

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

Menu Name: PPSD HS Cafe Lunch Menu

Include Cost: No

Site:

Report Style: Detailed

Monday - 11/01/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990089 Turkey Hot Dog	1 each	1	263	2.53	516	4	10.63	26.29	2.02
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990102 Chicken Meatball Sub	1 sandwich	1	386	4.61	760	8	14.68	38.57	4.20
990092 Chef Salad w/ Breadstick - Secondary	1 salad	1	269	3.21	601	*6	9.41	30.26	*4.96
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15	5.08
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990095 Creamy Cole Slaw	1/2 cup	1	68	0.49	96	4	4.50	7.52	1.37
990119 Sweet Potato Fries, 1/2 cup	1/2 cup	1	240	1.13	307	9	12.01	32.02	2.67
990117 Applesauce, 1/2 cup	1/2 cup	1	56	0.00	14	17	0.00	13.94	0.93
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4878	*58.29	6658	*189	197.54	546.23	*61.21
% of Calories				*10.75%		*15.5%	36.4%	44.8%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Tuesday - 11/02/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990096 Macaroni & Cheese w/ dinner roll	1 cup	1	778	10.80	1657	9	30.08	102.25	*11.15
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990102 Chicken Meatball Sub	1 sandwich	1	386	4.61	760	8	14.68	38.57	4.20
990092 Chef Salad w/ Breadstick - Secondary	1 salad	1	269	3.21	601	*6	9.41	30.26	*4.96
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15	5.08
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02

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Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990177 Italian Garbanzo Beans	1/2 cup	1	134	0.00	201	0	2.20	22.50	5.50
990054 Broccoli, fresh, blanched	1/2 cup	1	21	0.00	20	1	0.26	3.82	1.74
990117 Applesauce, 1/2 cup	1/2 cup	1	56	0.00	14	17	0.00	13.94	0.93
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4836	*56.39	7261	*178	180.04	580.13	*71.51
% of Calories				*10.49%		*14.7%	33.5%	48.0%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Wednesday - 11/03/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990103 Popcorn Chicken Bowl	1 each	1	664	5.11	1412	3	23.88	75.02	8.69

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Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990102 Chicken Meatball Sub	1 sandwich	1	386	4.61	760	8	14.68	38.57	4.20
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990092 Chef Salad w/ Breadstick - Secondary	1 salad	1	269	3.21	601	*6	9.41	30.26	*4.96
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15	5.08
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990111 Steamed Corn, 1/2 cup	1/2 cup	1	91	0.00	1	0	0.76	21.88	2.77
990070 Potato, mashed signature	1/2 cup	1	84	0.53	108	1	1.05	15.80	1.05
990117 Applesauce, 1/2 cup	1/2 cup	1	56	0.00	14	17	0.00	13.94	0.93
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4743	*51.23	6904	*171	173.18	564.25	*65.62
% of Calories				*9.72%		*14.4%	32.9%	47.6%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Thursday - 11/04/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990098 Sazon Roasted Turkey	2 oz	1	160	2.81	791	0	8.44	0.00	0.00
990099 Steamed Rice and Beans	1/2 cup	1	457	0.00	177	4	2.61	92.42	10.92
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990102 Chicken Meatball Sub	1 sandwich	1	386	4.61	760	8	14.68	38.57	4.20
990094 Chef Salad w/ Breadstick - Elementary	1 salad	1	259	3.21	579	*6	9.25	28.57	*4.24
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15	5.08
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08

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Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990115 Green Pepper Strips	1/2 cup	1	23	0.00	3	3	0.19	5.26	1.93
990110 Grape Tomatoes, 1/2 cup	1/2 cup	1	20	0.00	6	3	0.23	4.41	1.36
990117 Applesauce, 1/2 cup	1/2 cup	1	56	0.00	14	17	0.00	13.94	0.93
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4957	*56.94	6696	*180	181.71	580.81	*68.64
% of Calories				*10.34%		*14.5%	33.0%	46.9%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Friday - 11/05/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990206 BREADED CHICKEN DRUMSTICK, TYSON	1 DRUMSTICK	1	347	4.56	821	0	20.08	9.12	1.82
990157 BISCUIT BKD WG EZ SPLIT	1 each	1	189	4.04	296	2	8.09	25.16	1.80
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03

