

Menu Calendar Report - December, 2021

Generated on: 11/17/2021 11:44:44 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Pizza (tier I)

Monday		Tuesday		Wednesday		Thursday		Friday	
	29 Nov		30 Nov		1 Dec		2 Dec		3 Dec
Mozzarella Stuffed Breadsticks (28.02 g)		Cheese Pizza (33.88 g)		Barbecue Chicken Pizza (39.82 g)		Cheese Pizza (33.88 g)		Cheese Pizza (33.88 g)	
Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Pepperoni Pizza (33.88 g)	
Pepperoni Pizza (33.88 g)		Chicken Bacon Ranch Popper (3.36 g)		Pepperoni Pizza (33.88 g)		Sausage Pizza (34.89 g)		Supreme Pizza (35.41 g)	
Breadstick (14.00 g)		Breadstick (14.00 g)		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar	
Taste4 Extras Bar		Taste4 Extras Bar		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)	
Spaghetti Sauce (11.30 g)		Caesar Side Salad (9.92 g)							
Caesar Side Salad (9.92 g)									
	6 Dec		7 Dec		8 Dec		9 Dec		10 Dec
Mozzarella Stuffed Breadsticks (28.02 g)		Cheese Pizza (33.88 g)		Barbecue Chicken Pizza (39.82 g)		Cheese Pizza (33.88 g)		Cheese Pizza (33.88 g)	
Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Pepperoni Pizza (33.88 g)	
Pepperoni Pizza (33.88 g)		Chicken Bacon Ranch Popper (3.36 g)		Pepperoni Pizza (33.88 g)		Sausage Pizza (34.89 g)		Supreme Pizza (35.41 g)	
Breadstick (14.00 g)		Breadstick (14.00 g)		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar	
Taste4 Extras Bar		Taste4 Extras Bar		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)	
Spaghetti Sauce (11.30 g)		Caesar Side Salad (9.92 g)							
Caesar Side Salad (9.92 g)									
	13 Dec		14 Dec		15 Dec		16 Dec		17 Dec
Mozzarella Stuffed Breadsticks (28.02 g)		Cheese Pizza (33.88 g)		Barbecue Chicken Pizza (39.82 g)		Cheese Pizza (33.88 g)		Cheese Pizza (33.88 g)	
Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Cheese Pizza (33.88 g)		Pepperoni Pizza (33.88 g)		Pepperoni Pizza (33.88 g)	
Pepperoni Pizza (33.88 g)		Chicken Bacon Ranch Popper (3.36 g)		Pepperoni Pizza (33.88 g)		Sausage Pizza (34.89 g)		Supreme Pizza (35.41 g)	
Breadstick (14.00 g)		Breadstick (14.00 g)		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar	
Taste4 Extras Bar		Taste4 Extras Bar		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)		Caesar Side Salad (9.92 g)	
Spaghetti Sauce (11.30 g)		Caesar Side Salad (9.92 g)							
Caesar Side Salad (9.92 g)									
	20 Dec		21 Dec		22 Dec		23 Dec		24 Dec
	27 Dec		28 Dec		29 Dec		30 Dec		31 Dec

Carbohydrate values in grams follow the Menu Item name

Menu Calendar Report - December, 2021

Generated on: 11/17/2021 11:43:16 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Adventure (1)

