Quarantine Packaged Meals

To Order a daily package please click below:
https://bus.lmu.edu/otherservices/mealdelivery/

Monday, March 1st, 2021

Vegetarian Option - $30

Breakfast
Overnight Old Fashion Oats soaked in Almond Milk with Fresh Fruit (Allergens: gluten, tree nut)

Soup of the Day
Creamy Potato Chili Soup
(allergens: Milk, Wheat, Soy, Gluten)

Lunch
Marinara Grilled Vegetable Pasta Bowl (Allergens: gluten, soybean, wheat)

Dinner
Vegetarian – Teriyaki Tofu: Quinoa, Celery, Onions and Tomatoes tossed in Ponzu Sauce. (Allergens: wheat, soy bean, gluten)

Snacks & Beverages
Cookies
Granola/Protein Bar
(2) Power Aid
(3) Dasani Water

Comfort Option - $39

Breakfast
Overnight Old Fashion Oats soaked in Almond Milk with Fresh Fruit (Allergens: gluten, tree nut)

Soup of the Day
Creamy Potato Chili Soup
(allergens: Milk, Wheat, Soy, Gluten)

Lunch
Pork Stir Fry - Fried Pork, Serrano Peppers, Bok Choy and Soba Noodles in sweet Chili Sauce (Allergens: wheat, soy bean, gluten, sesame)

Dinner
Garlic Cilantro Braised Chicken: Yogurt, garlic and cumin marinated chicken with Lemon Zest and Cilantro served over Brown rice (Allergens: dairy, soybean, wheat)

Snacks & Beverages
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water
Vegetarian Option - $30

**Breakfast**
Avocado Toast: Smashed Avocado on Toasted Multi-Grain Bread topped with Sliced Tomatoes (Allergens: gluten, wheat)

**Soup of the Day**
Creamy Potato Chili Soup
(allergens: Milk, Wheat, Soy, Gluten)

**Lunch**
VEGETARIAN – Tex Mex Vegetable Quesadilla: seasoned squash, Greens, Peppers, Onions, Cheddar Cheese  (Allergens: dairy, eggs, gluten, soybean, tree nuts, wheat)

**Dinner**
VEGETARIAN – Vegetarian Beef served with Cilantro Mash Potatoes and Broccoli  
(Allergens: dairy, soy bean wheat)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water

Comfort Option - $39

**Breakfast**
Avocado Toast: Smashed Avocado on Toasted Multi-Grain Bread topped with Sliced Tomatoes (Allergens: gluten, wheat)

**Soup of the Day**
Creamy Potato Chili Soup
(allergens: Milk, Wheat, Soy, Gluten)

**Lunch**
Sweet & Spicy Glazed Chicken Stir Fry: Deep-Fried Crispy Chicken Stir-Fried with Green Onions, Peppers, Pineapple and Sweet and Sour Sauce (Allergens: eggs, wheat, gluten, sesame)

**Dinner**
Flank Steak: Marinated Beef served with Cilantro Mash Potatoes and Broccoli  
(Allergens: dairy, soy bean wheat)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water
Wednesday, March 3rd, 2021

Vegetarian Option - $30

**Breakfast**
Overnight Old Fashion Oats soaked in Almond Milk with Fresh Fruit (Allergens: gluten, tree nut)

**Soup of the Day**
Cuban Black Bean Soup
(allergens: soy bean)

**Lunch**
Vegetarian Meatless Chicken Farro Bowl Farro topped grilled eggplant, bruschetta and pesto mayonnaise. (Allergens: dairy, wheat, soy bean, tree nuts, gluten)

**Dinner**
VEGETARIAN – Pasta Bolognese - Meatless Italian Sausage, pasta tossed in sauce made with slow simmered mushrooms, tomatoes, and spices (Allergens: wheat, soy bean, gluten)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water

Comfort Option - $39

**Breakfast**
Overnight Old Fashion Oats soaked in Almond Milk with Fresh Fruit (Allergens: gluten, tree nut)

**Soup of the Day**
Cuban Black Bean Soup
(allergens: soy bean)

**Lunch**
Grilled Chicken Rice Bowl Farro topped with Balsamic Chicken, Grilled Eggplant, and Pesto Mayonnaise. (Allergens: wheat, soy bean, egg, tree nuts, gluten)

**Dinner**
Pasta Meat Bolognese - Pasta tossed in sauce made with slow simmered mushrooms, tomatoes, and spices (Allergens: wheat, soy bean, gluten)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water
Vegetarian Option - $30

**Breakfast**
Irish Oatmeal with Fresh Berries (Allergens: gluten)

**Soup of the Day**
Lentil Soup
(allergens: soy bean)

**Lunch**
VEGAN – Mexican Meatless Meatloaf & Roasted Potatoes seasoned with bread crumbs, taco seasoning, onions, carrots and peppers with Mexican glaze (Allergens: milk, eggs, fish, wheat, soy bean, gluten, sesame, sulphites)

