

# SMOOTHIES

Smoothies may contain PureVia™ sugar substitute

## FRUIT & YOGURT

	16 oz.	24 oz.	cal.
<b>STRAWBERRY BANANA</b> Strawberry, Banana, Yogurt	\$5.09	\$6.09	240/310
<b>POMEGRANATE</b> Pomegranate Juice, Blueberry, Yogurt	\$5.09	\$6.09	290/400
<b>TROPICAL MANGO</b> Mango, Pineapple, Yogurt	\$5.09	\$6.09	260/330
<b>TROPICAL PINEAPPLE</b> Pineapple, Banana, Yogurt	\$5.09	\$6.09	290/360
<b>MANGO BANANA</b> Mango, Banana, Yogurt	\$5.09	\$6.09	340/450

## FRUIT & YOGURT

DAIRY FREE. NO SUGAR ADDED.

	16 oz.	24 oz.	cal.
<b>MANGO MELODY</b> Mango, Pineapple, Banana, Apple-Orange Juice	\$5.09	\$6.09	150/220
<b>STRAWBERRY SONATA</b> Strawberry, Banana, Apple-Orange Juice	\$5.09	\$6.09	160/230
<b>RASPBERRY JAMMIN</b> Raspberry, Strawberry, Banana, Apple-Orange Juice	\$5.09	\$6.09	150/220
<b>BERRY MEDLEY HIBISCUS</b> Raspberry, Mango, Banana, Apple-Orange Juice, Hibiscus, Lychee	\$5.09	\$6.09	170/260

## BODY BALANCE

PRE-BOOSTED

	16 oz.	24 oz.	cal.
<b>BANANA PEANUT BUTTER PROTEIN</b> Banana, Peanut Butter, Granola, Yogurt, Protein Blend	\$5.39	\$6.39	240/310
<b>STRAWBERRY ENERGIZER</b> Strawberry, Banana, Yogurt, Energy Boost	\$5.39	\$6.39	290/400
<b>SUPER PEANUT BUTTER CUP</b> Peanut Butter, Banana, Chocolate, Dark Chocolate Mate, Metabolic Boost	\$5.39	\$6.39	260/330
<b>POMEGRANATE PROTECTOR</b> Pomegranate Juice, Acai, Blueberry, Banana, Yogurt, Green Tea Extract	\$5.39	\$6.39	290/360
<b>SUPER BERRY FLOWER POWER</b> Strawberry, Hibiscus, Mango, Pineapple, Banana, Yogurt	\$5.39	\$6.39	340/450

## SPOONABLES

MADE WITH RED MANGO YOGURT

		cal.
<b>STRAWBERRY BANANA</b> with peanut butter	\$6.39	550
<b>MANGO BANANA</b>	\$6.39	380

SUBSTITUTE WITH **organic SOY MILK** +\$0.59



# FRESH JUICE

## DAILY DETOX

16 oz. cal.

### SWEET GREENS

**BEAUTY & THE GREENS** \$6.09 210  
Apple, Kale, Lemon, Spinach, Cucumber, Celery

**SWEET GREEN ZING** \$6.09 230  
Apple, Kale, Lemon, Spinach, Cucumber, Celery, Ginger

### ROOTS & FRUITS

**24 CARROT KALE** \$6.09 230  
Carrot, Kale, Orange

**FRED & GINGER** \$6.09 330  
Apple, Ginger, Lemon, Beet

**CITRUS BEETS** \$6.09 250  
Beet, Orange, Apple, Lemon Pineapple

## SUPER FOODS

16 oz. cal.

**SUPER KIWI APPLE** \$7.09 310  
Apple, Kiwi, Kale, Cucumber

**THE "SPK" SPECIAL** \$7.09 330  
Spinach, Pineapple, Kale, Mint

**ELIXIR OF PEAR** \$7.09 270  
Pear, Kiwi, Spinach, Cucumber

## EASY GREENS

16 oz. cal.

### PERFECT FOR EVERYONE

**TROPICAL DETOX** \$6.09 210  
Pineapple, Pear, Kiwi, Cucumber, Mint

**COOL PINEAPPLE ZEN** \$6.09 230  
Pineapple, Cucumber, Apple, Lemon, Mint

**SWEET PINEAPPLE GREENS** \$6.09 230  
Pineapple, Spinach, Mint

## SIMPLY JUICE

16 oz. cal.

**ORANGE** \$3.19 225

**CARROT** \$2.99 190

**CARROT ORANGE** \$2.99 210

**APPLE CARROT** \$2.99 210

**APPLE CARROT ORANGE** \$2.99 210

**APPLE PEAR** \$3.49 235

**APPLE CINNAMON PEAR** \$3.49 235

## POWER UPS

16 oz. cal.

**SWEET KALE IMMUNITY** \$5.09 240  
Kale, Apple, Carrot, Orange, Lemon

**THE HEART BEETER** \$6.09 290  
Beet, Carrot, Apple, Ginger, Spinach, Lemon

**GINGER ENERGY SPARK** \$5.09 230  
Ginger, Apple, Carrot

**SPICY COLD BURNER** \$5.09 260  
Apple, Kale, Carrot, Ginger, Orange, Lemon, Cayenne

## SWEET BEETS

16 oz. cal.

**BEET & CARROT** \$4.09 250

**BEET APPLE CARROT** \$4.09 250

**BEET APPLE ORANGE** \$4.59 250





# YOGURT & PARFAITS

## FROZEN YOGURT

**Small** (120 - 150 cal.) **\$3.09**

**Regular** (190 - 250 cal.) **\$4.09**

**Large** (280 - 370 cal.) **\$5.09**

**One Extra Topping** **\$0.80**

**Each Additional** **\$0.50**

**Take Home** 32 oz. **\$9.99**  
(400 - 800 cal.)

## PARFAITS

**Mixed Berry** (280 cal.) **\$4.59**

Strawberries, Blueberries,  
Banana, Granola, Yogurt

**Tropical** (320 cal.) **\$4.59**

Mango, Pineapple, Banana,  
Granola, Yogurt



## FLAVORS OF THE WEEK

**WEEKLY SPECIAL**

**WEEKLY SPECIAL**

**WEEKLY SPECIAL**

