

THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF AMERICAN REGIONAL.



## EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

## FAST TAKES

**IN A HURRY,  
NO WORRY!**

### OFFERED DAILY

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese or Ham and Cheese



Fresh Baked Bread Offered Daily with Salad



### CHECK THIS OUT!

Southwest BBQ chicken salad or sub on a roasted garlic roll with BBQ roasted chicken and roasted peppers and onions.

## DELI

### EVERYDAY SELECTIONS

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

### Toppings

Shredded Lettuce  
Sliced Tomatoes  
Sliced Red Onion  
Jalapeños  
Pickles

### OTHER DAILY OPTIONS

Seasoned Flaked Tuna or Hummus



### TRY THIS ONE!

Southwest BBQ chicken salad or sub on a roasted garlic roll with BBQ roasted chicken and roasted peppers and onions.

## GRILL

### EVERYDAY SELECTIONS

Classic Cheeseburger  
Crispy Chicken Sandwich

### Toppings

Shredded Lettuce  
Sliced Tomatoes  
Sliced Red Onion  
Jalapeños  
Pickles

**Monday** Crispy Fish Sandwich

**Tuesday** Rib-B-Que

**Wednesday** Toasted Cheese

**Thursday** Chicken Tender Sandwich

**Friday** Bacon Cheeseburger

Offered with Veggie Sticks or French Fries

## PIZZA

### EVERYDAY SELECTIONS

Pepperoni Pizza  
Cheese Pizza

Offered with Toasted Garlic Caesar Salad

### DAILY PASTA OPTIONS

Home-style Cheddar Mac



Fresh Baked Bread Offered Daily with Pasta



### SHAKE IT UP!

BBQ chicken pizza topped with roasted peppers and onions and smoky BBQ sauce.

## This week in GLOBAL



**Choice of:** Tortilla Chips, 6" & 10" Tortilla, Cilantro Lime Rice or Taco Salad Bowl

### EVERYDAY SELECTIONS

Taco Beef or Cheddar Cheese Sauce

**Monday** Carnitas served with Refried Beans or Aztec Corn

**Tuesday** Fajita Chicken served with Mexican Black Beans or Aztec Corn

**Wednesday** Carnitas served with Refried Bean or Aztec Corn

**Thursday** Fajita Chicken served with Black Beans or Aztec Corn

**Friday** Carnitas served with Refried Beans or Aztec Corn

## KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

### Buffalo Ranch

Buttermilk ranch dressing blended with cayenne pepper sauce.

### Banana Pepper Sauce

A spicy mixture of sliced banana peppers and cayenne pepper sauce blended with buttermilk ranch dressing.

### Creamy Sriracha

Mayonnaise infused with spicy sriracha chili sauce.

### Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.



## This week in ADVENTURE



### EVERYDAY

**Monday** Bean & Cheese Enchilada with Cilantro Lime Rice

**Tuesday** Build to order Chicken Pho with Steamed Rice

**Wednesday** Cheese Zombie & Tomato Soup

**Thursday** Chili & Cinnamon Roll

**Friday** Chicken Taco Soup & Cheese Quesadilla

JANUARY 28, 2019

RICHLAND HIGH SCHOOL

Additional nutrition information available upon request.