

THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF AMERICAN REGIONAL.



EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

FAST TAKES

**IN A HURRY,
NO WORRY!**

OFFERED DAILY

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese or Ham and Cheese



Fresh Baked Bread Offered Daily with Salad

CHECK THIS OUT!



Buffalo chicken salad or wrap with spicy buffalo chicken, carrots, cucumber, diced tomatoes and cheddar cheese.

DELI

EVERYDAY SELECTIONS

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

Toppings

Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles

OTHER DAILY OPTIONS

Seasoned Flaked Tuna or Hummus



TRY THIS ONE!

Buffalo chicken salad or wrap with spicy buffalo chicken, carrots, cucumber, diced tomatoes and cheddar cheese.

GRILL

EVERYDAY SELECTIONS

Classic Cheeseburger
Crispy Chicken Sandwich

Toppings

Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles

Monday Taco Joe

Tuesday Cordon Bleu

Wednesday Pulled BBQ

Thursday Ninja Burger

Friday Chicken Parmesan

Offered with Veggie Sticks or French Fries

PIZZA

EVERYDAY SELECTIONS

Pepperoni Pizza
Cheese Pizza

Offered with Toasted Garlic Caesar Salad

DAILY PASTA OPTIONS

Baked Penne Pasta



Fresh Baked Bread Offered Daily with Pasta



SHAKE IT UP!

Buffalo chicken pizza topped with carrots, celery, cucumbers and Buffalo ranch sauce.

This week in GLOBAL



Choice of: Lo Mein Noodles, Steamed Brown Rice or Oven Fried Brown Rice

EVERYDAY SELECTIONS

Sweet & Sour Chicken

Monday Teriyaki Beef

Tuesday General Tso Chicken

Wednesday Spicy Orange Chicken

Thursday Teriyaki BBQ

Friday Creamy Sriracha Chicken

Choice of Side: Sesame Roasted Carrots or Roasted Broccoli

KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

Buffalo Ranch

Buttermilk ranch dressing blended with cayenne pepper sauce.

Banana Pepper Sauce

A spicy mixture of sliced banana peppers and cayenne pepper sauce blended with buttermilk ranch dressing.

Creamy Sriracha

Mayonnaise infused with spicy sriracha chili sauce.

Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.



This week in

ADVENTURE **Summers**

PICK ONE!

Crispy Chicken Tenders
or
Herb Roasted Chicken

ADD ONE!

Freshly Baked Biscuit
or
Toasted Waffle

CHOOSE ONE!

Mashed Potatoes and Gravy
Tater Tot Hash
or
Roasted Green Beans

JANUARY 21, 2019

RICHLAND HIGH SCHOOL

Additional nutrition information available upon request.