1. **FLAVOR** (pick one)
   - Canola Oil
   - Garlic Oil
   - Olive Oil
   - Red Curry Oil
   - Sesame Oil

2. **BASE** (pick one)
   - Penne Pasta
   - Quinoa
   - White Rice

3. **FRUITS AND VEGETABLES** (pick up to four)
   - Black Beans
   - Button Mushrooms
   - Carrots
   - Chickpeas
   - Green Beans
   - Pineapples
   - Roasted Corn
   - Sweet Peas
   - Yellow Onions

4. **PROTEIN** (pick one)
   - Monday - Thursday
     - Beef
     - Tofu
   - Friday
     - Shrimp

5. **TOPPINGS** (pick up to two)
   - Pico de Gallo
   - Roasted Garlic Hummus

6. **SAUCE** (pick up to two)
   - Hoisin
   - Soy
   - Sriracha
   - Sweet Chili
   - Teriyaki

7. **SIDE**
   - Pita Bread
**1. FLAVOR** (pick one)
- Canola Oil
- Garlic Oil
- Olive Oil
- Red Curry Oil
- Sesame Oil

**2. BASE** (pick one)
- Quinoa
- Orzo
- Udon Noodles

**3. FRUITS AND VEGETABLES** (pick up to four)
- Black Beans
- Button Mushrooms
- Carrots
- Chickpeas
- Green Beans
- Pineapples
- Roasted Corn
- Spinach
- Sweet Peas
- Yellow Onions

**4. PROTEIN** (pick one)
- Monday - Thursday
  - Chicken
  - Tofu
- Friday
  - Shrimp

**5. TOPPINGS** (pick up to two)
- Pico de Gallo
- Roasted Garlic Hummus

**6. SAUCE** (pick up to two)
- Hoisin
- Soy
- Sriracha
- Sweet Chili
- Teriyaki

**7. SIDE**
- Pita Bread