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990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990102 Chicken Meatball Sub	1 sandwich	1	386	4.61	760	8	14.68	38.57	4.20
990092 Chef Salad w/ Breadstick - Secondary	1 salad	1	269	3.21	601	*6	9.41	30.26	*4.96
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15	5.08
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990115 Green Pepper Strips	1/2 cup	1	23	0.00	3	3	0.19	5.26	1.93
990100 Roasted Butternut Squash	1/2 cup	1	96	0.09	29	*3	1.35	21.78	1.56
990117 Applesauce, 1/2 cup	1/2 cup	1	56	0.00	14	17	0.00	13.94	0.93
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25

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Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4961	*62.82	6889	*179	200.11	541.73	*62.26
% of Calories				*11.40%		*14.4%	36.3%	43.7%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Monday - 11/08/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990028 ALL WHITE MEAT CHICKEN TENDERS	3.45 oz	1	226	2.00	350	1	10.00	14.00	1.50
990029 Rice Pilaf	1 cup	1	218	0.00	70	2	1.85	46.26	3.49
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990185 BBQ Pork Riblet on a Bun	1 sandwich	1	366	4.25	933	11	14.18	41.41	3.25
990031 Chicken Caesar Salad w/ Breadstick - Secondary	1 salad	1	282	1.42	542	5	7.50	33.78	5.42
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990050 Hawaiian Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	445	7.74	556	*12	17.52	47.47	*5.30
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98	2.10
990044 Cucumber, fresh 1/2 cup	1/2 cup	1	9	0.02	1	1	0.07	2.26	0.31
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46	1.78
990033 Pears, canned, dice	1/2 cup	1	73	0.00	6	15	0.00	19.47	2.43
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4813	*54.21	6309	*185	180.51	567.57	*65.58
% of Calories				*10.14%		*15.4%	33.8%	47.2%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Tuesday - 11/09/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990174 CHEESY DUNKERS, Stuffed Sticks WG	2 each	1	290	6.00	500	5	11.01	28.02	2.00
990175 Heinz Marinara Sauce, Side	2 oz	1	25	0.06	18	2	0.48	4.63	0.93

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990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990185 BBQ Pork Riblet on a Bun	1 sandwich	1	366	4.25	933	11	14.18	41.41	3.25
990031 Chicken Caesar Salad w/ Breadstick - Secondary	1 salad	1	282	1.42	542	5	7.50	33.78	5.42
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990050 Hawaiian Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	445	7.74	556	*12	17.52	47.47	*5.30
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46	1.78
990109 Steamed Carrots	1/2 cup	1	42	0.00	67	0	0.77	8.77	3.73
990044 Cucumber, fresh 1/2 cup	1/2 cup	1	9	0.02	1	1	0.07	2.26	0.31
990033 Pears, canned, dice	1/2 cup	1	73	0.00	6	15	0.00	19.47	2.43
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4124	54.26	5848	*169	144.77	493.21	*55.06
% of Calories				11.84%		*16.4%	31.6%	47.8%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Wednesday - 11/10/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990035 Beef and Cheese Nachos	1 each	1	555	9.62	1192	2	30.14	45.20	4.57
001051 SALSA:COMMODITY	OZ	1	10	0.01	122	*N/A*	0.06	1.98	0.40
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990185 BBQ Pork Riblet on a Bun	1 sandwich	1	366	4.25	933	11	14.18	41.41	3.25
990031 Chicken Caesar Salad w/ Breadstick - Secondary	1 salad	1	282	1.42	542	5	7.50	33.78	5.42
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990050 Hawaiian Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	445	7.74	556	*12	17.52	47.47	*5.30
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990176 Mexican Three (3) Bean Salad	1/2 cup	1	127	0.17	355	*1	0.84	23.16	6.95

