THE DAIRY BAR

SMOOTHIES
16oz 5.95

Strawberry Banana – 260 Cal
Strawberry,* Banana, Cabot Creek Yogurt, Apple Juice*

Berry Berry – 320 Cal
Blueberry,* Strawberry,* Cabot Creek Yogurt, OJ*

Orange Mango – 300 Cal
Mango,* Ginger,* Cabot Creek Yogurt, OJ*

Peachberry – 110 Cal
Blueberry,* Peach,* Almond Milk

Powerhouse – 160 Cal
Lime,* Banana, Spinach, Mint, Cucumber, Almond Milk

Green Roof – 170 Cal
Banana, Pineapple, Lime, Kale, Mint
Make it Green — 240 Cal
Banana, Mango,* Spinach, Almond Milk

Dreamsicle — 300 Cal
Banana, OJ,* Cabot Creek Yogurt

Chocolate Covered Strawberry — 260 Cal
Strawberry,* Cabot Creek Yogurt, Coco Mix, Local Skim Milk

Vermont Apple Pie — 340 Cal
Apple,* Banana, Dry Mix, Oats, Apple Juice*

Tropical Dreaming — 260 Cal
Coconut Milk, Banana, Mango,* OJ*

ADD ONS: 99¢
Cabot Whey Protein 50 Cal
Hemp Protein Powder 60 Cal
Peanut Butter 90 Cal
UVM Proctor Maple Syrup 70 Cal
Kale 15 Cal • Baby Spinach 10 Cal
Flax Seeds 75 Cal • Chia Seeds 70 Cal
Cocoa Powder 70 Cal • Fresh Grated Ginger 0 Cal

*Made with organic fruits.
All bananas are Fair Trade when available.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.