

Time to pack away your heavy winter coats and welcome back warmer weather and the return of bright and colorful blooms. Celebrate the budding season with a variety of fun packages including a Lent and Passover friendly buffet, a grilled cheese sandwich station, and new infused waters! Contact our Catering department to schedule your next event with delicious food and impeccable service. To place an order or speak with the catering department please call, email or order on-line at:

FLAVOURS OF SPRING



BREAKFAST Á LA CARTE SELECTIONS & ADD ONS

Banana, Honey and Peanut Butter Biscuit

1 Biscuit | 380 cal

Fresh Baked Buttermilk Biscuit with Peanut Butter, Sliced Bananas and Honey
\$17.99 per dozen

Strawberry Coconut Chia and Quinoa Parfait

1 Parfait | 370 cal

Minimum Order of 15.

White Quinoa, Chia Seeds, Fresh Strawberries, Toasted Coconut, Almond Milk, Greek Yogurt, Vanilla and Honey
\$3.99 each *Contains nuts

Oui French Style Yogurt

1 Yogurt | 160-170 cal

Minimum Order of 8.

A thick, subtly sweet, fresh tasting yogurt made with simple ingredients and poured and set in its own glass pot.
\$2.49 each

PREMIUM TAKEAWAY OR "GRAB & GO" SALADS

Minimum Order of 5

Chili Lime Chicken Salad

1 Salad | 920 cal

Brown Rice, Red Beans, Pico De Gallo, Avocado, Scallions, Ancho Chicken over Romaine with Ancho Chili Lime Ranch Dressing
\$14.99 each

Fresh Orange, Strawberry & Pecan Salad

1 Salad | 440 cal

Salad of Oranges, Strawberries, Candied Pecans, Blue Cheese, Roasted Fennel, Balsamic Vinaigrette & Crushed Red Pepper
\$12.99 each

Consult with our catering team on adding a soup du jour to your package for an additional \$2.89 per guest.

VEGAN VEGETARIAN MINDFUL

ADVENTURE BOX TAKEAWAYS

Minimum Order of 5.



AZTEC POLLO ASADO ADVENTURE BOX

Aztec Pollo Asado Adventure Box 1 Box | 170 cal

Slow Roasted Mexican Seasoned Chicken, with an Aztec Grain Salad, Pico De Gallo and Corn Chips
\$7.99 each

Chicken Shawarma Adventure Box 1 Box | 390 cal

Chicken, Pickled Carrots, Cucumbers and Onions with Hummus, Mini Pitas and Chermoula Yogurt Dipping Sauce
\$7.99 each

PREMIUM TAKEAWAY OR "GRAB & GO" SANDWICHES

Minimum Order of 5.

Calabrese Style Chicken Naan 1 Sandwich | 360 cal

Marinated Grilled Chicken Breast. Layered with Roasted Red Peppers, Fresh Tomatoes, Red Onion, Prolone and Arugula with Pesto Aioli
\$12.99 each



CALABRESE STYLE CHICKEN NAAN

Raspberry, Honey & Goat Cheese Sandwich 1 Sandwich | 320 cal

Honey and Lemon Zest-Spiked Goat Cheese, Raspberry Jam, and Basil On Brioche
\$12.99 each *Contains nuts

Spring Catering Specials and Prices are available through May 31st, 2019

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutritional information available

HORS D'OEUVRES

Minimum order 4 Dozen.

Cilantro Garlic Shrimp Skewers 1 Skewer | 200 cal

Skewered Shrimp Marinated in Ginger, Garlic and Cilantro, Served with a Sweet Tomato Jam
\$29.99 per dozen

Tomato Gruyere Crostini 1 Crostini | 80 cal

Melted Gruyere Cheese, Dijon Mustard and Fresh Tomato on a Mini Puff Pastry Crostini
\$19.99 per dozen

SPECIALTY STATIONS

Spring Buffet

1 Guest | 805 - 1660 cal

Minimum group size 30.

The first flush of Spring brings warmer weather, flowering buds and the promise of a season's bounty. Celebrate and come together with this delicious buffet. LENT & PASSOVER FRIENDLY!

\$22.99 per guest

Choose one Soup:

- Matzo Ball Soup (8 oz | 140 cal)
- Cold Cantaloupe Mint Soup (8 oz | 110 cal)
- Mint Snap Pea Soup (8 oz | 80 cal)

Choose one Salad:

- Fennel & Orange Salad (1 Salad | 160 cal)
- Greek Salad (1 Salad | 80 cal)
- Spring Salad (1 Salad | 60 cal)

Choose one Entrée:

- Citrus & Herb Crusted Salmon (1 Fillet | 190 cal)
- Vegetable Roll Up (1 Roll up | 180 cal)
- Stuffed Flounder Florentine (1 Fillet | 80 cal)

Served with the following Sides and Dessert:

- Lemon Quinoa (4 oz | 210 cal)
- Roasted Asparagus Spears (3 oz | 35 cal)
- Herbed Yukon Potatoes (4 oz | 110 cal)
- Flourless Chocolate Torte (1 Slice | 440 cal)

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