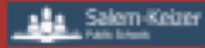


September 2021 Secondary Menu



Subject to change based on availability

Monday	Tuesday	Wednesday	Thursday	Friday
6 Holiday NO SCHOOL	7 GRADES 6 & 9 B-English Muffin, Jelly L- Nachos, Burgers, FF, & Pizza	8 B- Cinnamon Roll, Fruit & Milk L- Nachos, Burgers, FF, & Pizza	9 B- Oatmeal L- Nachos, Burgers, FF & Pizza	10 B- French Toast Sticks L- Nachos, Burgers, FF & Pizza
13 B-Pancake on a stick L- Nachos, Burgers & FF, Pizza	14 B- Cherry Frudel L-Nachos, Burgers, FF & Pizza	15 B- Egg & Cheese Sandwich L-Nachos, Burgers, FF & Pizza	16 B- Pancake/Syrup L-Nachos, Burgers, FF & Pizza	17 B- Fruit Muffin L-Nachos, Burgers, FF & Pizza
20 B- Egg & Cheese Omelet L-Nachos, Burgers, FF & Pizza	21 B- Pancake Bites L-Nachos, Burgers, FF & Pizza	22 B- Sausage & Cheese Sandwich L-Nachos, Burgers, FF & Pizza	23 B- Apple Frudel L-Nachos, Burgers, FF & Pizza	24 B-French Toast Sticks w/Syrup L-Nachos, Burgers, FF & Pizza
27 B- Egg & Cheese Omelet L-Nachos, Burgers, FF & Pizza	28 B- Breakfast Pizza L-Nachos, Burgers, FF & Pizza	29 B- Fruit Muffin L-Nachos, Burgers, FF & Pizza	30 B- Oatmeal L-Nachos, Burgers, FF & Pizza	31 *All Breakfast toast, or ½ Bagel, ½ English Muffin- comes with Jelly packet

*Burgers & Dogs come with Mustard, Mayo & Ketchup packets *Fruit, Milk come with each Breakfast. * Fruit, Veggie, & Milk come with each Lunch.



This institution is an equal opportunity employer



Fruit, Veg, Cereal & Toast Rotation

<u>Breakfast Fruit:</u>	<u>Lunch Fruit:</u>	<u>Lunch Veg</u>	<u>Sandwich:</u>	<u>Breakfast:</u>
M- Pears	Mixed Fruit	Carrot	Sun Butter & Jelly	Cold Cereal
T- Applesauce	Apple	Cauliflower	American Sand.	Cold Cereal
W- Mixed Fruit	Pears	Celery	Ham & Cheese	Cold Cereal
T- Peaches	Orange	Broccoli	Italian Sub	Cold Cereal
F- Canned Applesauce	Peaches	Carrot	Turkey & Cheese	Cold Cereal

