

Base Menu Spreadsheet

Weighted Values

Oct 1, 2021 thru Oct 31, 2021

Menu Name: PPSD HS Cafe Lunch Menu

Include Cost: No

Site:

Report Style: Detailed

Friday - 10/01/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990085 Chicken Parmesan Sandwich	1 sandwich	1	542	11.64	1274	10	25.20	45.85
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990076 Turkey Ham & Cheese Sandwich on Wheat	1 sandwich	1	269	5.10	568	*5	11.36	29.63
990075 Buffalo Chicken Salad w/ Breadstick - Elementary	1 salad	1	411	2.78	1047	7	16.68	45.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990043 Celery Sticks, fresh	1/2 cup	1	9	0.00	52	1	0.11	1.92
990082 Roasted Cauliflower Florets	1/2 cup	1	79	0.33	94	*3	5.15	7.71
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
990210 MILK 1% CARTON	1 each	1	110	1.00	125	12	2.00	13.00
990212 MILK FAT FREE CHOCOLATE CARTON	1 each	1	120	0.00	200	20	0.00	21.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	0.00	13.00
Weighted Daily Average			4410	*55.05	6526	*165	187.59	477.41
% of Calories				*11.23%		*15.0%	38.3%	43.3%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Monday - 10/04/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990089 Turkey Hot Dog	1 each	1	263	2.53	516	4	10.63	26.29
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990080 Buffalo Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	465	8.00	660	8	20.13	43.10
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990102 Chicken Meatball Sub	1 sandwich	1	386	4.61	760	8	14.68	38.57
990092 Chef Salad w/ Breadstick - Secondary	1 salad	1	269	3.21	601	*6	9.41	30.26

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990095 Creamy Cole Slaw	1/2 cup	1	68	0.49	96	4	4.50	7.52
990119 Sweet Potato Fries, 1/2 cup	1/2 cup	1	240	1.13	307	9	12.01	32.02
990117 Applesauce, 1/2 cup	1/2 cup	1	56	0.00	14	17	0.00	13.94
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
990210 MILK 1% CARTON	1 each	1	110	1.00	125	12	2.00	13.00
990212 MILK FAT FREE CHOCOLATE CARTON	1 each	1	120	0.00	200	20	0.00	21.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	0.00	13.00
Weighted Daily Average			4865	*56.53	6796	*183	197.03	540.48
% of Calories				*10.46%		*15.0%	36.4%	44.4%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Tuesday - 10/05/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990096 Macaroni & Cheese w/ dinner roll	1 cup	1	778	10.80	1657	9	30.08	102.25

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990102 Chicken Meatball Sub	1 sandwich	1	386	4.61	760	8	14.68	38.57
990080 Buffalo Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	465	8.00	660	8	20.13	43.10
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990092 Chef Salad w/ Breadstick - Secondary	1 salad	1	269	3.21	601	*6	9.41	30.26
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990177 Italian Garbanzo Beans	1/2 cup	1	134	0.00	201	0	2.20	22.50
990054 Broccoli, fresh, blanched	1/2 cup	1	21	0.00	20	1	0.26	3.82
990117 Applesauce, 1/2 cup	1/2 cup	1	56	0.00	14	17	0.00	13.94
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
990210 MILK 1% CARTON	1 each	1	110	1.00	125	12	2.00	13.00
990212 MILK FAT FREE CHOCOLATE CARTON	1 each	1	120	0.00	200	20	0.00	21.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	0.00	13.00
Weighted Daily Average			5226	*63.18	7755	*175	202.45	603.23
% of Calories				*10.88%		*13.4%	34.9%	46.2%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Wednesday - 10/06/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990103 Popcorn Chicken Bowl	1 each	1	664	5.11	1412	3	23.88	75.02
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990102 Chicken Meatball Sub	1 sandwich	1	386	4.61	760	8	14.68	38.57
990080 Buffalo Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	465	8.00	660	8	20.13	43.10
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990092 Chef Salad w/ Breadstick - Secondary	1 salad	1	269	3.21	601	*6	9.41	30.26
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990111 Steamed Corn, 1/2 cup	1/2 cup	1	91	0.00	1	0	0.76	21.88

