

Pickles

Food item	Cal	Fat	Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carb	Fiber	Sugar	Protein	
Calories	g	g	g	g	mg	mg	g	g	g	g		
Sandwiches												
The Showbird	1 sandwich*	900	405	45	15	0	155	2710	59	3	8	62
Statue of Liberty	1 sandwich*	630	288	32	11	0	40	1620	64	3	4	20
Fahgettaboudit	1 sandwich*	1110	657	73	21	0	150	4070	65	3	6	47
Brooklyn Beef	1 sandwich*	910	441	49	13	0	220	1830	61	3	9	59
Green Central Station	1 sandwich*	770	459	51	7	0	20	1870	71	14	13	16
Reuben-Feller Square	1 sandwich*	840	387	43	12	0	125	3180	58	4	5	56
Central Pork	1 sandwich*	840	333	37	11	0	125	2790	63	2	7	53
Must Hav'Alotta	1 sandwich*	1220	783	87	28	0	230	4620	60	2	7	54
I Heart New Pork	1 sandwich*	1080	630	70	22	0	165	4900	50	3	6	59
Yellow Taxi Turkey	1 sandwich*	1290	783	87	24	0	240	4310	59	3	9	66
Copacabana Cutlet	1 sandwich*	970	504	56	9	0	135	2600	82	4	11	36
Touring Turkey	1 sandwich*	1180	612	68	15	0	150	4500	76	6	12	67
Ellis Egg-land	1 sandwich*	1250	774	86	25	1	525	4590	43	2	8	74
Five Points	1 sandwich*	850	513	57	13	0	230	2430	48	9	7	36
Wall Street Whatever-low	1 sandwich*	600	234	26	6	0	60	2070	56	4	2	40
Wall Street Whatever-high	1 sandwich*	1000	585	65	18	0	125	3260	58	3	2	40
Sides												
Egg Salad	8 oz	290	180	20	5	0	585	1070	10	<1	7	18
Chicken Salad	8 oz	360	171	19	3	0	120	460	11	1	3	34
Tuna Salad	8 oz	420	315	35	5	0	70	970	3	1	1	25
Coleslaw	8 oz	100	63	7	1	0	<5	130	9	2	5	1
Potato Salad	8 oz	260	144	16	6	0	30	510	21	2	2	8
Macaroni salad	8 oz	320	81	9	1.5	0	10	1120	54	3	7	8
Quinoa salad	8 oz	230	72	8	1	0	0	820	31	6	3	9
house-made chips	3.5 oz	200	135	15	1.5	0	0	560	17	1	1	1
Desserts												
Cannoli	2 cannolis	340	135	15	7	0	50	40	38	0	20	10
Tiramisu	1 piece	300	153	17	11	0	90	135	31	0	25	2
NY Cheesecake	1 piece	390	243	27	12	0	65	530	31	0	26	7
Blondie	1 piece	310	150	17	5	0	20	100	36	2	23	4
Extras												
Kosher Dill Spears	1 pickle	0	0	0	0	0	0	360	0	0	0	0
Bread and butter pickles	1 oz	30	0	0	0	0	0	190	7	0	7	4
Pickled red onion	2 oz	25	0	0	0	0	0	160	6	<1	3	<1
Pickled vegetables	2 oz	15	0	0	0	0	0	75	3	<1	2	<1

*all sandwiches are served with pickles and house-made potato chips