



Richland Secondary Schools

JAN 2019

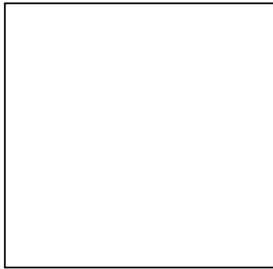
MONDAY

TUESDAY

WEDNESDAY

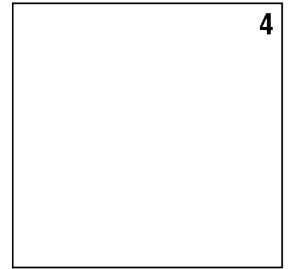
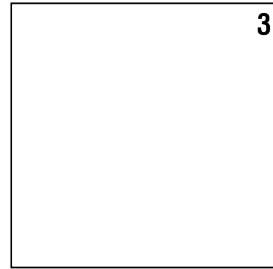
THURSDAY

FRIDAY



2

Winter Break
December 24th - January 4th



7

Waffles with Hot Apple Topping

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

8

Fresh Baked Cinnamon Roll

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

9

Sausage on a Stick

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

10

Breakfast Pizza

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

11

Whole Grain Donut Rounds

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk



14

French Toast Sticks

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

15

Sausage Breakfast Pizza

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

16

Sausage on A Stick

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

17

Biscuit and Sausage Gravy

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

18

Whole Grain Donut Rounds

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk



21

Dr. Martin Luther King Jr. Day
No School

22

Semester Day
No School

23

Sausage on a Stick

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

24

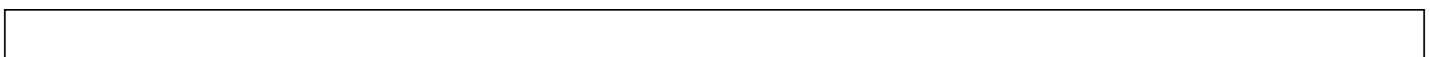
Breakfast Pizza

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

25

Whole Grain Donut Rounds

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk



28

French Toast Sticks

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

29

Sausage Breakfast Pizza

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

30

Sausage on a Stick

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

31

Biscuits and Sausage Gravy

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk

Whole Grain Donut Round

Variety of Breakfast Sandwiches with Egg, Cheese, Turkey Ham or Turkey Sausage, Cereal & Toast
Fruit and Yogurt Parfait
Bagel & Cream Cheese
Fresh Fruits, Juice and Milk