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990070 Potato, mashed signature	1/2 cup	1	84	0.53	108	1	1.05	15.80
990117 Applesauce, 1/2 cup	1/2 cup	1	56	0.00	14	17	0.00	13.94
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
990210 MILK 1% CARTON	1 each	1	110	1.00	125	12	2.00	13.00
990212 MILK FAT FREE CHOCOLATE CARTON	1 each	1	120	0.00	200	20	0.00	21.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	0.00	13.00
Weighted Daily Average			5132	*58.01	7398	*169	195.59	587.35
% of Calories				*10.17%		*13.2%	34.3%	45.8%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Thursday - 10/07/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990098 Sazon Roasted Turkey	2 oz	1	160	2.81	791	0	8.44	0.00
990099 Steamed Rice and Beans	1/2 cup	1	457	0.00	177	4	2.61	92.42
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990102 Chicken Meatball Sub	1 sandwich	1	386	4.61	760	8	14.68	38.57
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990080 Buffalo Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	465	8.00	660	8	20.13	43.10
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990092 Chef Salad w/ Breadstick - Secondary	1 salad	1	269	3.21	601	*6	9.41	30.26
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990115 Green Pepper Strips	1/2 cup	1	23	0.00	3	3	0.19	5.26
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990110 Grape Tomatoes, 1/2 cup	1/2 cup	1	20	0.00	6	3	0.23	4.41
990117 Applesauce, 1/2 cup	1/2 cup	1	56	0.00	14	17	0.00	13.94
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
990210 MILK 1% CARTON	1 each	1	110	1.00	125	12	2.00	13.00
990212 MILK FAT FREE CHOCOLATE CARTON	1 each	1	120	0.00	200	20	0.00	21.00

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990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	0.00	13.00
Weighted Daily Average			4954	*55.19	6854	*175	181.37	576.74
% of Calories				*10.03%		*14.1%	32.9%	46.6%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Friday - 10/08/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990206 BREADED CHICKEN DRUMSTICK, TYSON	1 DRUMSTICK	1	347	4.56	821	0	20.08	9.12
990157 BISCUIT BKD WG EZ SPLIT	1 each	1	189	4.04	296	2	8.09	25.16
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990080 Buffalo Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	465	8.00	660	8	20.13	43.10
990091 Italian Sub Sandwich	1 sandwich	1	2041	27.86	7353	*5	*100.78	*72.21
990205 CHICKEN BRUSCHETTA ON TORPEDO	1 sandwich	1	346	1.45	410	*6	*9.04	31.68
990094 Chef Salad w/ Breadstick - Elementary	1 salad	1	259	3.21	579	*6	9.25	28.57

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990115 Green Pepper Strips	1/2 cup	1	23	0.00	3	3	0.19	5.26
990100 Roasted Butternut Squash	1/2 cup	1	96	0.09	29	*3	1.35	21.78
990117 Applesauce, 1/2 cup	1/2 cup	1	56	0.00	14	17	0.00	13.94
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
990210 MILK 1% CARTON	1 each	1	110	1.00	125	12	2.00	13.00
990212 MILK FAT FREE CHOCOLATE CARTON	1 each	1	120	0.00	200	20	0.00	21.00
990211 MILK FAT FREE CARTON	1 each	1	90	0.00	130	12	0.00	13.00
Weighted Daily Average			6548	*80.77	13156	*169	*281.01	*556.48
% of Calories				*11.10%		*10.3%	*38.6%	*34.0%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Monday - 10/11/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990028 ALL WHITE MEAT CHICKEN TENDERS	3.45 oz	1	226	2.00	350	1	10.00	14.00
990029 Rice Pilaf	1 cup	1	218	0.00	70	2	1.85	46.26