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98	2.10
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46	1.78
990033 Pears, canned, dice	1/2 cup	1	73	0.00	6	15	0.00	19.47	2.43
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4662	*56.99	6705	*177	186.05	532.27	*67.17
% of Calories				*11.00%		*15.2%	35.9%	45.7%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Thursday - 11/11/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990037 French Toast Sticks	4 Sticks	1	503	3.62	1168	*N/A*	14.40	75.76	2.60
000349 SYRUP,PANCAKE	1 TBSP	1	46	0.00	16	4	0.00	12.06	0.00
990129 Sausage Link, turkey	2 each	1	120	2.00	180	0	8.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990185 BBQ Pork Riblet on a Bun	1 sandwich	1	366	4.25	933	11	14.18	41.41	3.25
990031 Chicken Caesar Salad w/ Breadstick - Secondary	1 salad	1	282	1.42	542	5	7.50	33.78	5.42
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990050 Hawaiian Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	445	7.74	556	*12	17.52	47.47	*5.30
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990038 Home Fries	1/2 cup	1	146	0.68	444	0	5.79	21.66	2.71
990043 Celery Sticks, fresh	1/2 cup	1	9	0.00	52	1	0.11	1.92	1.03
990033 Pears, canned, dice	1/2 cup	1	73	0.00	6	15	0.00	19.47	2.43
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			5132	*58.48	7656	*180	196.51	605.01	*62.73
% of Calories				*10.26%		*14.0%	34.5%	47.2%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Friday - 11/12/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990045 Chicken Broccoli Alfredo Pasta	1 cup	1	401	0.87	163	4	5.80	64.50	9.30
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990185 BBQ Pork Riblet on a Bun	1 sandwich	1	366	4.25	933	11	14.18	41.41	3.25
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990050 Hawaiian Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	445	7.74	556	*12	17.52	47.47	*5.30
990031 Chicken Caesar Salad w/ Breadstick - Secondary	1 salad	1	282	1.42	542	5	7.50	33.78	5.42
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990043 Celery Sticks, fresh	1/2 cup	1	9	0.00	52	1	0.11	1.92	1.03

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46	1.78
990054 Broccoli, fresh, blanched	1/2 cup	1	21	0.00	20	1	0.26	3.82	1.74
990033 Pears, canned, dice	1/2 cup	1	73	0.00	6	15	0.00	19.47	2.43
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4765	*53.05	6066	*184	174.67	569.31	*70.24
% of Calories				*10.02%		*15.4%	33.0%	47.8%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Monday - 11/15/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990194 CHICKEN FRIED RICE W/ DUMPLINGS	1 CUP	1	514	0.55	700	*3	8.55	85.53	6.05
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990073 Italian Sausage Sub	1 sandwich	1	573	11.54	915	9	35.06	36.34	*3.54
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990071 Italian Sausage Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	494	10.36	717	8	24.25	44.36	5.17
990106 Turkey BLT Salad w/ Breadstick - Secondary	1 salad	1	483	10.72	1194	6	25.86	29.86	*4.70
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990110 Grape Tomatoes, 1/2 cup	1/2 cup	1	20	0.00	6	3	0.23	4.41	1.36
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46	1.78
990112 Steamed Green Beans, 1/2 cup	1/2 cup	1	32	0.00	1	2	0.19	7.32	3.36
990108 Canned Peaches, 1/2 cup	1/2 cup	1	46	*N/A*	*N/A*	9	*N/A*	10.97	0.91
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			5331	*71.95	*7328	*176	*223.43	575.72	*66.87
% of Calories				*12.15%		*13.2%	*37.7%	43.2%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Tuesday - 11/16/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990064 Meatball Sauce, 5 chicken, USDA spag sauce	5 meatballs	1	224	3.43	589	6	11.14	14.84	3.07
990065 Penne Pasta, cooked	1 cup	1	223	0.25	305	2	5.06	40.50	5.06
990209 BREAD, DINNER ROLL, WG	1 each	1	93	0.00	175	2	1.03	16.45	1.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990073 Italian Sausage Sub	1 sandwich	1	573	11.54	915	9	35.06	36.34	*3.54
990106 Turkey BLT Salad w/ Breadstick - Secondary	1 salad	1	483	10.72	1194	6	25.86	29.86	*4.70
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990071 Italian Sausage Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	494	10.36	717	8	24.25	44.36	5.17

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990054 Broccoli, fresh, blanched	1/2 cup	1	21	0.00	20	1	0.26	3.82	1.74
990110 Grape Tomatoes, 1/2 cup	1/2 cup	1	20	0.00	6	3	0.23	4.41	1.36
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46	1.78
990108 Canned Peaches, 1/2 cup	1/2 cup	1	46	*N/A*	*N/A*	9	*N/A*	10.97	0.91
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			5346	*75.07	*7716	182	*232.17	558.49	*68.36
% of Calories				*12.64%		13.6%	*39.1%	41.8%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Wednesday - 11/17/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990066 Chicken Fajita, 6"	1 each	1	390	4.43	1032	5	14.72	41.57	4.81

