

THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF MEXICO.



EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

FAST TAKES

**IN A HURRY,
NO WORRY!**

OFFERED DAILY

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese or Ham and Cheese



Fresh Baked Bread Offered Daily with Salad

CHECK THIS OUT!

Chicken fajita salad or sub on jalapeño roll with cheddar cheese and roasted peppers and onions.

DELI

EVERYDAY SELECTIONS

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

OTHER DAILY OPTIONS

Seasoned Flaked Tuna or Hummus

Toppings

- Shredded Lettuce
- Sliced Tomatoes
- Sliced Red Onion
- Jalapeños
- Pickles

TRY THIS ONE!

Chicken fajita salad or sub on jalapeño roll with cheddar cheese and roasted peppers and onions.

GRILL

EVERYDAY SELECTIONS

Classic Cheeseburger
Crispy Chicken Sandwich

Monday Crispy Fish Sandwich

Tuesday Rib-B-Que

Wednesday Toasted Cheese

Thursday Chicken Tender Sandwich

Friday Bacon Cheeseburger

Toppings

- Shredded Lettuce
- Sliced Tomatoes
- Sliced Red Onion
- Jalapeños
- Pickles

Offered with Veggie Sticks or French Fries

PIZZA

EVERYDAY SELECTIONS

Pepperoni Pizza
Cheese Pizza

Offered with Toasted Garlic Caesar Salad

DAILY PASTA OPTIONS

Home-style Alfredo Mac



Fresh Baked Bread Offered Daily with Pasta

SHAKE IT UP!

Chicken fajita pizza topped with roasted peppers and onions and pico sauce.

TASTE TASTE TASTE

by **sodexo**

KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

Cilantro Lime Creama

A blend of mayonaise and creamy Greek yogurt infused with lime juice and freshly chopped cilantro.

Pico Sauce

Fresh house made salsa combined with diced tomatoes, lime juice, freshly chopped cilantro and Mexican seasonings.

Creamy Sriracha

Mayonnaise infused with spicy sriraha chili sauce.

Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.



This week in **ADVENTURE**



EVERYDAY

Check out this weeks Main Line Favorites!

Monday Chili Frito Bowl

Carrots

Tuesday Spaghetti w Meat Sauce

Green Beans

Wednesday Popcorn Chicken Bowl

Mashed Potatoes, Corn

Thursday BBQ Chicken Sandwich

Tater Tots, Beans

Friday Chicken Fajita Bowl

Rice

Additional nutrition information available upon request.

JANUARY 28-FEBRUARY 1, 2019

MONTICELLO HIGH SCHOOL

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