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990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990185 BBQ Pork Riblet on a Bun	1 sandwich	1	366	4.25	933	11	14.18	41.41
990031 Chicken Caesar Salad w/ Breadstick - Secondary	1 salad	1	282	1.42	542	5	7.50	33.78
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990050 Hawaiian Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	445	7.74	556	*12	17.52	47.47
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98
990044 Cucumber, fresh 1/2 cup	1/2 cup	1	9	0.02	1	1	0.07	2.26
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46
990033 Pears, canned, dice	1/2 cup	1	73	0.00	6	15	0.00	19.47
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38

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Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4813	*54.21	6309	*185	180.51	567.57
% of Calories				*10.14%		*15.4%	33.8%	47.2%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Tuesday - 10/12/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990174 CHEESY DUNKERS, Stuffed Sticks WG	2 each	1	290	6.00	500	5	11.01	28.02
990175 Heinz Marinara Sauce, Side	2 oz	1	25	0.06	18	2	0.48	4.63
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990185 BBQ Pork Riblet on a Bun	1 sandwich	1	366	4.25	933	11	14.18	41.41
990031 Chicken Caesar Salad w/ Breadstick - Secondary	1 salad	1	282	1.42	542	5	7.50	33.78
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990050 Hawaiian Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	445	7.74	556	*12	17.52	47.47
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75

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Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46
990109 Steamed Carrots	1/2 cup	1	42	0.00	67	0	0.77	8.77
990044 Cucumber, fresh 1/2 cup	1/2 cup	1	9	0.02	1	1	0.07	2.26
990033 Pears, canned, dice	1/2 cup	1	73	0.00	6	15	0.00	19.47
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4124	54.26	5848	*169	144.77	493.21
% of Calories				11.84%		*16.4%	31.6%	47.8%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Wednesday - 10/13/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990035 Beef and Cheese Nachos	1 each	1	555	9.62	1192	2	30.14	45.20
001051 SALSA:COMMODITY	OZ	1	10	0.01	122	*N/A*	0.06	1.98

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990185 BBQ Pork Riblet on a Bun	1 sandwich	1	366	4.25	933	11	14.18	41.41
990031 Chicken Caesar Salad w/ Breadstick - Secondary	1 salad	1	282	1.42	542	5	7.50	33.78
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990050 Hawaiian Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	445	7.74	556	*12	17.52	47.47
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990176 Mexican Three (3) Bean Salad	1/2 cup	1	127	0.17	355	*1	0.84	23.16
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46
990033 Pears, canned, dice	1/2 cup	1	73	0.00	6	15	0.00	19.47
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4662	*56.99	6705	*177	186.05	532.27
% of Calories				*11.00%		*15.2%	35.9%	45.7%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Thursday - 10/14/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990037 French Toast Sticks	4 Sticks	1	503	3.62	1168	*N/A*	14.40	75.76
000349 SYRUP,PANCAKE	1 TBSP	1	46	0.00	16	4	0.00	12.06
990129 Sausage Link, turkey	2 each	1	120	2.00	180	0	8.00	0.00
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990185 BBQ Pork Riblet on a Bun	1 sandwich	1	366	4.25	933	11	14.18	41.41
990031 Chicken Caesar Salad w/ Breadstick - Secondary	1 salad	1	282	1.42	542	5	7.50	33.78
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990050 Hawaiian Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	445	7.74	556	*12	17.52	47.47