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990067 Yellow Rice	1 cup	1	254	0.15	261	*1	3.70	49.50	4.17
001051 SALSA:COMMODITY	OZ	1	10	0.01	122	*N/A*	0.06	1.98	0.40
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990073 Italian Sausage Sub	1 sandwich	1	573	11.54	915	9	35.06	36.34	*3.54
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990071 Italian Sausage Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	494	10.36	717	8	24.25	44.36	5.17
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990106 Turkey BLT Salad w/ Breadstick - Secondary	1 salad	1	483	10.72	1194	6	25.86	29.86	*4.70
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990110 Grape Tomatoes, 1/2 cup	1/2 cup	1	20	0.00	6	3	0.23	4.41	1.36
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46	1.78
990111 Steamed Corn, 1/2 cup	1/2 cup	1	91	0.00	1	0	0.76	21.88	2.77
990108 Canned Peaches, 1/2 cup	1/2 cup	1	46	*N/A*	*N/A*	9	*N/A*	10.97	0.91
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			5531	*75.99	*8043	*177	*233.92	597.81	*69.60
% of Calories				*12.37%		*12.8%	*38.1%	43.2%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Thursday - 11/18/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990068 BBQ Pulled Pork Sandwich	1 sandwich	1	363	2.55	1009	5	9.63	35.94	2.03
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990073 Italian Sausage Sub	1 sandwich	1	573	11.54	915	9	35.06	36.34	*3.54
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990071 Italian Sausage Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	494	10.36	717	8	24.25	44.36	5.17
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990106 Turkey BLT Salad w/ Breadstick - Secondary	1 salad	1	483	10.72	1194	6	25.86	29.86	*4.70
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990069 Baked Beans, vegetarian	1/2 cup	1	112	0.00	143	5	1.01	20.41	5.10
990113 Roasted Potatoes	1/2 cup	1	137	0.12	34	1	1.48	28.06	3.18
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46	1.78
990108 Canned Peaches, 1/2 cup	1/2 cup	1	46	*N/A*	*N/A*	9	*N/A*	10.97	0.91
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			5377	*74.07	*7807	180	*226.57	562.87	*66.41
% of Calories				*12.40%		13.4%	*37.9%	41.9%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Friday - 11/19/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990203 Beef Picadillo	1/2 cup	1	173	*2.22	1017	*3	7.48	*10.27	*2.34

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990029 Rice Pilaf	1 cup	1	218	0.00	70	2	1.85	46.26	3.49
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990073 Italian Sausage Sub	1 sandwich	1	573	11.54	915	9	35.06	36.34	*3.54
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990071 Italian Sausage Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	494	10.36	717	8	24.25	44.36	5.17
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990106 Turkey BLT Salad w/ Breadstick - Secondary	1 salad	1	483	10.72	1194	6	25.86	29.86	*4.70
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990115 Green Pepper Strips	1/2 cup	1	23	0.00	3	3	0.19	5.26	1.93
990208 PLANTAIN SLICED SWEET FRZN 4/6LB	1/2 cup	1	204	0.00	28	27	3.97	38.56	2.27
990052 Garden Salad, side salad	1 cup	1	26	0.00	36	3	0.27	5.46	1.78
990108 Canned Peaches, 1/2 cup	1/2 cup	1	46	*N/A*	*N/A*	9	*N/A*	10.97	0.91
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			5382	*73.61	*7740	*202	*227.95	*578.81	*66.12
% of Calories				*12.31%		*15.0%	*38.1%	*43.0%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Monday - 11/22/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990083 Beef Patty Melt Sandwich	1 sandwich	1	477	8.38	423	9	24.67	38.33	*3.38
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67	2.42
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72	8.56
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15	5.08
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98	2.10
990054 Broccoli, fresh, blanched	1/2 cup	1	21	0.00	20	1	0.26	3.82	1.74
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85	1.27
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4912	*61.10	6431	*181	205.15	534.01	*64.54
% of Calories				*11.20%		*14.7%	37.6%	43.5%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Tuesday - 11/23/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990098 Sazon Roasted Turkey	2 oz	1	160	2.81	791	0	8.44	0.00	0.00
990219 Turkey Gravy	1 ounce	1	9	0.00	367	1	0.30	0.59	0.00

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990218 BREAD STUFFING, WHOLE GRAIN	1/2 cup	1	156	*1.92	635	*2	6.29	21.20	1.82
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67	2.42
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72	8.56
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98	2.10
990070 Potato, mashed signature	1/2 cup	1	84	0.53	108	1	1.05	15.80	1.05
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85	1.27
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			3536	*34.31	6296	*151	143.48	397.91	*47.20
% of Calories				*8.73%		*17.1%	36.5%	45.0%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Wednesday - 11/24/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990078 Hot Fish Sandwich	1 sandwich	1	344	0.00	507	5	9.11	43.61	3.04
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67	2.42
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72	8.56
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15	5.08
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990110 Grape Tomatoes, 1/2 cup	1/2 cup	1	20	0.00	6	3	0.23	4.41	1.36
990109 Steamed Carrots	1/2 cup	1	42	0.00	67	0	0.77	8.77	3.73
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85	1.27
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4796	*52.72	6511	*176	190.23	542.66	*65.45
% of Calories				*9.89%		*14.7%	35.7%	45.3%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Thursday - 11/25/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990079 Shepherd's Pie	8 oz	1	733	10.78	1771	*6	34.98	60.33	3.63
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67	2.42