Monday		Tuesday		Wednesday		Thursday		Friday	
	29 Nov		30 Nov		1 Dec		2 Dec		3 Dec
Chopsticks- Fried Rice Bowl		Chopsticks- Fried Rice Bowl		Chopsticks- Fried Rice Bowl		Chopsticks- Fried Rice Bowl		Chicken Alfredo Macaroni (36.93 g)	
Chopsticks- Noodle Bowl		Chopsticks- Noodle Bowl		Chopsticks- Noodle Bowl		Chopsticks- Noodle Bowl		Chili Frito Pie, chili w/ beans and beef crumbles, usda cheddar cheese, fritos (80.69 g)	
Chopsticks- Rice Bowl		Chopsticks- Rice Bowl		Chopsticks- Rice Bowl		Chopsticks- Rice Bowl		Country Fried Steak (19.31 g)	
Fajita Chicken (2.02 g)		Fajita Chicken (2.02 g)		Fajita Chicken (2.02 g)		Fajita Chicken (2.02 g)		Cheese Lasagna Rollup (39.21 g)	
Popcorn Chicken (15.51 g)		Popcorn Chicken (15.51 g)		Popcorn Chicken (15.51 g)		Popcorn Chicken (15.51 g)		Meatloaf (12.38 g)	
Teriyaki Beef Dippers (6.00 g)		Teriyaki Beef Dippers (6.00 g)		Teriyaki Beef Dippers (6.00 g)		Teriyaki Beef Dippers (6.00 g)		Dinner Roll (29.00 g)	
Fried Rice (35.15 g)		Fried Rice (35.15 g)		Fried Rice (35.15 g)		Fried Rice (35.15 g)		Garlic Knot Breadstick (15.02 g)	
Steamed Rice (60.02 g)		Steamed Rice (60.02 g)		Steamed Rice (60.02 g)		Steamed Rice (60.02 g)		Taste4 Extras Bar	
Vegetable Lo Mein (102.94 g)		Vegetable Lo Mein (102.94 g)		Vegetable Lo Mein (102.94 g)		Vegetable Lo Mein (102.94 g)		Parmesan Green Beans (5.18 g)	
Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar		Whipped Potatoes (15.00 g)	
Roasted Broccoli (6.56 g)		Roasted Broccoli (6.56 g)		Roasted Broccoli (6.56 g)		Roasted Broccoli (6.56 g)		Brown Gravy (2.36 g)	
Roasted Sesame Carrots (42.65 g)		Roasted Sesame Carrots (42.65 g)		Roasted Sesame Carrots (42.65 g)		Roasted Sesame Carrots (42.65 g)		Gravy, Pepper (Country, Biscuit) (4.57 g)	
Orange Sauce (9.00 g)		Orange Sauce (9.00 g)		Orange Sauce (9.00 g)		Orange Sauce (9.00 g)			
Teriyaki Sauce (5.00 g)		Teriyaki Sauce (5.00 g)		Teriyaki Sauce (5.00 g)		Teriyaki Sauce (5.00 g)			
Sweet & Sour sauce (7.94 g)		Sweet & Sour sauce (7.94 g)		Sweet & Sour sauce (7.94 g)		Sweet & Sour sauce (7.94 g)			
	6 Dec		7 Dec		8 Dec		9 Dec		10 Dec
Fiesta Tacos		Fiesta Tacos		Fiesta Tacos		Fiesta Tacos		Fiesta Tacos	
Fiesta Burrito		Fiesta Burrito		Fiesta Burrito		Fiesta Burrito		Fiesta Burrito	
Fiesta Nachos		Fiesta Nachos		Fiesta Nachos		Fiesta Nachos		Fiesta Nachos	
Fajita Chicken (1.52 g)		Fajita Chicken (1.52 g)		Fajita Chicken (1.52 g)		Fajita Chicken (1.52 g)		Fajita Chicken (1.52 g)	
Pulled Pork, Carnitas (1.02 g)		Pulled Pork, Carnitas (1.02 g)		Pulled Pork, Carnitas (1.02 g)		Pulled Pork, Carnitas (1.02 g)		Pulled Pork, Carnitas (1.02 g)	
Beef Taco Meat (4.30 g)		Beef Taco Meat (4.30 g)		Beef Taco Meat (4.30 g)		Beef Taco Meat (4.30 g)		Beef Taco Meat (4.30 g)	
Cheddar Cheese Sauce (2.04 g)		Cheddar Cheese Sauce (2.04 g)		Cheddar Cheese Sauce (2.04 g)		Cheddar Cheese Sauce (2.04 g)		Cheddar Cheese Sauce (2.04 g)	
Queso Blanco Sauce (1.00 g)		Queso Blanco Sauce (1.00 g)		Queso Blanco Sauce (1.00 g)		Queso Blanco Sauce (1.00 g)		Queso Blanco Sauce (1.00 g)	
Shredded Yellow Cheddar Cheese (0.50 g)		Shredded Yellow Cheddar Cheese (0.50 g)		Shredded Yellow Cheddar Cheese (0.50 g)		Shredded Yellow Cheddar Cheese (0.50 g)		Shredded Yellow Cheddar Cheese (0.50 g)	
Cilantro Lime White Rice (29.87 g)		Cilantro Lime White Rice (29.87 g)		Cilantro Lime White Rice (29.87 g)		Cilantro Lime White Rice (29.87 g)		Cilantro Lime White Rice (29.87 g)	
Crispy Corn Taco Shell (33.00 g)		Crispy Corn Taco Shell (33.00 g)		Crispy Corn Taco Shell (33.00 g)		Crispy Corn Taco Shell (33.00 g)		Crispy Corn Taco Shell (33.00 g)	
Tortilla Chips (29.45 g)		Tortilla Chips (29.45 g)		Tortilla Chips (29.45 g)		Tortilla Chips (29.45 g)		Tortilla Chips (29.45 g)	
Tortilla Chips (38.00 g)		Tortilla Chips (38.00 g)		Tortilla Chips (38.00 g)		Tortilla Chips (38.00 g)		Tortilla Chips (38.00 g)	
Flour Tortilla (34.00 g)		Flour Tortilla (34.00 g)		Flour Tortilla (34.00 g)		Flour Tortilla (34.00 g)		Flour Tortilla (34.00 g)	
Flour Tortilla (28.00 g)		Flour Tortilla (28.00 g)		Flour Tortilla (28.00 g)		Flour Tortilla (28.00 g)		Flour Tortilla (28.00 g)	
Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar	
Aztec Corn (15.02 g)		Aztec Corn (15.02 g)		Aztec Corn (15.02 g)		Aztec Corn (15.02 g)		Aztec Corn (15.02 g)	
Vegetarian Refried Beans (28.80 g)		Vegetarian Refried Beans (28.80 g)		Vegetarian Refried Beans (28.80 g)		Vegetarian Refried Beans (28.80 g)		Vegetarian Refried Beans (28.80 g)	

