

DELI



EVERYDAY SELECTIONS

Custom Subs with a Variety of Meats, Cheeses, Fresh Baked Breads, Premium Sauces and Toppings

- M:** Buffalo Chicken Sub
- T:** BBQ Chicken Sub
- W:** Crispy Chicken Sub
- Th:** Chicken Salad Wrap
- F:** Buffalo Chicken Sub



- M:** Chicken Fajita Sub
- T:** Green Chili Chicken Sub

- W:** Huevos Rancheros Wrap
- Th:** Mexican Chicken Tinga Sub

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara
M/W/F: Pepperoni Pizza **T:** Sausage **Th:** Hawaiian



- M:** Chicken Fajita Pizza
- T:** Green Chili Chicken Pizza

- W:** Huevos Rancheros Pizza
- Th:** Mexican Chicken Tinga Pizza

FAST TAKES

DAILY SPECIALS

- M:** Oven Roasted Turkey Sub/Wrap, Hickory Ham Sub/Wrap, Chicken Salad Wrap, Chef Salad, Fruit & Yogurt Parfait
- T:** Oven Roasted Turkey Sub/Wrap, Buffalo Chicken Sub/Wrap, Chicken Caesar Salad, Chicken Salad Wrap, Fruit & Yogurt Parfait
- W:** Oven Roasted Turkey Sub/Wrap, Crispy Chicken Sub/Wrap, Antipasto Salad, Chicken Salad Wrap, Fruit & Yogurt Parfait
- Th:** Oven Roasted Turkey Sub/Wrap, Buffalo Chicken Sub/Wrap, Chicken Salad Wrap, Fruit & Yogurt Parfait
- F:** Oven Roasted Turkey Sub/Wrap, Zesty Italian Sub/Wrap Chicken Salad Wrap, Fruit & Yogurt Parfait



- M:** Chicken Fajita Sub/Salad
- T:** Green Chili Chicken Sub/Salad

- W:** Huevos Rancheros Wrap/Salad
- Th:** Mexican Chicken Tinga Sub/Salad

GRILL

EVERYDAY SELECTIONS

Hamburger, Cheeseburger, Crispy Chicken, Spicy Chicken, Veggie Burger



- M:** Buffalo Chicken Sandwich
- T:** Meatball Sub
- W:** Parmesan Chicken Sandwich
- Th:** Deluxe Grilled Cheese

TOPPINGS: Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

This institution is an equal opportunity provider.
 Additional nutrition information available upon request.

ADVENTURE

CHOPSTICKS

Enjoy this week's features Monday-Thursday in Adventure!

An Asian-inspired experience awaits. Pick your base of rice or noodles, then top with your favorite protein, veggies and other additions for a bowlful of goodness, customized to your liking.



FRIDAY FAVORITES



ADVENTURE

Chopsticks

DELI

Chicken Fajita Sub

PIZZA

Chicken Fajita Pizza

GRILL

Buffalo Chicken Sandwich

FAST TAKES

Fiesta Salad



EXTRAS



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

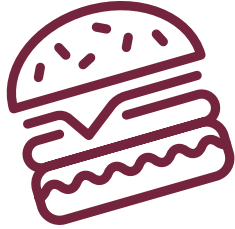
KICK IT UP A NOTCH

by adding one of our specialty sauces or spices to your meal! This month's spices are T4 Signature and South of the Border Seasonings.

Spicy Sriracha Sauce
 A spicy cayenne pepper sauce with special seasonings

Cilantro Lime Crema
 A blend of mayonnaise and creamy Greek yogurt infused with lime juice and freshly chopped cilantro.





THIS WEEK'S FEATURES:

GRILL

EVERYDAY SELECTIONS

Hamburger, Cheeseburger, Crispy Chicken,
Spicy Chicken, Veggie Burger

TOPPINGS: Cheddar Cheese, Pepper Jack
Cheese, Shredded Lettuce, Sliced Tomatoes,
Sliced Red Onions, Jalapeños, Pickles

M: Buffalo Chicken Sandwich

T: Meatball Sub

W: Parmesan Chicken Sandwich

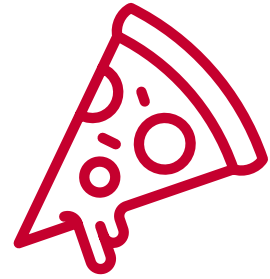
Th: Deluxe Grilled Cheese



→ Buffalo Chicken
Sandwich

THIS WEEK'S FEATURES:

PIZZA



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Th: Mexican Chicken Tinga Pizza



Chicken Fajita Pizza

THIS WEEK'S FEATURES:

FAST TAKES

DAILY SPECIALS



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W: Oven Roasted Turkey Sub/Wrap, Crispy Chicken Sub/Wrap, Antipasto Salad, Chicken Salad Wrap, Fruit & Yogurt Parfait

Th: Oven Roasted Turkey Sub/Wrap, Buffalo Chicken Sub/Wrap, Chicken Salad Wrap, Fruit & Yogurt Parfait

F: Oven Roasted Turkey Sub/Wrap, Zesty Italian Sub/Wrap, Chicken Salad Wrap, Fruit & Yogurt Parfait



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Fiesta Salad

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Chicken Fajita Sub

THIS WEEK'S FEATURES:

ADVENTURE

Chopsticks

DELI

Chicken Fajita Sub

PIZZA

Chicken Fajita Pizza

GRILL

Buffalo Chicken Sandwich

FAST TAKES

Fiesta Salad

TODAY IN THE
ADVENTURE
STATION

Chopsticks

TODAY IN THE
DELI

Chicken Fajita Sub

TODAY IN
PIZZA

Chicken Fajita Pizza

TODAY IN
FAST TAKES

Fiesta Salad