

GRILL

EVERYDAY SELECTIONS

Hamburger, Cheeseburger,
Crispy Chicken, Spicy
Chicken, Veggie Burger



Friday Favorite: Grilled Cheese

TOPPINGS: Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions,
Jalapeños, Pickles

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza, Mozzarella Stuffed Breadstick
with Marinara



M/W/F: Pepperoni Pizza
T: Sausage **Th:** Hawaiian

FAST TAKES

DAILY SPECIALS

- Chef Salad
- Yogurt & Fruit Parfait
- Italian Antipasto Salad/Sub
- American Combo Sub
- Turkey & Cheese Sub



WORLD OF
FLAVORS
HELLO
AMERICAN REGIONAL

M: Chilly Philly Sub/Salad
T: Buffalo Chicken Wrap/Salad

W: Southwest BBQ Chicken Sub/Salad
Th: Southern Style Crispy Chicken
Wrap/Salad

MEXICO

EVERYDAY SELECTIONS

Make every day a fiesta of flavor and fun! Choose your
filling, then build your Mexican favorite just the way you
like. Burritos, salads, nachos and tacos available daily.



This institution is an equal opportunity provider.
Additional nutrition information available upon request.



FRIDAY
FAVORITES



Grill

Grilled Cheese
Sandwich

Pizza

Supreme Pizza



EXTRAS



A hearty garden bar, fresh fruits
and a variety of vegetables and
sides are offered daily. We hope to
inspire and encourage all students
to make healthy choices regularly.

KICK IT UP A NOTCH

by adding one of our specialty sauces or spices to your meal! This
month's spices are T4 Signature and Garlic Herb Seasonings.

Creamy Sriracha Sauce
A spicy cayenne pepper sauce with
special seasonings

Creamy Buffalo Sauce
Buttermilk ranch dressing blended
with cayenne pepper sauce.



BREAKFAST

Weekly Options

Included w/ meal: Apple Juice & choice of 1% Milk or Fat Free Chocolate Milk

- MONDAY:**
1. Breakfast Sausage Pizza
 2. Benefit Bar Chocolate Chip Oatmeal (V)
 3. Assorted Cereals (V)

- TUESDAY:**
1. Egg & Cheese Biscuit
 2. Yogurt & Fruit Parfait w/Granola (V)
 3. Assorted Cereals (V)

- WEDNESDAY:**
1. French Toast Sticks (V)
 2. Blueberry Nutrigrain Bar & Cheese Stick (V)
 3. Assorted Cereals (V)

- THURSDAY:**
1. Ham & Cheese Breakfast Sandwich
 2. Blueberry Muffin (V)
 3. Assorted Cereals (V)

- FRIDAY:**
1. Mini Cinnis (V)
 2. Strawberry Cream Cheese Mini Bagel (V)