

Providence Schools Middle School Café Lunch Menu September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
6 Labor Day	7	8 Welcome Back To School!	9 Chicken Fajita w/ Yellow Rice Turkey & Cheese Sub Buffalo Chicken Sub Assorted Pizza Chicken Caesar Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Steamed Corn Celery Sticks Chilled Pears Assorted Hand Fruit 1% or FF Flavored Milk	10 Macaroni & Cheese w/ Roll Turkey & Cheese Sub Buffalo Chicken Sub Assorted Pizza Chicken Caesar Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Broccoli Florets Celery Sticks Chilled Pears Assorted Hand Fruit 1% or FF Flavored Milk
13 Chicken Tenders w/ Rice Pilaf Turkey Ham & Cheese Sub Buffalo Chicken Sub Assorted Pizza Chicken Caesar Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Cucumber Slices Baby Carrots Chilled Pears Assorted Hand Fruit 1% or FF Flavored Milk	14 Cheesy Dunkers w/ Marinara Turkey Ham & Cheese Sub Buffalo Chicken Sub Assorted Pizza Chicken Caesar Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Steamed Carrots Cucumber Slices Chilled Pears Assorted Hand Fruit 1% or FF Flavored Milk	15 Beef & Cheese Nachos w/ Salsa Turkey Ham & Cheese Sub Buffalo Chicken Sub Assorted Pizza Chicken Caesar Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Mexican 3 Bean Salad Baby Carrots Chilled Pears Assorted Hand Fruit 1% or FF Flavored Milk	16 No School PD Day	17 Chicken Broccoli Alfredo w/ Roll Turkey Ham & Cheese Sub Buffalo Chicken Sub Assorted Pizza Chicken Caesar Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Broccoli Florets Celery Sticks Chilled Pears Assorted Hand Fruit 1% or FF Flavored Milk
20 Chicken Fried Rice w/ Dumplings Chicken Patty Sandwich Cheeseburger Asian Chicken Sub Chicken Salad Sandwich Turkey BLT Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Green Beans Grape Tomatoes Chilled Peaches Assorted Hand Fruit 1% or FF Flavored Milk	21 Chicken Meatballs w/ Pasta & Sauce Chicken Patty Sandwich Cheeseburger Asian Chicken Sub Chicken Salad Sandwich Turkey BLT Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Steamed Broccoli Grape Tomatoes Chilled Peaches Assorted Hand Fruit 1% or FF Flavored Milk	22 Chicken Fajita w/ Yellow Rice Chicken Patty Sandwich Cheeseburger Asian Chicken Sub Chicken Salad Sandwich Turkey BLT Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Steamed Corn Mexican 3 Bean Salad Chilled Peaches Assorted Hand Fruit 1% or FF Flavored Milk	23 BBQ Pulled Pork Sandwich Chicken Patty Sandwich Cheeseburger Asian Chicken Sub Chicken Salad Sandwich Turkey BLT Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Baked Beans Roasted Potatoes Chilled Peaches Assorted Hand Fruit 1% or FF Flavored Milk	24 Beef Picadillo w/ Rice Pilaf Chicken Patty Sandwich Cheeseburger Asian Chicken Sub Chicken Salad Sandwich Turkey BLT Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Green Pepper Strips Plantains Chilled Peaches Assorted Hand Fruit 1% or FF Flavored Milk
27 Beef Patty Melt Turkey Ham & Cheese Sandwich Chicken Caesar Sub Assorted Pizza Buffalo Chicken Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Baked Beans Zucchini Coins Chilled Mixed Fruit Assorted Hand Fruit 1% or FF Flavored Milk	28 General Tso's Chicken w/ Fried Rice Turkey Ham & Cheese Sandwich Chicken Caesar Sub Assorted Pizza Buffalo Chicken Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Baby Carrots Broccoli Florets Chilled Mixed Fruit Assorted Hand Fruit 1% or FF Flavored Milk	29 Hot Fish Sandwich Turkey Ham & Cheese Sandwich Chicken Caesar Sub Assorted Pizza Buffalo Chicken Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Potato Wedges Steamed Carrots Chilled Mixed Fruit Assorted Hand Fruit 1% or FF Flavored Milk	30 Shepherd's Pie Turkey Ham & Cheese Sandwich Chicken Caesar Sub Assorted Pizza Buffalo Chicken Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Baby Carrots Celery Sticks Chilled Mixed Fruit Assorted Hand Fruit 1% or FF Flavored Milk	1 Chicken Parmesan Sandwich Turkey Ham & Cheese Sandwich Chicken Caesar Sub Assorted Pizza Buffalo Chicken Salad w/ Breadstick Garden Salad w/ Breadstick Sunbutter & Jelly Sandwich Roasted Cauliflower Celery Sticks Chilled Mixed Fruit Assorted Hand Fruit 1% or FF Flavored Milk