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72	8.56
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15	5.08
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990043 Celery Sticks, fresh	1/2 cup	1	9	0.00	52	1	0.11	1.92	1.03
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98	2.10
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85	1.27
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4772	*61.80	7193	*173	200.38	512.93	*59.48
% of Calories				*11.66%		*14.5%	37.8%	43.0%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

Friday - 11/26/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990085 Chicken Parmesan Sandwich	1 sandwich	1	542	11.64	1274	10	25.20	45.85	6.39
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67	2.42
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15	5.08
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72	8.56
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990043 Celery Sticks, fresh	1/2 cup	1	9	0.00	52	1	0.11	1.92	1.03
990082 Roasted Cauliflower Florets	1/2 cup	1	79	0.33	94	*3	5.15	7.71	3.06
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85	1.27
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4629	*59.70	6498	*174	197.02	498.24	*62.77
% of Calories				*11.61%		*15.0%	38.3%	43.1%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Monday - 11/29/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990083 Beef Patty Melt Sandwich	1 sandwich	1	477	8.38	423	9	24.67	38.33	*3.38
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67	2.42
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72	8.56
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990040 Cheese Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	401	7.52	439	8	16.30	42.63	5.02
990086 BBQ Chicken Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	453	7.52	605	*8	17.30	46.15	5.08
990042 Pepperoni Pizza, 8 cut, Big Daddy's Bold 16"	slice	1	434	8.62	549	8	19.22	42.75	5.02

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98	2.10
990054 Broccoli, fresh, blanched	1/2 cup	1	21	0.00	20	1	0.26	3.82	1.74
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85	1.27
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			4912	*61.10	6431	*181	205.15	534.01	*64.54
% of Calories				*11.20%		*14.7%	37.6%	43.5%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Tuesday - 11/30/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990077 General Tso's Chicken	12 piece	1	316	1.13	883	22	9.02	38.08	2.58
990204 VEGETABLE FRIED RICE	1 CUP	1	345	0.30	385	*1	3.69	69.91	5.04

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
990048 CHEESEBURGER, USDA Patty	sandwich	1	403	8.53	356	4	22.92	28.85	*2.03
990046 Chicken Patty Sandwich	1 sandwich	1	384	1.70	618	5	14.92	41.18	4.61
990207 Mini Chicken Corn Dogs	6 each	1	315	3.64	497	6	16.97	26.67	2.42
990074 Buffalo Chicken Salad w/ Breadstick - Secondary	1 salad	1	420	2.78	1065	8	16.83	46.72	8.56
990053 Garden Salad w/ Breadstick	1 each	1	390	4.99	853	7	13.57	43.12	*5.03
990055 Sunbutter & Jelly Sandwich	1 sandwich	1	577	*4.01	569	17	36.05	49.54	10.08
990034 Carrots, baby cut, ready to serve	1/2 cup	1	25	0.00	57	3	0.09	5.98	2.10
990054 Broccoli, fresh, blanched	1/2 cup	1	21	0.00	20	1	0.26	3.82	1.74
990116 Chilled Mixed Fruit, 1/2 cup	1/2 cup	1	58	0.00	5	14	0.01	14.85	1.27
000064 APPLES,Fresh	EACH	1	72	0.04	1	14	0.23	19.06	3.31
000085 ORANGES HALVES	1 EACH	1	31	0.01	0	6	0.08	7.70	1.57
000068 BANANAS	EACH	1	105	0.13	1	14	0.39	26.95	3.07
000230 MILK,1% Lowfat	HALF PINT	1	102	1.54	107	13	2.37	12.18	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	2.78	25.38	0.25
000231 MILK,Skim	HALF PINT	1	83	0.14	103	12	0.20	12.15	0.00
Weighted Daily Average			3808	*30.49	5684	*173	140.38	472.14	*53.68
% of Calories				*7.21%		*18.2%	33.2%	49.6%	
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0		

Base Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)
Weighted Averages			4827	*58.84	*6849	*178	*192.77	*543.01	*63.87
% of Calories				*10.97%		*14.8%	*35.9%	*45.0%	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.