



Starters

Basket of Fries \$2.99 | 365 cal.

Corn Tortilla Chips and Salsa \$3.99 | 146 cal.

Vegetable Crudité' \$4.99 | 170 cal.
Seasonal vegetables served with ranch dressing

'Deis Dip \$6.99 | 517 cal.
Homemade Spinach and Artichoke Dip served with corn tortillas chips

Mozzarella Sticks \$7.19 | 452 cal.
Served with Marinara Sauce

House Made Salt & Pepper Chips \$5.99 | 225 cal.
With Caramelized Onion Dip

Nachos \$8.99 | 368 cal.
Tortilla Chips covered in Melted Cheddar, Lettuce & Tomatoes with Sour Cream and Salsa

Chicken Tenders \$7.99 | 430 cal.
Served with carrot sticks and choice of sauce

Wings \$9.99 | 572 cal.
Served with carrot sticks and choice of sauce
Sauces (30 cal.—130 cal.):
Bleu Cheese, Ranch, BBQ, Duck Sauce, and Buffalo

Salads

Caesar Salad \$6.49 | 460 cal.

Crisp Romaine lettuce, garlic croutons tossed in creamy Caesar dressing topped with shaved Parmesan cheese
(Add Vegetable Skewer (75 cal.), Grilled Chicken (120 cal.) or Salmon (160 cal.) to above salad ONLY for \$3.49)

➤ *** Harvest Salad with Steak Tips \$10.99 | 505 cal.**
Marinated steak tips served over crisp Romaine lettuce, chopped apple, dried cranberries and red onion

Asian Quinoa Salad \$10.99 | 320 cal.
Soy glazed salmon over quinoa tossed with shredded red cabbage, carrots, green onions and sesame seeds, served with house-made Asian honey vinaigrette

* Meal plan item served with chicken

Please help us manage our waste:

Do not place food orders to-go and eat in the Stein. We will gladly wrap up any leftovers after your meal.

Thank you
Stein Manager—Kathleen Haywood

Beverages

Coke (150 cal.)
Diet coke (0 cal.)
Sprite (192 cal.)
Ginger Ale (124 cal.)
Lemonade (99 cal.)
Raspberry Iced-tea (80 cal.)

Alcoholic beverages are available for purchase at the bar for guests 21 years of age and over.

Sides

Rice Pilaf (120 cal.)
Coleslaw (70 cal.)
Vegetable (40 cal.)
French Fries (260 cal.)
House Made Potato Chips (225 cal.)

➤ Meal plan items available. Comes with a non-alcoholic beverage and one item from the ice cream bar.

Share your pictures at The Stein by tagging us on Facebook at Brandeis Dining



Burgers, Wraps & Sandwiches

(Served with one side)

Angus Burger \$7.69 | 430 cal.
Topped with lettuce, tomato and onion
Served on a toasted Bulkie Roll

Black Bean Burger \$7.59 | 450 cal.
Spicy Black Bean Burger topped with salsa and cheddar cheese
Served on a toasted Bulkie Roll

➤ **Grilled Vegetable Wrap \$6.49 | 370 cal.**
Hummus, seasonal vegetables, fresh romaine with balsamic vinaigrette
Served in a flour wrap

➤ **Chicken Tender Wrap \$7.99 | 380 cal.**
Fried chicken tenders with lettuce and tomato. Your Choice of Dressing
Served in a flour wrap

Beer Battered Fish Sandwich \$8.99 | 470 cal.
Local Atlantic Cod deep fried and served with Lettuce, tomato and tartar sauce. Served on a toasted Bulkie Roll.

Grilled Chicken Sandwich \$7.69 | 260 cal.
Topped with lettuce, tomato and onion
Served on a Toasted Bulkie Roll

Add for just \$0.75 each (30 cal.—110 cal.)
Swiss, Cheddar, Sautéed Onions, Mushrooms, or Peppers

Entrees

Grilled Vegetable Skewers \$10.49 | 265 cal.
Two grilled seasonal vegetable skewers served over a bed of rice pilaf

Grilled Chicken Entrée' \$10.49 | 450 cal.
Two 6oz chicken breast seasoned and grilled with two sides

Steak Tips \$12.99 | 460 cal.
House marinated steak tips served with two sides

Seafood

Grilled Salmon \$12.49 | 430 cal.
Grilled salmon with dill butter sauce and two sides

Beer Battered Fish and Chips \$13.99 | 580 cal.
Local Atlantic Cod served with tartar sauce and two sides

Pasta

➤ **Pub Mac & Cheese \$7.99 | 610 cal.**
Elbow macaroni baked with a rich three cheese sauce

➤ **Three Cheese Tortellini \$7.99 | 850 cal.**
Three cheese ravioli served with fresh basil, parmesan, and marinara sauce

Pizza

Cheese \$10.99 (260 cal./slice)

Vegetable \$11.99 (290 cal./slice)

Buffalo \$12.99 (392 cal./slice)

Add Toppings for \$.75 each: (5 cal.—30 cal.)

Mushrooms, Onions, Red Peppers, Fresh Basil, and/or Tomatoes

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

Before placing your order, please inform your server if anyone in your party has a food allergy.