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990038 Home Fries	1/2 cup	1	146	0.68	444	0	5.79	21.66
990043 Celery Sticks, fresh	1/2 cup	1	9	0.00	52	1	0.11	1.92
990033 Pears, canned, dice	1/2 cup	1	73	0.00	6	15	0.00	19.47
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			5132	*58.48	7656	*180	196.51	605.01
% of Calories				*10.26%		*14.0%	34.5%	47.2%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Friday - 10/15/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990045 Chicken Broccoli Alfredo Pasta	1 cup	1	401	0.87	163	4	5.80	64.50
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990185 BBQ Pork Riblet on a Bun	1 sandwich	1	366	4.25	933	11	14.18	41.41
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990050 Hawaiian Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	445	7.74	556	*12	17.52	47.47
990031 Chicken Caesar Salad w/ Breadstick - Secondary	1 salad	1	282	1.42	542	5	7.50	33.78
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990043 Celery Sticks, fresh	1/2 cup	1	9	0.00	52	1	0.11	1.92
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46
990054 Broccoli, fresh, blanched	1/2 cup	1	21	0.00	20	1	0.26	3.82
990033 Pears, canned, dice	1/2 cup	1	73	0.00	6	15	0.00	19.47
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4765	*53.05	6066	*184	174.67	569.31
% of Calories				*10.02%		*15.4%	33.0%	47.8%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Monday - 10/18/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990194 CHICKEN FRIED RICE W/ DUMPLINGS	1 CUP	1	395	0.30	428	*1	5.10	70.22
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990073 Italian Sausage Sub	1 sandwich	1	573	11.54	915	9	35.06	36.34
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990071 Italian Sausage Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	494	10.36	717	8	24.25	44.36
990106 Turkey BLT Salad w/ Breadstick - Secondary	1 salad	1	483	10.72	1194	6	25.86	29.86
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990110 Grape Tomatoes, 1/2 cup	1/2 cup	1	20	0.00	6	3	0.23	4.41

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46
990112 Steamed Green Beans, 1/2 cup	1/2 cup	1	32	0.00	1	2	0.19	7.32
990108 Canned Peaches, 1/2 cup	1/2 cup	1	61	0.00	5	*N/A*	0.03	16.43
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			5228	*71.70	7061	*165	220.01	565.87
% of Calories				*12.34%		*12.6%	37.9%	43.3%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Tuesday - 10/19/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990064 Meatball Sauce, 5 chicken, USDA spag sauce	5 meatballs	1	224	3.43	589	6	11.14	14.84
990065 Penne Pasta, cooked	1 cup	1	223	0.25	305	2	5.06	40.50
990209 BREAD, DINNER ROLL, WG	1 each	1	93	0.00	175	2	1.03	16.45

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990073 Italian Sausage Sub	1 sandwich	1	573	11.54	915	9	35.06	36.34
990106 Turkey BLT Salad w/ Breadstick - Secondary	1 salad	1	483	10.72	1194	6	25.86	29.86
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990054 Broccoli, fresh, blanched	1/2 cup	1	21	0.00	20	1	0.26	3.82
990110 Grape Tomatoes, 1/2 cup	1/2 cup	1	20	0.00	6	3	0.23	4.41
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46
990108 Canned Peaches, 1/2 cup	1/2 cup	1	61	0.00	5	*N/A*	0.03	16.43
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4032	*48.58	6016	*149	172.44	434.21
% of Calories				*10.84%		*14.8%	38.5%	43.1%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Wednesday - 10/20/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990066 Chicken Fajita, 6"	1 each	1	403	4.57	1050	5	15.06	43.50
990067 Yellow Rice	1 cup	1	254	0.15	261	*1	3.70	49.50
001051 SALSA:COMMODITY	OZ	1	10	0.01	122	*N/A*	0.06	1.98
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990073 Italian Sausage Sub	1 sandwich	1	573	11.54	915	9	35.06	36.34
990106 Turkey BLT Salad w/ Breadstick - Secondary	1 salad	1	483	10.72	1194	6	25.86	29.86
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990110 Grape Tomatoes, 1/2 cup	1/2 cup	1	20	0.00	6	3	0.23	4.41
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990111 Steamed Corn, 1/2 cup	1/2 cup	1	91	0.00	1	0	0.76	21.88
990108 Canned Peaches, 1/2 cup	1/2 cup	1	61	0.00	5	*N/A*	0.03	16.43
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4229	*49.63	6361	*144	174.54	475.46
% of Calories				*10.56%		*13.6%	37.1%	45.0%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Thursday - 10/21/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990068 BBQ Pulled Pork Sandwich	1 sandwich	1	363	2.55	1009	5	9.63	35.94
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990073 Italian Sausage Sub	1 sandwich	1	573	11.54	915	9	35.06	36.34

