

# Providence Schools K-12 Lunch Menu September 2020

Monday	Tuesday	Wednesday	Thursday	Friday
31  No School	1  No School	2  No School	3  No School	4  No School
7  Labor Day  No School	8  No School	9  No School	10  No School	11  Get ready for 1 <sup>st</sup> day of school, Monday September 14 <sup>th</sup> !!
14 Turkey & Cheese Sandwich or BLT Popcorn Chicken Salad w/ Roll or Sunbutter & Jelly Sandwich Baby Carrots Applesauce Cup 1% or Fat Free Flavored Milk	15 Italian Sub or BLT Popcorn Chicken Salad w/ Roll or Sunbutter & Jelly Sandwich Chilled Peas Pear Cup 1% or Fat Free Flavored Milk	16 Ham & Cheese Sandwich or BLT Popcorn Chicken Salad w/ Roll or Sunbutter & Jelly Sandwich Black Beans Peach Cup 1% or Fat Free Flavored Milk	17 Italian Sub Or BLT Popcorn Chicken Salad w/ Roll or Sunbutter & Jelly Sandwich Broccoli Florets Fresh Apple 1% or Fat Free Flavored Milk	18 Turkey & Cheese Sandwich Or BLT Popcorn Chicken Salad w/ Roll or Sunbutter & Jelly Sandwich Celery Sticks Fresh Orange 1% or Fat Free Flavored Milk
21 Ham & Cheese Sandwich or Chicken Caesar Salad w/ Roll or Sunbutter & Jelly Sandwich Chilled Corn Peach Cup 1% or Fat Free Flavored Milk	22 Crispy Chicken Sub or Chicken Caesar Salad w/ Roll or Sunbutter & Jelly Sandwich Black Bean Salsa Mixed Fruit Cup 1% or Fat Free Flavored Milk	23 Turkey & Cheese Sandwich or Chicken Caesar Salad w/ Roll or Sunbutter & Jelly Sandwich Broccoli Florets Applesauce Cup 1% or Fat Free Flavored Milk	24 Chicken Patty Sandwich or Chicken Caesar Salad w/ Roll or Sunbutter & Jelly Sandwich Baby Carrots Fresh Apple 1% or Fat Free Flavored Milk	25 Cheese Pizza or Chicken Caesar Salad w/ Roll or Sunbutter & Jelly Sandwich Cucumber Slices Fresh Orange 1% or Fat Free Flavored Milk
28  No School	29 French Toast Sticks w/ Syrup & Egg Omelet or Asian Chicken Sub or Chef Salad w/ Roll or Sunbutter & Jelly Sandwich Roasted Potatoes Pear Cup 1% or Fat Free Flavored Milk	30 Cheeseburger or Ham & Cheese Sandwich or Chef Salad w/ Roll or Sunbutter & Jelly Sandwich  Broccoli Florets Mixed Fruit Cup 1% or Fat Free Flavored Milk	1 Mexican Beef Tortilla w/ Salsa & Cheese or Asian Chicken Sub or Chef Salad w/ Roll or Sunbutter & Jelly Sandwich Baby Carrots Fresh Apple 1% or Fat Free Flavored Milk	2 Cheese Pizza Or Ham & Cheese Sandwich or Chef Salad w/ Roll or Sunbutter & Jelly Sandwich  Roasted Italian Chickpeas Fresh Orange 1% or Fat Free Flavored Milk