**Dinner**
VEGAN – Korean Stir-Fried Vegetables & Pan Fried Tofu with Soy Sauce, Sesame Oil & Jalapeño Pepper served over Brown Rice (Allergens: gluten, sesame, soybean, wheat)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water

Comfort Option - $39

**Breakfast**
Bacon, Egg & Cheese Breakfast Burrito with Fresh Fruit (Allergens: dairy, eggs, gluten, wheat)

**Soup of the Day**
Lentil Soup
(allergens: soy bean)

**Lunch**
Mexican Meat - Meatloaf & Roasted Potatoes seasoned with bread crumbs, taco seasoning, onions, carrots and peppers with Mexican glaze (Allergens: milk, eggs, fish, wheat, soy bean, gluten, sesame, sulphites)

**Dinner**
Dijon Chicken Breast served with Brown Rice & Lemon Garlic Green Beans (Allergens: mustard, soybean)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water
Friday, March 5th, 2021

**Vegetarian Option - $30**

**Breakfast**
Overnight Old Fashion Oats soaked in Almond Milk with Fresh Fruit (Allergens: gluten, tree nut)

**Lunch**
VEGETARIAN – Meatless Chicken Burrito - Chipotle farro, mozzarella, diced chipotle chicken, black bean salsa, shredded romaine & cilantro chili yogurt wrapped in a flour tortilla (Allergens: dairy, gluten, soybean, tree nuts, wheat)

**Dinner**
VEGETARIAN – Citrus Tofu Nacho (Allergens: dairy, eggs, gluten, tree nuts, wheat)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water

**Comfort Option - $39**

**Breakfast**
Overnight Old Fashion Oats soaked in Almond Milk with Fresh Fruit (Allergens: gluten, tree nut)

**Lunch**
Grilled Shrimp Burrito Bowl - Chipotle Shrimp, farro, mozzarella, black bean salsa, shredded Romaine & cilantro (Allergens: dairy, gluten, soybean, tree nuts, wheat)

**Dinner**
Grilled Salmon served with Mash Potatoes, Roasted Zucchini, Red Onions & Peppers with Chimichurri Sauce (Allergens: dairy mustard, soybean)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water
Vegetarian Option - $30

**Breakfast**
Irish Oatmeal with Fresh Berries (Allergens: gluten)

**Lunch**
VEGAN – Citrus Tofu Nacho – Tortilla chips fried, cheese sauce, jalapeno salsa
(Allergens: dairy gluten, soybean, wheat)

**Dinner**
VEGAN – Paella (Famous Spanish Rice Dish) made with Lima Beans, Peas, Green Beans and Artichoke (Allergens: none)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water

Comfort Option - $39

**Breakfast**
Bacon, Egg & Cheese Breakfast Burrito with Fresh Fruit (Allergens: dairy, eggs, gluten, wheat)

**Lunch**
Buffalo Chicken Potato Bowl - Creamy Mashed Potatoes Topped with Spicy Crispy Buffalo Chicken, Bleu Cheese, and Scallion (Allergens: dairy, gluten, soybean, wheat)

**Dinner**
Ethiopian Grilled Chicken - spiced grilled chicken with a savory tomato onion jam and honey lime cucumber slaw with potato wedges Allergens: (dairy, gluten, mustard, soybean, wheat)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water
Vegetarian Option - $30

**Breakfast**
Avocado Toast: Smashed Avocado on Toasted Multi-Grain Bread topped with Sliced Tomatoes (Allergens: gluten, wheat)

**Lunch**
VEGETARIAN – Spicy Black Bean Burger on a Bun with lettuce, Tomatoes and Cilantro Lime Mayonnaise served with House Chips (Allergens: dairy, eggs, gluten, mustard, sesame, soybean, wheat)

**Dinner**
Vegetarian – Barbecue Tofu Wrap – BBQ Tofu, Eggs, Seasoned Potato Tots, Cheese (Allergens: dairy, gluten, soybean, tree nuts, wheat)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water

Comfort Option - $39

**Breakfast**
Corn Dogs served with Potato Wedges and Mustard (Allergens: dairy, gluten, soybean, wheat)

**Lunch**
Pepperoni Pizza (Allergens: dairy, gluten, soybean, wheat)

**Dinner**
Chicken Stew Mash Potato Casserole - Chicken stew topped with cheddar mashed potatoes (Allergens: milk, wheat, soy bean, gluten, sulphites)

**Snacks & Beverages**
Cookies
Granola/Protein Bar
(2) Power Aids
(3) Dasani Water