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990106 Turkey BLT Salad w/ Breadstick - Secondary	1 salad	1	483	10.72	1194	6	25.86	29.86
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990069 Baked Beans, vegetarian	1/2 cup	1	112	0.00	143	5	1.01	20.41
990113 Roasted Potatoes	1/2 cup	1	137	0.12	34	1	1.48	28.06
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46
990108 Canned Peaches, 1/2 cup	1/2 cup	1	61	0.00	5	*N/A*	0.03	16.43
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4063	*47.57	6107	*147	166.84	438.59
% of Calories				*10.54%		*14.5%	37.0%	43.2%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Friday - 10/22/2021

Reimbursable Meal Total 1

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990203 Beef Picadillo	1/2 cup	1	177	2.52	1017	*3	7.89	*10.27
990029 Rice Pilaf	1 cup	1	218	0.00	70	2	1.85	46.26
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990073 Italian Sausage Sub	1 sandwich	1	573	11.54	915	9	35.06	36.34
990106 Turkey BLT Salad w/ Breadstick - Secondary	1 salad	1	483	10.72	1194	6	25.86	29.86
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990115 Green Pepper Strips	1/2 cup	1	23	0.00	3	3	0.19	5.26
990208 PLANTAIN SLICED SWEET FRZN 4/6LB	1/2 cup	1	204	0.00	28	27	3.97	38.56
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46
990108 Canned Peaches, 1/2 cup	1/2 cup	1	61	0.00	5	*N/A*	0.03	16.43
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4072	*47.42	6040	*170	168.63	*454.54
% of Calories				*10.48%		*16.7%	37.3%	*44.7%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Monday - 10/25/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990083 Beef Patty Melt Sandwich	1 sandwich	1	477	8.38	423	9	24.67	38.33
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98
990054 Broccoli, fresh, blanched	1/2 cup	1	21	0.00	20	1	0.26	3.82
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4912	*61.10	6431	*181	205.15	534.01
% of Calories				*11.20%		*14.7%	37.6%	43.5%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Tuesday - 10/26/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990077 General Tso's Chicken	12 piece	1	316	1.13	883	22	9.02	38.08
990204 VEGETABLE FRIED RICE	1 CUP	1	345	0.30	385	*1	3.69	69.91
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98
990054 Broccoli, fresh, blanched	1/2 cup	1	21	0.00	20	1	0.26	3.82
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			3808	*30.49	5684	*173	140.38	472.14
% of Calories				*7.21%		*18.2%	33.2%	49.6%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Wednesday - 10/27/2021

Reimbursable Meal Total 1

Base Menu Spreadsheet

Weighted Values

Oct 1, 2021 thru Oct 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990078 Hot Fish Sandwich	1 sandwich	1	344	0.00	507	5	9.11	43.61
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990110 Grape Tomatoes, 1/2 cup	1/2 cup	1	20	0.00	6	3	0.23	4.41
990109 Steamed Carrots	1/2 cup	1	42	0.00	67	0	0.77	8.77
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4796	*52.72	6511	*176	190.23	542.66
% of Calories				*9.89%		*14.7%	35.7%	45.3%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Thursday - 10/28/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990079 Shepherd's Pie	8 oz	1	733	10.78	1771	*6	34.98	60.33
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990043 Celery Sticks, fresh	1/2 cup	1	9	0.00	52	1	0.11	1.92
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4772	*61.80	7193	*173	200.38	512.93
% of Calories				*11.66%		*14.5%	37.8%	43.0%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Friday - 10/29/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990085 Chicken Parmesan Sandwich	1 sandwich	1	542	11.64	1274	10	25.20	45.85
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54
990043 Celery Sticks, fresh	1/2 cup	1	9	0.00	52	1	0.11	1.92
990082 Roasted Cauliflower Florets	1/2 cup	1	79	0.33	94	*3	5.15	7.71
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15
Weighted Daily Average			4629	*59.70	6498	*174	197.02	498.24
% of Calories				*11.61%		*15.0%	38.3%	43.1%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0	

Base Menu Spreadsheet

Weighted Values

Oct 1, 2021 thru Oct 31, 2021

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)
Weighted Averages			4722	*56.02	6903	*171	*188.72	*525.61
% of Calories				*10.68%		*14.5%	*36.0%	*44.5%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.