Your dining experience is more than great food. It is a community experience centered on culinary expertise, fresh ingredients, healthy options and a shared sense of environmental and social responsibility. From recipes that include the most nutritious mix of ingredients to offering educational resources for positive lifestyle habits, healthy options are the result of a team dedicated to advancing the well-being of the entire campus community.

NAVIGATING THE DINING HALL

The McCarthy Dining Commons serves as a great place to meet, eat and socialize with friends. There are always healthy choices available. Remember, good nutrition is about the choices you make. To make the most of your meal plan in the McCarthy Dining Commons, use these helpful tips:

Take two trips. Use the first trip to familiarize yourself with the options. Take the second trip to decide what you really want to eat.

Share. If you are interested in a menu item, but are not sure if you will like it, share with a friend!

Combine menu items. Combining sides, entrées and accompaniments from different stations will add variety to your meal!

Schedule a tour. Meet with the Campus Dietitian to tour the McCarthy Dining Commons. See what goes into preparing the food you eat and learn tips to help you make the most of your meal plan. Email dining@framingham.edu to schedule a tour.

HOURS

The McCarthy Dining Commons hours operate with your class schedule in mind. In the event you are unable to get to the Dining Commons for a meal, you may use a meal swipe at Sandella’s as part of our Ram’s on the Run Program.

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<th>Days</th>
<th>Breakfast</th>
<th>Lunch</th>
<th>Dinner</th>
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<td>Monday - Friday</td>
<td>7:30am - 9:00pm</td>
<td>7:30am - 10:30am</td>
<td>4:30pm - 7:00pm</td>
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<td>11:30am - 2:30pm</td>
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<td>Breakfast</td>
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<td>Dining Commons Marketplace</td>
<td>(State Street Deli, UCook @ FSU and Magellan’s)</td>
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<td>Saturday &amp; Sunday</td>
<td>9:30am - 9:00pm</td>
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<td>(9:30am - 10:30am Continental only)</td>
<td>(State Street Deli, UCook @ FSU and Magellan’s)</td>
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*Hours are subject to change based on special events, school closings, holidays and exam periods.

To Learn More About the McCarthy Dining Commons, Contact Dining Services at dining@framingham.edu or 508-626-4602.
Take a Tour

Classics 1839
Serves up restaurant quality dishes accompanied by sides and vegetables that are locally or regionally sourced whenever possible. Customize your entrée by requesting smaller portions or only vegetables/protein to add to other menu items.

Harmony
Features a completely plant-based concept that provides diners with wholesome and nutritionally balanced meal options that include house-made salads, soups, entrees, sides and even desserts. Whether you are vegan or not, there is something for everyone at Harmony!

Fresh Food Market
Features fresh greens, salad vegetables and accompaniments ranging from hummus to chicken to beans to tofu. Pair with your favorite fresh sliced meats from the State Street Deli or protein from Classics 1839 to make a complete entrée.

Fired Up
Choose from beef and turkey burgers, house-made veggie burgers, hot dogs, quesadillas and grilled cheese. Or if you are hungry for change, try the limited time offer that changes daily. We also spice it up with pop-up concepts like Awesome French Fry Bar, Ultimate Nachos and Grilled Cheese Bar complete with tomato soup.

Our Team is committed to creating the best possible dining experience. Join us to experience the comfort, convenience, outstanding food and inviting atmosphere designed especially for you.

Pizzeria Collina
Features traditional pizza options as well at a daily specialty pizza. Also available are individual pasta dishes prepared to your liking.

Simple Servings
Simple Servings takes the worry and confusion out of dining on-campus by providing safe, delicious choices for diners with food allergies or gluten intolerance. Simple Servings excludes milk, eggs, wheat, soy, shellfish, peanuts, tree nuts, and gluten from menus, which change for lunch and dinner. Simple Servings has its own cookware, oven and stovetops, utensils and silverware, as well as storage space to avoid cross-contact.

My Zone
My Zone is an allergen aware area of the McCarthy Dining Commons designed to offer food products that are gluten, peanut, and tree nut free. The self-serve pantry features a stocked refrigerator with products ranging from cereal, to breads, to pastries, to desserts. My Zone also provides a designated microwave and toaster oven.

Tossed
Tossed crafts contemporary composed salads. Two salad options are available daily.

UCook @ FSU
Cook and customize your own meal here! In UCook create your own meal. Choose from a variety of veggies, and proteins to pair with pasta or rice. Stir-fry rice, veggies and protein in sauces, and add flavor from a large selection of spices.

Magellan’s
Features internationally inspired creations that are prepared using the freshest of ingredients. Try authentic menu items ranging from ramen to burritos to gourmet crepes artfully prepared by our chefs. Diners are often able to customize their meal by choosing their size and the ingredients used.

State Street Deli
Create your own deli sandwich by choosing from a variety of breads, freshly sliced meats, cheeses, vegetable toppings, dressings and sandwich spreads.

Sweet!
Find a variety of cookies, bars, pies, cakes and specialty sweets prepared in our on-site bakery. You’ll always find something to satisfy your sweet tooth!

There are so many options for you to choose from at the McCarthy Dining Commons. Look for these icons to help you identify menu items that meet your needs: