

Providence Schools Pre-K Lunch Menu October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
4 Hot Dog or Chef Salad with WG Roll or Sunbutter & Jelly Sandwich Cole Slaw Sweet Potato Fries Applesauce 1% or Skim Milk	5 Macaroni and Cheese with Roll or Chef Salad with WG Roll or Sunbutter & Jelly Sandwich Italian Garbanzo Beans Steamed Broccoli Applesauce 1% or Skim Milk	6 Popcorn Chicken Bowl or Chef Salad with WG Roll or Sunbutter & Jelly Sandwich Steamed Corn Mashed Potatoes Applesauce 1% or Skim Milk	7 Sazón Roast Turkey with Spanish Rice & Beans or Chef Salad with WG Roll or Sunbutter & Jelly Sandwich Green Pepper Strips Grape Tomatoes Applesauce 1% or Skim Milk	8 Fresh Baked Cheese or BBQ Chicken Pizza or Chef Salad with WG Roll or Sunbutter & Jelly Sandwich Green Pepper Strips Roasted Butternut Squash Applesauce 1% or Skim Milk
11 Columbus Day No School	12 Cheesy Dunkers with Marinara Sauce or Turkey & Cheese Sandwich or Sunbutter & Jelly Sandwich Steamed Carrots Side Salad Chilled Pears 1% or Skim Milk	13 Beef and Cheese Nachos with Salsa or Turkey & Cheese Sandwich or Sunbutter & Jelly Sandwich Mexican 3 Bean Salad Baby Carrots Chilled Pears 1% or Skim Milk	14 French Toast with Turkey Sausage and Syrup or Turkey & Cheese Sandwich or Sunbutter & Jelly Sandwich Home Fries Celery Sticks Chilled Pears 1% or Skim Milk	15 Fresh Baked Cheese or Pepperoni Pizza or Turkey & Cheese Sandwich or Sunbutter & Jelly Sandwich Celery Sticks Cucumber Coins Chilled Pears 1% or Skim Milk
18 Chicken Patty Sandwich or Turkey BLT Salad with WG Roll or Sunbutter & Jelly Sandwich Grape Tomatoes Steamed Green Beans Chilled Peaches 1% or Skim Milk	19 Penne Pasta with Meatballs and Garlic Roll or Turkey BLT Salad with WG Roll or Sunbutter & Jelly Sandwich Steamed Broccoli Grape Tomatoes Chilled Peaches 1% or Skim Milk	20 Distance Learning Day	21 BBQ Pulled Pork Sandwich or Turkey BLT Salad with WG Roll or Sunbutter & Jelly Sandwich Baked Beans Roasted Potatoes Chilled Peaches 1% or Skim Milk	22 Fresh Baked Cheese or Hawaiian Pizza or Turkey BLT Salad with WG Roll or Sunbutter & Jelly Sandwich Pepper Strips Cucumber Coins Chilled Peaches 1% or Skim Milk
25 Cheeseburger or Ham & Cheese Sandwich or Sunbutter & Jelly Sandwich Potato Wedges Baked Beans Chilled Mixed Fruit 1% or Skim Milk	26 General Tso Chicken with Vegetable Fried Rice or Ham & Cheese Sandwich or Sunbutter & Jelly Sandwich Baby Carrots Steamed Broccoli Chilled Mixed Fruit 1% or Skim Milk	27 Breaded Fish & Cheese Sandwich or Ham & Cheese Sandwich or Sunbutter & Jelly Sandwich Zucchini Coins Steamed Carrots Chilled Mixed Fruit 1% or Skim Milk	28 Shepherd's Pie or Ham & Cheese Sandwich or Sunbutter & Jelly Sandwich Caesar Salad Baby Carrots Chilled Mixed Fruit 1% or Skim Milk	29 Fresh Baked Cheese or Buffalo Chicken Pizza or Ham & Cheese Sandwich or Sunbutter & Jelly Sandwich Caesar Salad Roasted Cauliflower Chilled Mixed Fruit 1% or Skim Milk
1 Hot Dog or Chef Salad with WG Roll or Sunbutter & Jelly Sandwich Cole Slaw Sweet Potato Fries Applesauce 1% or Skim Milk	2 Macaroni and Cheese with Roll or Chef Salad with WG Roll or Sunbutter & Jelly Sandwich Italian Garbanzo Beans Steamed Broccoli Applesauce 1% or Skim Milk	3 Popcorn Chicken Bowl or Chef Salad with WG Roll or Sunbutter & Jelly Sandwich Steamed Corn Mashed Potatoes Applesauce 1% or Skim Milk	4 Sazón Roast Turkey with Spanish Rice & Beans or Chef Salad with WG Roll or Sunbutter & Jelly Sandwich Green Pepper Strips Grape Tomatoes Applesauce 1% or Skim Milk	5 Fresh Baked Cheese or BBQ Chicken Pizza or Chef Salad with WG Roll or Sunbutter & Jelly Sandwich Green Pepper Strips Roasted Butternut Squash Applesauce 1% or Skim Milk