780 cal	\$3.99
Vanilla	650 cal	\$3.99

## Frosted Lemonade

Available with Diet Lemonade  
310/400 cal \$3.79

## Icedream<sup>®</sup> Cup

350 cal \$2.19

## Chocolate Chunk Cookie

**1 ct** 350 cal \$1.49  
**6 ct** 2,100 cal \$8.16

## Icedream<sup>®</sup> Cone

250 Cal \$1.59



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

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