

Menu Calendar Report - November, 2020

Generated on: 10/21/2020 10:38:11 AM by Emily de Graaf

Site: The Classical Academy North Elementary School

Meal Type: Lunch

Site Group: The Clubhouse

Menu Line: CH-Main Event (II-Play)

Monday		Tuesday		Wednesday		Thursday		Friday	
	2 Nov		3 Nov		4 Nov		5 Nov		6 Nov
Chicken Quesadilla (36.18 g)		Cheese Pizza (43.00 g)		Cheeseburger (31.90 g)		Grilled Cheese Sandwich (28.00 g)			
Cheese and Yogurt Plate w/Goldfish Crackers (29.00 g)		Turkey & Cheese Pinwheel Sandwiches (35.75 g)		Strawberries & Yogurt Parfait w/Granola (77.22 g)		Italian Sub (33.13 g)			
Fresh Apple Slices (25.13 g)		Unsweetened Applesauce (14.38 g)		Reduced Fat Mozzarella Cheese Stick (1.00 g)		Diced Peaches (15.17 g)			
Tater Tots (16.10 g)		Petite Peel Baby Carrots (8.00 g)		Orange Smiles (11.28 g)		Celery Sticks (1.92 g)			
Chocolate Skim Milk (30.53 g)		Lowfat 1% White Milk (12.18 g)		Crinkle Cut French Fries (14.47 g)		Lowfat 1% White Milk (12.18 g)			
Ranch Dressing (1.00 g)		Ranch Dressing (1.00 g)		Chocolate Skim Milk (30.53 g)		Ranch Dressing (1.00 g)			
Ketchup (3.00 g)		Mayonnaise (1.00 g)		Ranch Dressing (1.00 g)		Mayonnaise (1.00 g)			
		Yellow Mustard PC (0.92 g)		Ketchup (3.00 g)		Yellow Mustard PC (0.92 g)			
				Yellow Mustard PC (0.92 g)					
	9 Nov		10 Nov		11 Nov		12 Nov		13 Nov
Crispy Chicken Sandwich (46.00 g)		Cheese Pizza (43.00 g)		Cheeseburger (31.90 g)		Grilled Cheese Sandwich (28.00 g)			
Cheese and Yogurt Plate w/Goldfish Crackers (29.00 g)		Turkey & Cheese Pinwheel Sandwiches (35.75 g)		Strawberries & Yogurt Parfait w/Granola (77.22 g)		Italian Sub (33.13 g)			
Fresh Apple Slices (25.13 g)		Unsweetened Applesauce (14.38 g)		Reduced Fat Mozzarella Cheese Stick (1.00 g)		Sliced Pears (26.00 g)			
Tater Tots (16.10 g)		Petite Peel Baby Carrots (8.00 g)		Orange Smiles (11.28 g)		Celery Sticks (1.92 g)			
Chocolate Skim Milk (30.53 g)		Lowfat 1% White Milk (12.18 g)		Crinkle Cut French Fries (14.47 g)		Lowfat 1% White Milk (12.18 g)			
Ranch Dressing (1.00 g)		Ranch Dressing (1.00 g)		Chocolate Skim Milk (30.53 g)		Ranch Dressing (1.00 g)			
Ketchup (3.00 g)		Mayonnaise (1.00 g)		Ranch Dressing (1.00 g)		Mayonnaise (1.00 g)			
Yellow Mustard PC (0.92 g)		Yellow Mustard PC (0.92 g)		Ketchup (3.00 g)		Yellow Mustard PC (0.92 g)			
				Yellow Mustard PC (0.92 g)					
	16 Nov		17 Nov		18 Nov		19 Nov		20 Nov
Chicken Quesadilla (36.18 g)		Cheese Pizza (43.00 g)		Grilled Cheese Sandwich (28.00 g)		Turkey in Gravy w/Mashed Potatoes (21.10 g)			
Cheese and Yogurt Plate w/Goldfish Crackers (29.00 g)		Turkey & Cheese Pinwheel Sandwiches (35.75 g)		Italian Sub (33.13 g)		Cheese and Yogurt Plate w/Goldfish Crackers (29.00 g)			
Fresh Apple Slices (25.13 g)		Unsweetened Applesauce (14.38 g)		Orange Smiles (11.28 g)		Breadstick (14.00 g)			
Tater Tots (16.10 g)		Petite Peel Baby Carrots (8.00 g)		Crinkle Cut French Fries (14.47 g)		Fruit Jello, Diced Pears w/Strawberry jello (23.68 g)			
Chocolate Skim Milk (30.53 g)		Lowfat 1% White Milk (12.18 g)		Chocolate Skim Milk (30.53 g)		Celery Sticks (1.92 g)			
Ranch Dressing (1.00 g)		Ranch Dressing (1.00 g)		Ranch Dressing (1.00 g)		Lowfat 1% White Milk (12.18 g)			
Ketchup (3.00 g)		Mayonnaise (1.00 g)		Ketchup (3.00 g)		Ranch Dressing (1.00 g)			
		Yellow Mustard PC (0.92 g)		Mayonnaise (1.00 g)					
				Yellow Mustard PC (0.92 g)					
	23 Nov		24 Nov		25 Nov		26 Nov		27 Nov
	30 Nov		1 Dec		2 Dec		3 Dec		4 Dec
Chicken Quesadilla (36.18 g)									

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30 Nov			
Cheese and Yogurt Plate w/Goldfish Crackers (29.00 g)			
Fresh Apple Slices (25.13 g)			
Tater Tots (16.10 g)			
Chocolate Skim Milk (30.53 g)			
Ranch Dressing (1.00 g)			
Ketchup (3.00 g)			

Carbohydrate values in grams follow the Menu Item name