







# simply to go

## Sandwiches

	Price	Cal
Chicken Salad on Kaiser 	\$5.29	290
Chicken Salad on Wheat 	\$5.29	270
Tuna Salad on Kaiser <i>available Mon, Weds &amp; Fri</i>	\$5.29	260
Tuna Salad on Wheat 	\$5.29	220
Tuna Salad served with Grapes  <i>available Mon, Tues &amp; Thurs</i>	\$4.89	300
Turkey & Cheddar on Kaiser <i>available Mon, Tues &amp; Thurs</i>	\$4.89	290
Tomato Mozzarella on French Bread 	\$5.99	590
PB&J on Wheat 	\$3.99	480

## Wraps

Buffalo Chicken Salad <i>available Mon, Tues &amp; Thurs</i>	\$6.49	520
Chicken Caesar	\$6.49	570
Chicken Caesar Wrap served with Pasta Salad	\$6.49	750


## Salads

Classic Chicken Caesar Salad  <i>available Mon, Weds &amp; Fri</i>	\$6.99	420
Buffalo Chicken Salad <i>available Mon, Weds &amp; Fri</i>	\$6.99	270
Classic Greek Salad  	\$6.49	150
Apple Walnut Cheddar Salad   <i>available Tues &amp; Thurs</i>	\$6.49	480

Made Right Here.

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## Snacks

	Price	Cal
Mixed Fruit Cup   	\$3.99	60
Bag of Chips	\$1.29	200-330
Chobani Yogurt	\$1.99	80-170
Strawberry Yogurt Parfait  	\$3.99	260
<i>available Tues-Fri</i>		
Blueberry Yogurt Parfait  	\$3.99	270
<i>available Mon, Tues &amp; Thurs</i>		

## Beverages

Vitamin Water	\$2.29	0-100
Smartwater	\$2.29	0
Soda	\$1.99	0-240
Juice	\$2.19	170
Peace Tea	\$1.89	5-160

 Vegetarian  Vegan  No Gluten Ingredients  Mindful

*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.*