SAVOR THE FLAVOR ALL YEAR LONG

UT Dining Services Virtual Tour
The University of Tampa
Your dining experience is more than great food. It is a community experience centered on culinary expertise, fresh ingredients, healthy options, and a shared sense of environmental and social responsibility.

Join us to experience the comfort, convenience, outstanding food, and inviting atmosphere designed especially for you.

Your Dining Team

AWARDS & ACCOLADES

- B Grade PETA Vegan Report Card

VEGAN REPORT CARD

Over the past six years, vegan eating has exploded in popularity on college campuses nationwide—and this year is no different. Since 2013, the number of schools that received an A grade has more than tripled!

We assess completed questionnaires and dining hall menus of thousands of colleges and universities across the country and then grade the schools so that you can see how your current or prospective one stacks up.

The University of Tampa
Florida

State Average: C
Meet the Team

Amy Truong
Resident District Manager

Ralph Beyrouti
Operations Manager

Sharon Lerum
HR/Unit Controller

Marius Gladysz
Campus Executive Chef

Stef Crocco
Marketing Manager

“One man with a passion can do more than a hundred men with an interest.”
- One of Mario Gladysz’s Favorite Quotes
Let’s Have Some Fun
At UT Dining Services, food is the foundation for fun. Join us for weekly and monthly special events and promotions, like build-your-own dessert bars, restaurant style dining nights, and classic holiday feasts. We believe that relationships are strengthened around the table.
Limited Time Offers

- Meal time is about much more than just great food. It’s a chance to recharge, catch up with friends, and have fun! Exciting limited-time offers enhance the dining experience. Join us each month for events, giveaways, and special menus.

Pop Up Restaurants

- Dining halls are great, but every now and then we like to do something special. Pop-up restaurants transform dining locations into high-end restaurants serving a variety of cuisines. From steak to seafood to a create-your-own dessert bar, you’ll love all of our options.

Promotions

- Every week will bring new promotions and celebrations, including chances to win prizes, such as trips, gaming systems, or Amazon gift cards. Be on the lookout for event calendars and a chance to win!
Some of our most anticipated events during the semester are:

- Balanced Bowls
- AppleFest
- Farmer’s Market
- Thanksgiving Pie Off
- PirateFest
- Valentine’s Day Luncheon
- The Wingery
- St. Patrick’s Day Breakfast
- and more!

To hear about our latest events, check out our Instagram (@UTDiningServices), Facebook (/UTDiningServices), and website (dining.ut.edu).
What is Mindful?

Sodexo’s health & wellness approach that helps you make healthy choices second nature.

- **FILL UP** with less calories, fat and sodium
- **EDUCATION MATERIALS** to live healthier
- **WELLNESS TOOLS** that track your foods and activity

Learn more about everything Mindful offers you at [Mindful.Sodexo.com](http://Mindful.Sodexo.com)
The Sweet Shop: A tempting selection of sweets, including homemade cakes, cookies, pies and other treats. Our bakers provide your favorite desserts daily, including vegan ones! Make it à la mode with soft serve ice cream.

Soups & Salads: Fresh local-grown salad bar, vegetarian and vegan items and the flexibility to prepare a specialty salad. One glimpse at this station will convey vibrant, healthy and fresh all at once.

Pizza Plus: A fan favorite destination with a variety of fresh-made pizzas, stromboli, calzones, hot oven-baked sandwiches and artisan breadsticks with sauces. Soups and Salads:

Deluxe Grille: Here guests can enjoy a fun and interactive dining experience. Fresh healthy food options abound, including everything from grilled steaks and chicken breasts to specialty sandwiches. This truly dynamic station allows guests to grab a seat by the grill and watch as the chef prepares the meal.

Ultimate Deli: Designed to provide fresh, delicious deli meats and cheeses all day. Guests can then choose from good old-fashioned deli subs to the trendiest wraps, pita pockets and much more.

International Station: Authentic recipes that will take customers on a journey around the world with cuisines full of bold flavors — prepared to order. In the morning, this station features made-to-order omelets!