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6 Dec	7 Dec	8 Dec	9 Dec	10 Dec
Shredded Lettuce (2.14 g)	Shredded Lettuce (2.14 g)	Shredded Lettuce (2.14 g)	Shredded Lettuce (2.14 g)	Shredded Lettuce (2.14 g)
Sliced Black Olives (0.94 g)	Sliced Black Olives (0.94 g)	Sliced Black Olives (0.94 g)	Sliced Black Olives (0.94 g)	Sliced Black Olives (0.94 g)
Diced Red Onion (2.00 g)	Diced Red Onion (2.00 g)	Diced Red Onion (2.00 g)	Diced Red Onion (2.00 g)	Diced Red Onion (2.00 g)
Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices
Pico de Gallo (0.39 g)	Pico de Gallo (0.39 g)	Pico de Gallo (0.39 g)	Pico de Gallo (0.39 g)	Pico de Gallo (0.39 g)
Diced Red Tomatoes (0.96 g)	Diced Red Tomatoes (0.96 g)	Diced Red Tomatoes (0.96 g)	Diced Red Tomatoes (0.96 g)	Diced Red Tomatoes (0.96 g)
Thick & Chunky Salsa (1.50 g)	Thick & Chunky Salsa (1.50 g)	Thick & Chunky Salsa (1.50 g)	Thick & Chunky Salsa (1.50 g)	Thick & Chunky Salsa (1.50 g)
Sour Cream (1.00 g)	Sour Cream (1.00 g)	Sour Cream (1.00 g)	Sour Cream (1.00 g)	Sour Cream (1.00 g)
13 Dec	14 Dec	15 Dec	16 Dec	17 Dec
Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order	Rockin Ramen- Chicken Ramen Bowl, Built-to-Order
Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order	Rockin Ramen- Meatball Ramen Bowl, Built-to-Order
Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)	Hard Boiled Eggs (0.28 g)
Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)	Fajita Chicken (1.01 g)
Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)	Beefy Meatballs (2.49 g)
Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)	Lo Mein Noodles (29.60 g)
Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar
Corn (13.00 g)	Corn (13.00 g)	Corn (13.00 g)	Corn (13.00 g)	Corn (13.00 g)
O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)	O - Cabbage, green, shredded, ready-to-serve (0.97 g)
Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)	Sliced Mushrooms (3.03 g)
Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)	Broth, Shoyu Ramen, Chicken (5.03 g)
Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)	Broth- Pho, Vegetable (2.74 g)
Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)	Fresh Cilantro (0.01 g)
Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)	Lime Wedges (0.88 g)
Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)	Green Onion (0.46 g)
Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices	Jalapeno Pepper Slices
Matchstick Carrots (1.11 g)	Matchstick Carrots (1.11 g)	Matchstick Carrots (1.11 g)	Matchstick Carrots (1.11 g)	Matchstick Carrots (1.11 g)
Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)
20 Dec	21 Dec	22 Dec	23 Dec	24 Dec
27 Dec	28 Dec	29 Dec	30 Dec	31 Dec

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Menu Calendar Report - December, 2021

Generated on: 11/17/2021 11:44:24 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Grill (tier I)

Monday		Tuesday		Wednesday		Thursday		Friday	
	29 Nov		30 Nov		1 Dec		2 Dec		3 Dec
Corn Dog (30.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Crinkle Cut French Fries (13.13 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)		Sandwich, Bacon Cheeseburger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Crispy Chicken Sandwich (48.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Bacon Slices Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Crinkle Cut French Fries (13.13 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)		Barbecue Riblet Sandwich, pork, Bimbo WG (43.50 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Tater Tots (14.09 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Grilled Cheese Sandwich (26.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Crinkle Cut French Fries (13.13 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	
	6 Dec		7 Dec		8 Dec		9 Dec		10 Dec
Corn Dog (30.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Crinkle Cut French Fries (13.13 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)		Sandwich, Bacon Cheeseburger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Crinkle Cut French Fries (13.13 g) Shredded Lettuce (0.54 g) Tater Tots (14.09 g) Bacon Slices Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Crinkle Cut French Fries (13.13 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)		Barbecue Riblet Sandwich, pork, Bimbo WG (43.50 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Tater Tots (14.09 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)		Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Grilled Cheese Sandwich (26.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Crinkle Cut French Fries (13.13 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	

