



Spring  
2018

## 2018 Future Chefs Challenge a Success: Congratulations to Lawton, Oklahoma School District National Winner

Sodexo's Future Chefs challenge is designed to engage elementary school students in creating and enjoying healthy eating habits. This year, Julissa Rocha from Lawton, Oklahoma, was voted national winner in the [2018 Sodexo Future Chefs Challenge](#). Her recipe for [Asian Chicken Lettuce Wrap & Tofu Caprese Skewers](#), won over other student recipes in her home school district, then went on to outdo competing recipes among the top 40 entries from around the U.S. before securing the top spot as national winner. Over 20,000 votes were submitted to choose the national winning Future Chef during the April 23-29 video voting week.

[Sodexo](#), a food services and facilities management company committed to improving Quality of Life and student nutrition to nearly 400 school districts throughout the U.S, invited elementary school students in Sodexo-served school districts across the United States to create comfort food options that kids will enjoy.



Out of nearly 2,600 entries, Julissa was one of five finalists selected to create videos of their recipes, and the public was invited to vote for its favorite. By scoring the most votes for her *Asian Chicken Lettuce Wrap & Tofu Caprese Skewers* recipe, Julissa will be honored with a celebratory event at her school and prizes worth \$2,000.

Now in its eighth year, the Sodexo Future Chefs program encourages better eating by actively involving students in good nutrition. Students participating in the program represent 1,300 Sodexo-served elementary schools in 256 school districts and 30 states. Sodexo is committed to taking measurable sustainable actions that ensure a brighter future in the areas of health and wellness, environmental stewardship and community development. The Future Chefs program is one of the many ways Sodexo shares its health and well-being expertise with clients, customers and communities.

## So Happy Version 2 is Available for Students and Parents to Download

**So Happy** is an easy-to-use menu and nutrition app that allows parents and students to see all ingredients and allergens in every meal served in their school cafeteria on a weekly basis.

The app is ideal for menu planning, with pre-order functionality available in the new school year. Secondary students will be able to pre-order their meals a week in advance, they'll spend less time in line and more time enjoying their lunch.

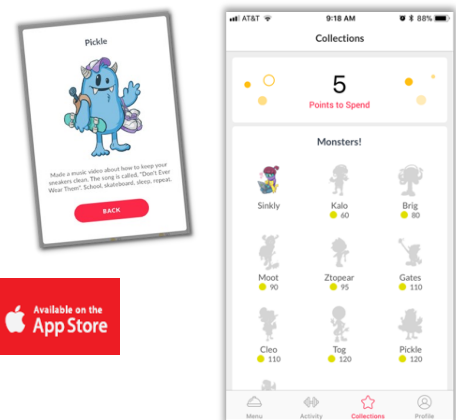
Why **So Happy**?

- Student and Parent App Connection:** Allows parents to recommend menu items to students and see a recap of the calories in and calories out for the day.
- Activity Component:** Students can log daily activity, parents see a recap of calories burned.



3. **Food and Nutrition Education:** News stream built into the parent app with information about promotions, current events, recipes and other resources.

4. **Gamification:** Students can earn points (earned by logging food and activity) and build characters within the app.



## Preparing Sports Fields for Spring

During the winter months, our Facilities Management team works hard to keep landscapes maintained and ready for the next growing season. Trees and shrubs are trimmed. Limbs and other debris from the winter storms and prior year's growth season are collected. Equipment is serviced and grounds are prepared for the start of the Spring sports season. This includes reconditioning sports fields which age during the winter season as they sit idle. Weather, vermin, insects, and other factors affect the safety and serviceability of sports fields and it's critical to recondition them now for sports activities coming in Spring.

- For soccer and ball fields, inspect fields for depressions that could result in foot and ankle injuries. Goals should be secured, home plates should be firmly in place, batters boxes should be level and appropriately compacted. Pitchers mounds should be properly constructed and depression-free. Inspect bleachers, dugouts, and backstops, making repairs as necessary.
- Inspect irrigation systems that are installed to ensure they are free of breaks and other leaks. Ensure the system is recharged, then realign sprinkler heads to ensure all areas receive the appropriate amount of water to make infields and outfields lush and green. Use the same caution with practice fields.
- Review hard surface areas such as tennis courts and outdoor basketball courts to see effects from winter. Treating cracks and sealing surfaces to create a safe court finish is important for durability and longevity of the surface as well as safety. Refresh lines where necessary.

All of these actions set the stage for safety and fun during the Spring Sports Season and are just some examples of the efforts that Sodexo puts into each School environment to enhance student well-being.