2,000 calories a day is used for general nutrition advice, but calorie needs may vary. Additional information available upon request.

**ENTRÉES**
- Mojo Lime Jerk Chicken Breast 145 calories
- Butternut Squash Quinoa Cakes 230 calories

**SIDES**
- Coastal Style White Rice 135 calories
- Cuban Black Beans 100 calories
- Fried Plantains 125 calories

**PRICING**
- Entrée & 2 Sides $9.59
- Vegan & 2 Sides $9.39
- Side a la Carte $1.99
- 24oz Fountain Beverage $2.39

**50% OFF**

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**ENTRÉES**
- Simple Pork Green Chile  140 calories
- Big Green Taco  390 calories

**SIDES**
- Cilantro Lime Rice  140 calories
- Bandito Beans  115 calories
- Carnitas Cole Slaw  50 calories

**PRICING**
- Entrée & 2 Sides  $9.59
- Vegan & 2 Sides  $9.39
- Side a la Carte  $1.99
- 24oz Fountain Beverage  $2.39

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**ENTRÉES**

- Apricot Glazed Turkey Breast  100 calories
- Simple Spicy Kale & Garbanzo Beans  140 calories

**SIDES**

- Steamed Peas  65 calories
- Whole Berry Cranberry Sauce  45 calories
- Simple Roasted Parsnips  50 calories

**PRICING**

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ENTRÉES

Top Round London Broil  180 calories

Spicy Eggplant with Garbanzo Beans  175 calories

SIDES

Grit Cakes with Red Onion  160 calories

Green Beans with Oregano  95 calories

Roasted Plum Tomatoes  45 calories

PRICING

Entrée & 2 Sides $9.59

Vegan & 2 Sides $9.39

Side a la Carte $1.99

24oz Fountain Beverage $2.39
ENTRÉES
- Tomato Basil Pollock  120 calories
- Balsamic Grilled Portobello  75 calories

SIDES
- Spinach with Garlic and Onions  45 calories
- Brown Rice  120 calories
- Steamed Fresh Baby Carrots  40 calories

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**ENTRÉES**
- Turkey Bolognese  50 calories
- Tomato Basil Marinara  20 calories

**SIDES**
- Gluten Free Fusilli  390 calories
- Sautéed Broccoli and Garlic  50 calories
- Curried Rice with Lentils  150 calories

**PRICING**
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- Vegan & 2 Sides  $9.39
- Side a la Carte  $1.99
- 24oz Fountain Beverage  $2.39
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## ENTRÉES
- Carolina Pulled BBQ Chicken  110 calories
- Spicy Corn and Zucchini Fritters  575 calories

## SIDES
- Simple Cajun Roasted Red Potatoes  105 calories
- Whole Green Beans  90 calories

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Vegan Entrée

**Meal Plan Discount:** 50% Off

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