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	7 Dec						
	Dill Pickle Chips Sliced Red Tomatoes (0.87 g)						
13 Dec	14 Dec	15 Dec	16 Dec	17 Dec			
Corn Dog (30.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Crinkle Cut French Fries (13.13 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Sandwich, Bacon Cheeseburger, 2.4 oz beef patty, American cheese, Bimbo hamburger bun WG, RECIPE (34.00 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Crinkle Cut French Fries (13.13 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Crinkle Cut French Fries (13.13 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Barbecue Riblet Sandwich, pork, Bimbo WG (43.50 g) Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Tater Tots (14.09 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)	Sandwich, Burger, 2.4 oz beef patty, American cheese, WG Bimbo hamburger bun, RECIPE (34.00 g) Cheeseburger (34.00 g) Crispy Chicken Sandwich (43.00 g) Sandwich, GardenBurger WG Bimbo hamburger bun, RECIPE (38.00 g) Grilled Cheese Sandwich (26.00 g) Spicy Chicken Sandwich (48.00 g) Taste4 Extras Bar Crinkle Cut French Fries (13.13 g) Shredded Lettuce (0.54 g) Sliced Red Onion (1.31 g) Jalapeno Pepper Slices Dill Pickle Chips Sliced Red Tomatoes (0.87 g)			
20 Dec	21 Dec	22 Dec	23 Dec	24 Dec			
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Menu Calendar Report - December, 2021

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 Menu Line: T4-Fast (tier I)

Monday		Tuesday		Wednesday		Thursday		Friday	
	29 Nov		30 Nov		1 Dec		2 Dec		3 Dec
BBQ Fajita Chicken Sub, Rich's (50.00 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g)	
Buffalo Chicken Salad, fajita USDA (6.97 g)		Buffalo Chicken Salad, fajita USDA (6.97 g)		Buffalo Chicken Salad, fajita USDA (6.97 g)		Buffalo Chicken Salad, fajita USDA (6.97 g)		Buffalo Chicken Salad, fajita USDA (6.97 g)	
Buffalo Wrap, tortilla, fajita chicken (33.44 g)		Buffalo Wrap, tortilla, fajita chicken (33.44 g)		Buffalo Wrap, tortilla, fajita chicken (33.44 g)		Buffalo Wrap, tortilla, fajita chicken (33.44 g)		Buffalo Wrap, tortilla, fajita chicken (33.44 g)	
Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)		Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)		Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)		Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)		Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)	
Chicken Caesar Salad G612, fajita USDA (8.59 g)		Chicken Caesar Salad G612, fajita USDA (8.59 g)		Chicken Caesar Salad G612, fajita USDA (8.59 g)		Chicken Caesar Salad G612, fajita USDA (8.59 g)		Chicken Caesar Salad G612, fajita USDA (8.59 g)	
Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)		Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)		Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)		Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)		Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)	
Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)		Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)		Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)		Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)		Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)	
Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)		Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)		Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)		Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)		Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)	
Yogurt & Fruit Parfait		Yogurt & Fruit Parfait		Yogurt & Fruit Parfait		Yogurt & Fruit Parfait		Yogurt & Fruit Parfait	
Italian Antipasto Salad (4.65 g)		Italian Antipasto Salad (4.65 g)		Italian Antipasto Salad (4.65 g)		Italian Antipasto Salad (4.65 g)		Italian Antipasto Salad (4.65 g)	
Italian Sub Sandwich, Richs (31.01 g)		Italian Sub Sandwich, Richs (31.01 g)		Italian Sub Sandwich, Richs (31.01 g)		Italian Sub Sandwich, Richs (31.01 g)		Italian Sub Sandwich, Richs (31.01 g)	
Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)		Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)		Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)		Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)		Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)	
Sub Sandwich, American Combo Sub on Rich's (29.49 g)		Sub Sandwich, American Combo Sub on Rich's (29.49 g)		Sub Sandwich, American Combo Sub on Rich's (29.49 g)		Sub Sandwich, American Combo Sub on Rich's (29.49 g)		Sub Sandwich, American Combo Sub on Rich's (29.49 g)	
Sub, turkey ham, American, Richs (30.49 g)		Sub, turkey ham, American, Richs (30.49 g)		Sub, turkey ham, American, Richs (30.49 g)		Sub, turkey ham, American, Richs (30.49 g)		Sub, turkey ham, American, Richs (30.49 g)	
Sub, turkey, American, Richs (29.49 g)		Sub, turkey, American, Richs (29.49 g)		Sub, turkey, American, Richs (29.49 g)		Sub, turkey, American, Richs (29.49 g)		Sub, turkey, American, Richs (29.49 g)	
Vanilla Yogurt (40.80 g)		Vanilla Yogurt (40.80 g)		Vanilla Yogurt (40.80 g)		Vanilla Yogurt (40.80 g)		Vanilla Yogurt (40.80 g)	
Dinner Roll (30.25 g)		Dinner Roll (30.25 g)		Dinner Roll (30.25 g)		Dinner Roll (30.25 g)		Dinner Roll (30.25 g)	
Nut-Free Granola (41.19 g)		Nut-Free Granola (41.19 g)		Nut-Free Granola (41.19 g)		Nut-Free Granola (41.19 g)		Nut-Free Granola (41.19 g)	
Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar		Taste4 Extras Bar	
Wild Blueberries (8.85 g)		Wild Blueberries (8.85 g)		Wild Blueberries (8.85 g)		Wild Blueberries (8.85 g)		Wild Blueberries (8.85 g)	
Diced Peaches (13.78 g)		Diced Peaches (13.78 g)		Diced Peaches (13.78 g)		Diced Peaches (13.78 g)		Diced Peaches (13.78 g)	
Strawberries (33.05 g)		Strawberries (33.05 g)		Strawberries (33.05 g)		Strawberries (33.05 g)		Strawberries (33.05 g)	
	6 Dec		7 Dec		8 Dec		9 Dec		10 Dec
BBQ Fajita Chicken Sub, Rich's (50.00 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g)		BBQ Fajita Chicken Sub, Rich's (50.00 g)	
Buffalo Chicken Salad, fajita USDA (6.97 g)		Buffalo Chicken Salad, fajita USDA (6.97 g)		Buffalo Chicken Salad, fajita USDA (6.97 g)		Buffalo Chicken Salad, fajita USDA (6.97 g)		Buffalo Chicken Salad, fajita USDA (6.97 g)	
Buffalo Wrap, tortilla, fajita chicken (33.44 g)		Buffalo Wrap, tortilla, fajita chicken (33.44 g)		Buffalo Wrap, tortilla, fajita chicken (33.44 g)		Buffalo Wrap, tortilla, fajita chicken (33.44 g)		Buffalo Wrap, tortilla, fajita chicken (33.44 g)	
Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)		Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)		Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)		Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)		Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)	

