



RICE BOWLS

CHEDDAR CHICKEN & BROCCOLI \$6.09

Grilled chicken and broccoli over brown rice topped with our signature Brazilian sauce and melted cheddar Jack cheese served in a toasted flatbread shell *850 Cal*

CHICKEN FAJITA \$6.09

Grilled chicken, green peppers, red onions and mild salsa over brown rice topped with melted cheddar Jack cheese and served in a toasted flatbread shell *750 Cal*

BLACK BEANS & RICE \$5.09

Black beans and mild salsa over brown rice topped with melted cheddar Jack cheese and served in a toasted flatbread shell *840 Cal*



PANINIS

TANGY TURKEY & MOZZARELLA \$5.49

Turkey breast, mozzarella cheese and sun-dried tomatoes with our signature Brazilian sauce topped with fresh basil *520 Cal*

CLASSICO HAM & CHEESE \$6.69

Ham, cheddar Jack cheese and honey mustard sauce *640 Cal*

BUFFALO \$5.99

Grilled chicken over buffalo wing sauce topped with celery, cheddar Jack cheese and light blue cheese dressing *600 Cal*

PROVOLONE & VEGGIE \$5.19

Baby spinach, roasted red peppers, mushrooms and tomatoes with ancho chipotle sauce topped with Provolone cheese *450 Cal*



QUESADILLAS

BRAZILIAN \$6.39

Grilled chicken, tomatoes, onions, cheddar Jack cheese and Brazilian sauce topped with fajita seasoning *540 Cal*

CHICKEN FAJITA \$6.39

Grilled chicken, green peppers, red onions, mild salsa and cheddar Jack cheese topped with fajita seasoning *510 Cal*

SOUTHWESTERN \$6.39

Guacamole, red onions, black beans, mild salsa, light sour cream and cheddar Jack cheese topped with fajita seasoning *360 Cal*

CHEESE \$5.89

Mild salsa, light sour cream and cheddar Jack cheese topped with fajita seasoning *450 Cal*



GRILLED FLATBREADS

BRAZILIAN CHICKEN \$6.39

Grilled chicken and mozzarella cheese over our signature Brazilian sauce *510 Cal*

BBQ CHICKEN \$6.39

Grilled chicken and mozzarella cheese over BBQ sauce topped with fresh scallions *500 Cal*

HAWAIIAN \$6.09

Ham, bacon, pineapple, red onion, mozzarella cheese, fresh basil and Brazilian sauce *610 Cal*

PERFECTO PEPPERONI \$6.09

Pepperoni and mozzarella cheese over tomato sauce *530 Cal*

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.