



Dartmouth Middle School &
Union Middle School: October 2021

COMPLIMENTARY
BREAKFAST & LUNCH MENU

We offer a variety of fruits and vegetables daily with your

breakfast and lunch meal. Non-fat and 1% milk is offered with meals.

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
* MENUS ARE SUBJECT TO CHANGE				1 <u>BREAKFAST</u> Assorted Breakfast Entrees <u>LUNCH</u> Chef's Choice Lunch Selection
4 <u>BREAKFAST</u> Uber Bar <u>LUNCH</u> Chef's Choice Salad (V) Crispy Chicken Patty	5 <u>BREAKFAST</u> Benefit Bar <u>LUNCH</u> Cheesy Pull Apart Bread (V) or Deli Sandwich	6 <u>BREAKFAST</u> Cinnamon Roll <u>LUNCH</u> Pasta with Marinara Sauce (V) or Chef's Choice Salad	7 <u>BREAKFAST</u> Bagel & Cream Cheese <u>LUNCH</u> Corn Dog Cheese Quesadilla (V) or Deli Sandwich	8 <u>BREAKFAST</u> Assorted Breakfast Entrees <u>LUNCH</u> Chef's Choice Lunch Selection
11 <u>BREAKFAST</u> Cini Minis <u>LUNCH</u> Rib B Que or Chef's Choice Salad (V)	12 <u>BREAKFAST</u> Pancakes <u>LUNCH</u> Bean & Cheese Burrito (V) or Chef's Choice Deli Sandwich	13 <u>BREAKFAST</u> Muffin <u>LUNCH</u> Bean & Cheese Mini Cheeseburgers or Chef's Choice Salad (V)	14 <u>BREAKFAST</u> Strawberry Bar <u>LUNCH</u> Grilled Cheese (V) Chicken Nuggets or Chef's Choice Deli Sandwich	15 <u>BREAKFAST</u> Assorted Breakfast Entrees <u>LUNCH</u> Chef's Choice Lunch Selection
18 <u>BREAKFAST</u> Nature Valley Bar <u>LUNCH</u> Corn Dog or Chef's Choice Salad (V)	19 <u>BREAKFAST</u> Cinnamon Roll <u>LUNCH</u> Cheese Quesadilla (V) or Chef's Choice Deli Sandwich	20 <u>BREAKFAST</u> Bagel & Cream Cheese <u>LUNCH</u> Enchirito (V) or Chef's Choice Salad	21 <u>BREAKFAST</u> Benefit Bar <u>LUNCH</u> Pasta with Marinara Sauce (V) or Chef's Choice Deli Sandwich	22 <u>BREAKFAST</u> Assorted Breakfast Entrees <u>LUNCH</u> Chef's Choice Lunch Selection
25 <u>BREAKFAST</u> Breakfast Pizza <u>LUNCH</u> Orange Chicken & Rice or Chef's Choice Salad (V)	26 <u>BREAKFAST</u> Uber Bar <u>LUNCH</u> Sun Butter & Jelly Sandwich or Chef's Choice Deli Sandwich	27 <u>BREAKFAST</u> Cinni Mini <u>LUNCH</u> Corn Dog or Chef's Choice Salad (V)	28 <u>BREAKFAST</u> Strawberry Bar <u>LUNCH</u> Chicken Patty Sandwich Grilled Cheese (V) or Chef's Choice Deli Sandwich	29 <u>BREAKFAST</u> Assorted Breakfast Entrees <u>LUNCH</u> Chef's Choice Lunch Selection

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call 866-632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish).





Union School District

Elementary Menu: October 2021

COMPLIMENTARY BREAKFAST & LUNCH MENU

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breakfast and lunch meal. Non-fat and 1% milk is offered with meals.

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
* MENUS ARE SUBJECT TO CHANGE				1 <u>BREAKFAST</u> Assorted Breakfast Entrees <u>LUNCH</u> Chef's Choice Lunch Selection
4 <u>BREAKFAST</u> Uber Bar <u>LUNCH</u> Cheesy Pull Apart Bread (V)	5 <u>BREAKFAST</u> Benefit Bar <u>LUNCH</u> Taco Nada or Grilled Cheese Sandwich (V)	6 <u>BREAKFAST</u> Cinnamon Roll <u>LUNCH</u> Grilled Cheese (V)	7 <u>BREAKFAST</u> Bagel & Cream Cheese <u>LUNCH</u> Corn Dog or Sun Butter & Jelly Sandwich (V)	8 <u>BREAKFAST</u> Assorted Breakfast Entrees <u>LUNCH</u> Chef's Choice Lunch Selection
11 <u>BREAKFAST</u> Cini Minis <u>LUNCH</u> Rib B Que or Sun Butter & Jelly Sandwich	12 <u>BREAKFAST</u> Pancakes <u>LUNCH</u> Bean & Cheese Burrito (V)	13 <u>BREAKFAST</u> Muffin <u>LUNCH</u> Cheeseburgers or Sun Butter & Jelly Sandwich (V)	14 <u>BREAKFAST</u> Strawberry Bar <u>LUNCH</u> Yogurt Snack Plate (V) or Chicken Nuggets	15 <u>BREAKFAST</u> Assorted Breakfast Entrees <u>LUNCH</u> Chef's Choice Lunch Selection
18 <u>BREAKFAST</u> Nature Valley Bar <u>LUNCH</u> Corn Dog or Sun Butter & Jelly Sandwich	19 <u>BREAKFAST</u> Cinnamon Roll <u>LUNCH</u> Cheese Quesadilla (V)	20 <u>BREAKFAST</u> Bagel & Cream Cheese <u>LUNCH</u> Bean & Cheese Burrito (V)	21 <u>BREAKFAST</u> Benefit Bar <u>LUNCH</u> Grilled Cheese Sandwich (V)	22 <u>BREAKFAST</u> Assorted Breakfast Entrees <u>LUNCH</u> Chef's Choice Lunch Selection
25 <u>BREAKFAST</u> Breakfast Pizza <u>LUNCH</u> Cheese Sticks (V)	26 <u>BREAKFAST</u> Uber Bar <u>LUNCH</u> Grilled Cheese Sandwich (V)	27 <u>BREAKFAST</u> Cinni Mini <u>LUNCH</u> Corn Dog or Sun Butter and Jelly Sandwich (V)	28 <u>BREAKFAST</u> Strawberry Bar <u>LUNCH</u> Bean & Cheese Burrito Yogurt Snack Pack (V)	29 <u>BREAKFAST</u> Assorted Breakfast Entrees <u>LUNCH</u> Chef's Choice Lunch Selection

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