Menu Calendar Report - December, 2021

Generated on: 11/17/2021 11:46:05 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Fast (tier I)

6 Dec	7 Dec	8 Dec	9 Dec	10 Dec
Chicken Caesar Salad G612, fajita USDA (8.59 g)	Chicken Caesar Salad G612, fajita USDA (8.59 g)	Chicken Caesar Salad G612, fajita USDA (8.59 g)	Chicken Caesar Salad G612, fajita USDA (8.59 g)	Chicken Caesar Salad G612, fajita USDA (8.59 g)
Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)	Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)	Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)	Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)	Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)
Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)	Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)	Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)	Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)	Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)
Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)	Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)	Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)	Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)	Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)
Yogurt & Fruit Parfait	Yogurt & Fruit Parfait	Yogurt & Fruit Parfait	Yogurt & Fruit Parfait	Yogurt & Fruit Parfait
Italian Antipasto Salad (4.65 g)	Italian Antipasto Salad (4.65 g)	Italian Antipasto Salad (4.65 g)	Italian Antipasto Salad (4.65 g)	Italian Antipasto Salad (4.65 g)
Italian Sub Sandwich, Richs (31.01 g)	Italian Sub Sandwich, Richs (31.01 g)	Italian Sub Sandwich, Richs (31.01 g)	Italian Sub Sandwich, Richs (31.01 g)	Italian Sub Sandwich, Richs (31.01 g)
Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)	Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)	Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)	Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)	Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)
Sub Sandwich, American Combo Sub on Rich's (29.49 g)	Sub Sandwich, American Combo Sub on Rich's (29.49 g)	Sub Sandwich, American Combo Sub on Rich's (29.49 g)	Sub Sandwich, American Combo Sub on Rich's (29.49 g)	Sub Sandwich, American Combo Sub on Rich's (29.49 g)
Sub, turkey ham, American, Richs (30.49 g)	Sub, turkey ham, American, Richs (30.49 g)	Sub, turkey ham, American, Richs (30.49 g)	Sub, turkey ham, American, Richs (30.49 g)	Sub, turkey ham, American, Richs (30.49 g)
Sub, turkey, American, Richs (29.49 g)	Sub, turkey, American, Richs (29.49 g)	Sub, turkey, American, Richs (29.49 g)	Sub, turkey, American, Richs (29.49 g)	Sub, turkey, American, Richs (29.49 g)
Vanilla Yogurt (40.80 g)	Vanilla Yogurt (40.80 g)	Vanilla Yogurt (40.80 g)	Vanilla Yogurt (40.80 g)	Vanilla Yogurt (40.80 g)
Dinner Roll (30.25 g)	Dinner Roll (30.25 g)	Dinner Roll (30.25 g)	Dinner Roll (30.25 g)	Dinner Roll (30.25 g)
Nut-Free Granola (41.19 g)	Nut-Free Granola (41.19 g)	Nut-Free Granola (41.19 g)	Nut-Free Granola (41.19 g)	Nut-Free Granola (41.19 g)
Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar	Taste4 Extras Bar
Wild Blueberries (8.85 g)	Wild Blueberries (8.85 g)	Wild Blueberries (8.85 g)	Wild Blueberries (8.85 g)	Wild Blueberries (8.85 g)
Diced Peaches (13.78 g)	Diced Peaches (13.78 g)	Diced Peaches (13.78 g)	Diced Peaches (13.78 g)	Diced Peaches (13.78 g)
Strawberries (33.05 g)	Strawberries (33.05 g)	Strawberries (33.05 g)	Strawberries (33.05 g)	Strawberries (33.05 g)
13 Dec	14 Dec	15 Dec	16 Dec	17 Dec
BBQ Fajita Chicken Sub, Rich's (50.00 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g)	BBQ Fajita Chicken Sub, Rich's (50.00 g)
Buffalo Chicken Salad, fajita USDA (6.97 g)	Buffalo Chicken Salad, fajita USDA (6.97 g)	Buffalo Chicken Salad, fajita USDA (6.97 g)	Buffalo Chicken Salad, fajita USDA (6.97 g)	Buffalo Chicken Salad, fajita USDA (6.97 g)
Buffalo Wrap, tortilla, fajita chicken (33.44 g)	Buffalo Wrap, tortilla, fajita chicken (33.44 g)	Buffalo Wrap, tortilla, fajita chicken (33.44 g)	Buffalo Wrap, tortilla, fajita chicken (33.44 g)	Buffalo Wrap, tortilla, fajita chicken (33.44 g)
Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)	Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)	Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)	Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)	Chef Salad, mixed greens w/ spinach, turkey, ham, egg, cheddar, cucumber, tomato (6.09 g)
Chicken Caesar Salad G612, fajita USDA (8.59 g)	Chicken Caesar Salad G612, fajita USDA (8.59 g)	Chicken Caesar Salad G612, fajita USDA (8.59 g)	Chicken Caesar Salad G612, fajita USDA (8.59 g)	Chicken Caesar Salad G612, fajita USDA (8.59 g)
Chilly Philly Salad, spinach greens, turkey, roasted peppers-onion, mozzarella, tomato (8.35 g)	Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)	Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)	Crispy Chicken Wrap, WG, popcorn chicken (52.17 g)	Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)
Chilly Philly Sub, Richs, turkey, roasted peppers-onion, mozzarella (35.30 g)	Yogurt & Fruit Parfait	Yogurt & Fruit Parfait	Yogurt & Fruit Parfait	Yogurt & Fruit Parfait
Crispy Chicken Wrap, tortilla, popcorn chicken (44.27 g)	Italian Antipasto Salad (4.65 g)	Italian Antipasto Salad (4.65 g)	Italian Antipasto Salad (4.65 g)	Italian Antipasto Salad (4.65 g)
Yogurt & Fruit Parfait	Italian Sub Sandwich, Richs (31.01 g)	Italian Sub Sandwich, Richs (31.01 g)	Italian Sub Sandwich, Richs (31.01 g)	Italian Sub Sandwich, Richs (31.01 g)
	Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)	Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)	Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)	Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g)

