Smooth Haven

Acai
Acai, Strawberry, and Apple Juice
16 oz - 240 cal | 24 oz - 340 cal | Bowl - 340 cal

Pitaya
Dragon Fruit, Mango, Banana, and Coconut Water
16 oz - 240 cal | 24 oz - 340 cal | Bowl - 180 cal

Tropical Mango
Pineapple, Mango, Banana, and Coconut Water
16 oz - 220 cal | 24 oz - 320 cal | Bowl - 160 cal

Choose Your Liquid Base: Apple Juice, Coconut Water, Soy Milk, or Vanilla Greek Yogurt

Toppings

Strawberries
Blueberries
Raspberries
Blackberries
Banana
Pineapple
Mango
Agave

Granola
Chocolate Chips
Coconut Flakes
Flax Seeds
Chia Seeds
Hemp Seeds
Peanut Butter
Nutella

Extras

Chocolate Whey Protein
Vanilla Whey Protein
Soy Protein
Collagen
Creatine