



stop hunger food drive

October 13-November 1

To Benefit
**The Eagle Resource Closet and
Fredericksburg Regional Food Bank**

WAYS YOU CAN HELP

- **Food Donations** can be placed in donation bins in every campus eatery. Go to the next page to see a list of the foods most needed by the food bank.
- **Students can donate up to 2 meal swipes and \$10 in flex.**
Make donations at the food drive tables, 2nd floor of the UC, 11:30 am to 1:30 pm and 4 pm to 6 pm, October 13-15 & 18-22
- **Monetary donations**
Cash: place in Have a Heart boxes at cashier stations, Top of the UC
Credit Cards: Use this QR code to make donations to the Fredericksburg Regional Food Bank in the Virtual Food Drive



QUESTIONS? Contact Rose Benedict at rbenedic@umw.edu

Food Drive Sponsored By

University of
Mary Washington
Dining



sodexo
QUALITY OF LIFE SERVICES

University of
Mary Washington
University Staff Council



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General Donation Guidelines
Non-Perishable and Within Expiration Dates
Please do not donate commercial size items as they are hard for families to use.

Foods Most Needed:

Mac & Cheese
Canned Fruit
Rice
Instant Potatoes
Canned Vegetables
Dehydrated Milk
Dry or Canned Beans
Canned Meat
Pasta & Sauce
Hot or Cold Cereals