Menu Calendar Report - December, 2021

Generated on: 11/17/2021 11:46:05 AM by Jenilee Pfaffe

Site: Air Academy High School
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Fast (tier I)

13 Dec	14 Dec	15 Dec	16 Dec	17 Dec
Italian Antipasto Salad (4.65 g) Italian Sub Sandwich, Richs (31.01 g) Salad Entree, Crispy Chicken Salad, Spinach, popcorn chicken RECIPE (19.47 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Taste4 Extras Bar Wild Blueberries (8.85 g) Diced Peaches (13.78 g) Strawberries (33.05 g)	Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Taste4 Extras Bar Wild Blueberries (8.85 g) Diced Peaches (13.78 g) Strawberries (33.05 g)	Southwest BBQ Chicken Salad, spinach greens, roasted peppers-onion, mozzarella, tomato (11.48 g) Southwest BBQ Chicken Sub, Richs WG (38.60 g) Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Taste4 Extras Bar Wild Blueberries (8.85 g) Diced Peaches (13.78 g) Strawberries (33.05 g)	Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Taste4 Extras Bar Wild Blueberries (8.85 g) Diced Peaches (13.78 g) Strawberries (33.05 g)	Sub Sandwich, American Combo Sub on Rich's (29.49 g) Sub, turkey ham, American, Richs (30.49 g) Sub, turkey, American, Richs (29.49 g) Vanilla Yogurt (40.80 g) Dinner Roll (30.25 g) Nut-Free Granola (41.19 g) Oats & Honey Granola (25.52 g) Dinner Roll (29.00 g) Taste4 Extras Bar Wild Blueberries (8.85 g) Diced Peaches (13.78 g) Strawberries (33.05 g)
20 Dec	21 Dec	22 Dec	23 Dec	24 Dec
27 Dec	28 Dec	29 Dec	30 Dec	31 Dec

Carbohydrate values in grams follow the Menu Item name

Menu Calendar Report - December, 2021

Generated on: 11/17/2021 11:43:47 AM by Jenilee Pfaffe

Site: Air Academy High School

Meal Type: Lunch

Site Group: Taste4

Menu Line: T4-Extras Bar (Garden, Milk, Condiments)

