

# Providence Schools Café Breakfast Menu September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
6  Labor Day	7	8  Welcome Back To School!	9  Scrambled Eggs with Toast Home Fries or Nutri-grain Bar or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	10  Corn Muffin or Pineapple Mango Breakfast Bar or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk
13  Pancakes with Maple Syrup Sausage Link or Bagel and Cream Cheese or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	14  Egg & Bacon on English Muffin or Corn Muffin or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	15  Guava Flip Breakfast Bar or Fruit and Yogurt Parfait Granola or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	16  No School PD Day	17  Cinnamon Chip Muffin or Pineapple Mango Breakfast Bar or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk
20  Waffles with Maple Syrup Sausage Link or Bagel w/ Cream Cheese or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	21  Egg, Ham, & Cheese on a Bagel or Apple Muffin or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	22  Banana Bread or Fruit and Yogurt Parfait Granola or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	23  Scrambled Eggs with Biscuit Home Fries or Blueberry Belvita Breakfast Biscuits or Whole Grain Cereal String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	24  Fresh Baked Blueberry Muffin or Strawberry Cereal Bar or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk
27  French Toast with Maple Syrup Sausage Link or Bagel and Cream Cheese or Whole Grain Cereal String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	28  Egg & Cheese on a Biscuit or Corn Muffin or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	29  Cinnamon Roll or Fruit and Yogurt Parfait Granola or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	30  Scrambled Eggs with Toast Home Fries or Nutri-grain Bar or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk	1  Confetti Muffin or Pineapple Mango Breakfast Bar or Whole Grain Cereal  String Cheese Graham Cracker 100% Fruit Juice 1% or FF Milk