

# Providence Schools

## Middle School Café Lunch Menu

### October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
4 Hot Dog Cheeseburger Chicken Patty Sandwich Grilled Chicken Sandwich Bruschetta Chicken Sandwich Italian Sandwich Chef Salad w/ WG Roll Garden Salad w/ WG Roll Cole Slaw Sweet Potato Fries Applesauce 1% or FF Flavored Milk	5 Macaroni and Cheese with Roll Cheeseburger Chicken Patty Sandwich Grilled Chicken Sandwich Bruschetta Chicken Sandwich Italian Sandwich Chef Salad w/ WG Roll Garden Salad w/ WG Roll Italian Garbanzo Beans Steamed Broccoli Applesauce 1% or FF Flavored Milk	6 Popcorn Chicken Bowl Cheeseburger Chicken Patty Sandwich Grilled Chicken Sandwich Bruschetta Chicken Sandwich Italian Sandwich Chef Salad w/ WG Roll Garden Salad w/ WG Roll Steamed Corn Mashed Potatoes Applesauce 1% or FF Flavored Milk	7 Sazón Roast Turkey with Spanish Rice & Beans Cheeseburger Chicken Patty Sandwich Grilled Chicken Sandwich Bruschetta Chicken Sandwich Italian Sandwich Chef Salad w/ WG Roll Garden Salad w/ WG Roll Green Pepper Strips Grape Tomatoes Applesauce 1% or FF Flavored Milk	8 Roasted Chicken w/ Biscuit Cheeseburger Chicken Patty Sandwich Grilled Chicken Sandwich Bruschetta Chicken Sandwich Italian Sandwich Chef Salad w/ WG Roll Garden Salad w/ WG Roll Green Pepper Strips Roasted Butternut Squash Applesauce 1% or FF Flavored Milk
11 Chicken Tenders w/ Rice Pilaf Turkey Ham & Cheese Sub Buffalo Chicken Sub Assorted Pizza Chicken Caesar Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Cucumber Slices Baby Carrots Chilled Pears Assorted Hand Fruit 1% or FF Flavored Milk	14 Cheesy Dunkers w/ Marinara Turkey Ham & Cheese Sub Buffalo Chicken Sub Assorted Pizza Chicken Caesar Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Steamed Carrots Cucumber Slices Chilled Pears Assorted Hand Fruit 1% or FF Flavored Milk	15 Beef & Cheese Nachos w/ Salsa Turkey Ham & Cheese Sub Buffalo Chicken Sub Assorted Pizza Chicken Caesar Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Mexican 3 Bean Salad Baby Carrots Chilled Pears Assorted Hand Fruit 1% or FF Flavored Milk	16 French Toast Sticks w/ Turkey Sausage Turkey Ham & Cheese Sub Buffalo Chicken Sub Assorted Pizza Chicken Caesar Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Home Fries Celery Sticks Chilled Pears Assorted Hand Fruit 1% or FF Flavored Milk	17 Chicken Broccoli Alfredo w/ Roll Turkey Ham & Cheese Sub Buffalo Chicken Sub Assorted Pizza Chicken Caesar Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Broccoli Florets Celery Sticks Chilled Pears Assorted Hand Fruit 1% or FF Flavored Milk
18 Chicken Fried Rice w/ Dumplings Chicken Patty Sandwich Cheeseburger Asian Chicken Sub Chicken Salad Sandwich Turkey BLT Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Green Beans Grape Tomatoes Chilled Peaches Assorted Hand Fruit 1% or FF Flavored Milk	19 Chicken Meatballs w/ Pasta & Sauce Chicken Patty Sandwich Cheeseburger Asian Chicken Sub Chicken Salad Sandwich Turkey BLT Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Steamed Broccoli Grape Tomatoes Chilled Peaches Assorted Hand Fruit 1% or FF Flavored Milk	20 Chicken Fajita w/ Yellow Rice Chicken Patty Sandwich Cheeseburger Asian