Monday		Tuesday		Wednesday		Thursday		Friday	
29 Nov		30 Nov		1 Dec		2 Dec		3 Dec	
Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees
Fresh Whole Apple (25.13 g)	Fresh Whole Apple (25.13 g)	Fresh Whole Apple (25.13 g)	Fresh Whole Apple (25.13 g)	Sliced Apples (10.51 g)	Fresh Whole Apple (25.13 g)	Fresh Whole Apple (25.13 g)	Unsweetened Applesauce (14.41 g)	Orange Smiles (11.28 g)	Orange Smiles (11.28 g)
Orange Smiles (11.28 g)	Orange Smiles (11.28 g)	Orange Smiles (11.28 g)	Orange Smiles (11.28 g)	Cantaloupe Chunks (7.00 g)	Orange Smiles (11.28 g)	Orange Smiles (11.28 g)	Diced Peaches (13.78 g)	Red Seedless Grapes (16.42 g)	Red Seedless Grapes (16.42 g)
Diced Pears (15.33 g)	Fruit Cocktail (21.67 g)	Fruit Cocktail (21.67 g)	Fruit Cocktail (21.67 g)	Orange Smiles (11.28 g)	Diced Peaches (13.78 g)	Diced Peaches (13.78 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)
100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	Cubed Watermelon (6.96 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)
Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	100% Apple Juice (14.00 g)	Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Celery Sticks (1.92 g)
Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Fresh Broccoli Florets (2.12 g)	Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)
Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Green Bell Pepper Strips (1.14 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)
Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Cucumber Coins (2.23 g)	Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Baby Carrots (5.98 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)
1% White Milk (13.00 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)	Salad Mix with Spinach (2.54 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)
Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Chocolate Skim Milk (20.00 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Italian Dressing (1.50 g)	Italian Dressing (1.50 g)	Italian Dressing (1.50 g)
Italian Dressing (1.50 g)	Italian Dressing (1.50 g)	Italian Dressing (1.50 g)	Italian Dressing (1.50 g)	1% White Milk (13.00 g)	Italian Dressing (1.50 g)	Italian Dressing (1.50 g)	Ketchup (5.00 g)	Ketchup (5.00 g)	Ketchup (5.00 g)
Ketchup (5.00 g)	Ketchup (5.00 g)	Ketchup (5.00 g)	Ketchup (5.00 g)	Ranch Dressing (0.50 g)	Ketchup (5.00 g)	Ketchup (5.00 g)	Ketchup (8.00 g)	Ketchup (8.00 g)	Ketchup (8.00 g)
Ketchup (8.00 g)	Ketchup (8.00 g)	Ketchup (8.00 g)	Ketchup (8.00 g)	Italian Dressing (1.50 g)	Ketchup (8.00 g)	Ketchup (8.00 g)	Mayonnaise	Mayonnaise	Mayonnaise
Mayonnaise	Mayonnaise	Mayonnaise	Mayonnaise	Ketchup (5.00 g)	Mayonnaise	Mayonnaise	Yellow Mustard	Yellow Mustard	Yellow Mustard
Yellow Mustard	Yellow Mustard	Yellow Mustard	Yellow Mustard	Ketchup (8.00 g)	Yellow Mustard	Yellow Mustard	Barbecue Sauce (4.50 g)	Barbecue Sauce (4.50 g)	Barbecue Sauce (4.50 g)
Barbecue Sauce (4.50 g)	Barbecue Sauce (4.50 g)	Barbecue Sauce (4.50 g)	Barbecue Sauce (4.50 g)	Mayonnaise	Barbecue Sauce (4.50 g)	Barbecue Sauce (4.50 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)
Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)	Yellow Mustard	Sriracha Chili Sauce (3.00 g)	Sriracha Chili Sauce (3.00 g)			
				Barbecue Sauce (4.50 g)					
				Sriracha Chili Sauce (3.00 g)					