Mindful Items at this station
OTHER STATIONS

Ultimate Dining Hall, The Vaughn Center
PastAmore: A wide selection of delicious Italian favorites, offering a medley of made-to-order pasta with your choice of sauce, protein, veggie and toppings.

Classics: You’ll find the comfort foods one craves as they adjust to life away from home. Classics offers a multitude of hearty and nutritional meals, with everything from rotisserie meats to baked salmon, as well as balanced sides.

Balanced Way: Delicious and healthy gluten-free options all with vegetarian choices, and many are now dairy-free as well.

The Granary: This is your stop for beverages, cereals, bagels, soft serve yogurt and ice cream, a waffle bar and toppings.
Local, Sustainable.

We purchase locally whenever possible for the freshest ingredients in our recipes. We source 100% sustainable seafood, eggs from cage-free chickens, ethically and responsibly sourced coffee, and fresh milk from local dairy farms.

Ultimate Dining Hall, The Vaughn Center
PAYMENTS ACCEPTED
- Meal Exchange
- Spartan Dollars
- UT Dollars
- Cash
- Credit Card
Eat Smart. Get a Plan.

CARTE BLANCHE  $2,802 per semester
Unlimited meals with unlimited seconds at Ultimate Dining, plus 75 Spartan Dollars per semester and up to three meal exchanges a week from defined combo meals in the Vaughn Center, Starbucks Reserve®, as well as Morsani Hall retail locations (excluding Panache).

THE FAVORITE  $2,721 per semester
15 meals a week with unlimited seconds at The Ultimate Dining Cafe, plus $100 Spartan Dollars per semester with up to 15 meal exchanges a week from defined combo meals in The Vaughn Center, Starbucks Reserve, as well as Morsani Hall retail locations (excluding Panache).

THE ULTIMATE  $2,675 per semester
12 meals a week with unlimited seconds at The Ultimate Dining Cafe, plus $150 Spartan Dollars per semester with up to 12 meal exchanges a week from defined combo meals in The Vaughn Center, Starbucks Reserve, as well as Morsani Hall retail locations (excluding Panache).

THE EXPRESS  $1,511 per semester
7 meals a week with unlimited seconds at The Ultimate Dining Cafe, plus $75 Spartan Dollars per semester with up to 7 meal exchanges a week from defined combo meals in The Vaughn Center, Starbucks Reserve, as well as Morsani Hall retail locations (excluding Panache). This plan is only available to residents of Palm, Straz Hall, Urso Hall, RAs, Commuters, Faculty, and Staff.

Sign up today. To purchase a Resident Meal Plan, please visit https://ut-residence.symplicity.com. Resident Meal Plans can be added/changed during the first three weeks of each semester.

To purchase a Commuter Meal Plan, please visit dining.ut.edu/shop. Commuter Meal Plans can be purchased at any time during the semester; however, Block Meal Plans expire at the end of each semester while UT Dollars roll over semester to semester.
ARE YOU OUR NEWEST STUDENT EMPLOYEE?

Looking For A Little Extra $$?

Contact information
SEND A LITTLE LOVE FROM HOME!

Whether it's a special occasion, a random surprise showing you care, or simply saving your student a trip to the store, a delivered package is sure to brighten your students' day!

Favorite Packages

- Self Care & Dormroom Care Kits
- Giant Chocolate Chip Cookie Cake
- Cake from Home (Any Occasion!)

dining.ut.edu/shop
Our Student Culinary Council (SCC) features an elite group of FOODIES who not only have a passion for all thing’s food related, but also have a drive to help the Dining Services reach its full potential by providing student insight. What better way to hear what students want on campus than to hear it from the students themselves?!

SCC meets once a month to provide constructive feedback on food and customer service. They also participate in dining programs throughout the semester, including but not limited to, tabling for surveys and Open House, assisting with trivia nights, partaking in Mystery Shopping, etc.

For more information on how to join SCC, please email our president, Chris Janak, at Christopher.Janak@spartans.ut.edu.