Chicken Sub Chicken Salad Sandwich Turkey BLT Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Steamed Corn Mexican 3 Bean Salad Chilled Peaches Assorted Hand Fruit 1% or FF Flavored Milk	21 BBQ Pulled Pork Sandwich Chicken Patty Sandwich Cheeseburger Asian Chicken Sub Chicken Salad Sandwich Turkey BLT Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Baked Beans Roasted Potatoes Chilled Peaches Assorted Hand Fruit 1% or FF Flavored Milk	22 Beef Picadillo w/ Rice Pilaf Chicken Patty Sandwich Cheeseburger Asian Chicken Sub Chicken Salad Sandwich Turkey BLT Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Green Pepper Strips Plantains Chilled Peaches Assorted Hand Fruit 1% or FF Flavored Milk
25 Beef Patty Melt Turkey Ham & Cheese Sandwich Chicken Caesar Sub Assorted Pizza Buffalo Chicken Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Baked Beans Zucchini Coins Chilled Mixed Fruit Assorted Hand Fruit 1% or FF Flavored Milk	26 General Tso's Chicken w/ Fried Rice Turkey Ham & Cheese Sandwich Chicken Caesar Sub Assorted Pizza Buffalo Chicken Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Baby Carrots Broccoli Florets Chilled Mixed Fruit Assorted Hand Fruit 1% or FF Flavored Milk	27 Hot Fish Sandwich Turkey Ham & Cheese Sandwich Chicken Caesar Sub Assorted Pizza Buffalo Chicken Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Potato Wedges Steamed Carrots Chilled Mixed Fruit Assorted Hand Fruit 1% or FF Flavored Milk	28 Shepherd's Pie Turkey Ham & Cheese Sandwich Chicken Caesar Sub Assorted Pizza Buffalo Chicken Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Baby Carrots Celery Sticks Chilled Mixed Fruit Assorted Hand Fruit 1% or FF Flavored Milk	29 Chicken Parmesan Sandwich Turkey Ham & Cheese Sandwich Chicken Caesar Sub Assorted Pizza Buffalo Chicken Salad w/ WG Roll Garden Salad w/ WG Roll Sunbutter & Jelly Sandwich Roasted Cauliflower Celery Sticks Chilled Mixed Fruit Assorted Hand Fruit 1% or FF Flavored Milk
1 Hot Dog Cheeseburger Chicken Patty Sandwich Grilled Chicken Sandwich Bruschetta Chicken Sandwich Italian Sandwich Chef Salad w/ WG Roll Garden Salad w/ WG Roll Cole Slaw Sweet Potato Fries Applesauce 1% or FF Flavored Milk	2 Macaroni and Cheese with Roll Cheeseburger Chicken Patty Sandwich Grilled Chicken Sandwich Bruschetta Chicken Sandwich Italian Sandwich Chef Salad w/ WG Roll Garden Salad w/ WG Roll Italian Garbanzo Beans Steamed Broccoli Applesauce 1% or FF Flavored Milk	3 Popcorn Chicken Bowl Cheeseburger Chicken Patty Sandwich Grilled Chicken Sandwich Bruschetta Chicken Sandwich Italian Sandwich Chef Salad w/ WG Roll Garden Salad w/ WG Roll Steamed Corn Mashed Potatoes Applesauce 1% or FF Flavored Milk	4 Sazón Roast Turkey with Spanish Rice & Beans Cheeseburger Chicken Patty Sandwich Grilled Chicken Sandwich Bruschetta Chicken Sandwich Italian Sandwich Chef Salad w/ WG Roll Garden Salad w/ WG Roll Green Pepper Strips Grape Tomatoes Applesauce 1% or FF Flavored Milk	5 Roasted Chicken w/ Biscuit Cheeseburger Chicken Patty Sandwich Grilled Chicken Sandwich Bruschetta Chicken Sandwich Italian Sandwich Chef Salad w/ WG Roll Garden Salad w/ WG Roll Green Pepper Strips Roasted Butternut Squash Applesauce 1% or FF Flavored Milk