6 Dec		7 Dec		8 Dec		9 Dec		10 Dec	
Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees	Variety of Entrees
Fresh Whole Apple (25.13 g)	Fresh Whole Apple (25.13 g)	Fresh Whole Apple (25.13 g)	Fresh Whole Apple (25.13 g)	Sliced Apples (10.51 g)	Fresh Whole Apple (25.13 g)	Fresh Whole Apple (25.13 g)	Unsweetened Applesauce (14.41 g)	Orange Smiles (11.28 g)	Orange Smiles (11.28 g)
Orange Smiles (11.28 g)	Orange Smiles (11.28 g)	Orange Smiles (11.28 g)	Orange Smiles (11.28 g)	Cantaloupe Chunks (7.00 g)	Orange Smiles (11.28 g)	Orange Smiles (11.28 g)	Diced Peaches (13.78 g)	Red Seedless Grapes (16.42 g)	Red Seedless Grapes (16.42 g)
Diced Pears (15.33 g)	Fruit Cocktail (21.67 g)	Fruit Cocktail (21.67 g)	Fruit Cocktail (21.67 g)	Orange Smiles (11.28 g)	Diced Peaches (13.78 g)	Diced Peaches (13.78 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)
100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	Cubed Watermelon (6.96 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)
Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	100% Apple Juice (14.00 g)	Fresh Broccoli Florets (2.12 g)	Fresh Broccoli Florets (2.12 g)	Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Celery Sticks (1.92 g)
Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Fresh Broccoli Florets (2.12 g)	Celery Sticks (1.92 g)	Celery Sticks (1.92 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)
Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Green Bell Pepper Strips (1.14 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)
Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Cucumber Coins (2.23 g)	Salad Mix with Spinach (2.54 g)	Salad Mix with Spinach (2.54 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Baby Carrots (5.98 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)
1% White Milk (13.00 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)	Salad Mix with Spinach (2.54 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)	Buffalo Ranch Sauce, Franks hot sauce (0.49 g)	Buffalo Ranch Sauce, Franks hot sauce (0.49 g)	Buffalo Ranch Sauce, Franks hot sauce (0.49 g)
Buffalo Ranch Sauce, Franks hot sauce (0.49 g)	Buffalo Ranch Sauce, Franks hot sauce (0.49 g)	Buffalo Ranch Sauce, Franks hot sauce (0.49 g)	Buffalo Ranch Sauce, Franks hot sauce (0.49 g)	Chocolate Skim Milk (20.00 g)	Buffalo Ranch Sauce, Franks hot sauce (0.49 g)	Buffalo Ranch Sauce, Franks hot sauce (0.49 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)
Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	1% White Milk (13.00 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)			

Menu Calendar Report - December, 2021

Generated on: 11/17/2021 11:43:47 AM by Jenilee Pfaffe

Site: Air Academy High School

Meal Type: Lunch

Site Group: Taste4

Menu Line: T4-Extras Bar (Garden, Milk, Condiments)

6 Dec	7 Dec	8 Dec	9 Dec	10 Dec
Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Buffalo Ranch Sauce, Franks hot sauce (0.49 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)
13 Dec	14 Dec	15 Dec	16 Dec	17 Dec
Variety of Entrees Fresh Whole Apple (25.13 g) Orange Smiles (11.28 g) Diced Pears (15.33 g) 100% Apple Juice (14.00 g) Fresh Broccoli Florets (2.12 g) Celery Sticks (1.92 g) Baby Carrots (5.98 g) Salad Mix with Spinach (2.54 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Buffalo Ranch Sauce, Franks hot sauce (0.49 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Variety of Entrees Fresh Whole Apple (25.13 g) Orange Smiles (11.28 g) Fruit Cocktail (21.67 g) 100% Apple Juice (14.00 g) Fresh Broccoli Florets (2.12 g) Celery Sticks (1.92 g) Baby Carrots (5.98 g) Salad Mix with Spinach (2.54 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Buffalo Ranch Sauce, Franks hot sauce (0.49 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Variety of Entrees Sliced Apples (10.51 g) Cantaloupe Chunks (7.00 g) Orange Smiles (11.28 g) Cubed Watermelon (6.96 g) 100% Apple Juice (14.00 g) Fresh Broccoli Florets (2.12 g) Green Bell Pepper Strips (1.14 g) Cucumber Coins (2.23 g) Baby Carrots (5.98 g) Salad Mix with Spinach (2.54 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Buffalo Ranch Sauce, Franks hot sauce (0.49 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Variety of Entrees Fresh Whole Apple (25.13 g) Orange Smiles (11.28 g) Diced Peaches (13.78 g) 100% Apple Juice (14.00 g) Fresh Broccoli Florets (2.12 g) Celery Sticks (1.92 g) Baby Carrots (5.98 g) Salad Mix with Spinach (2.54 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Buffalo Ranch Sauce, Franks hot sauce (0.49 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)	Variety of Entrees Unsweetened Applesauce (14.41 g) Orange Smiles (11.28 g) Red Seedless Grapes (16.42 g) 100% Apple Juice (14.00 g) Fresh Broccoli Florets (2.12 g) Celery Sticks (1.92 g) Baby Carrots (5.98 g) Salad Mix with Spinach (2.54 g) Chocolate Skim Milk (20.00 g) 1% White Milk (13.00 g) Buffalo Ranch Sauce, Franks hot sauce (0.49 g) Ranch Dressing (0.50 g) Italian Dressing (1.50 g) Ketchup (5.00 g) Ketchup (8.00 g) Mayonnaise Yellow Mustard Barbecue Sauce (4.50 g) Sriracha Chili Sauce (3.00 g)
20 Dec	21 Dec	22 Dec	23 Dec	24 Dec
27 Dec	28 Dec	29 Dec	30 Dec	31 Dec

Menu Calendar Report - December, 2021

Generated on: 11/17/2021 11:43:47 AM by Jenilee Pfaffe

Site: Air Academy High School

Meal Type: Lunch

Site Group: Taste4

Menu Line: T4-Extras Bar (Garden, Milk, Condiments)

Carbohydrate values in grams follow the Menu Item name