

Providence Schools Pre-K Lunch Menu October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mexican Beef Tortilla w/ Salsa & Cheese or Asian Chicken Sub Celery Sticks Fresh Apple 1% or Fat Free Milk	2 Cheese Pizza Or Ham & Cheese Sandwich Roasted Italian Chickpeas Fresh Orange 1% or Fat Free Milk
5 Chicken Patty Sandwich or Turkey & Cheese Sandwich or Cheese Sandwich Baby Carrots Pear Cup 1% or Fat Free Milk	6 Mexican Beef w/ Cheese & Tortilla Chips or Italian Sub or Cheese Sandwich Black Bean Salsa Applesauce Cup 1% or Fat Free Milk	7 Mozzarella Stuffed Breadsticks w/ Marinara Sauce or Turkey & Cheese Sandwich or Cheese Sandwich Cucumber Slices Fresh Apple 1% or Fat Free Milk	8 Southwest Chicken w/ Rice & Beans or Italian Sub or Cheese Sandwich Corn Fresh Orange 1% or Fat Free Milk	9 Cheese Pizza or Turkey & Cheese Sandwich or Cheese Sandwich Broccoli Florets Peach Cup 1% or Fat Free Milk
12 No School Columbus Day	13 Egg Omelet w/ French Toast or Buffalo Chicken Sub or Cheese Sandwich Roasted Potatoes Peach Cup 1% or Fat Free Milk	14 Cheeseburger or Turkey & Cheese Sandwich or Cheese Sandwich Broccoli Florets Pear Cup 1% or Fat Free Milk	15 Mexican Beef w/ Cheese & Salsa or Buffalo Chicken Sub Or Cheese Sandwich Celery Sticks Fresh Orange 1% or Fat Free Milk	16 Cheese Pizza or Turkey & Cheese Sandwich Or Cheese Sandwich Roasted Italian Chickpeas Fresh Apple 1% or Fat Free Milk
19 Chicken Patty Sandwich or Turkey & Cheese Sandwich or Cheese Sandwich Chilled Corn Applesauce Cup 1% or Fat Free Milk	20 Mexican Beef w/ Cheese & Tortilla Chips or Crispy Chicken Sub or Cheese Sandwich Black Bean Salsa Pear Cup 1% or Fat Free Milk	21 Mozzarella Stuffed Breadsticks w/ Marinara Sauce or Turkey & Cheese Sandwich or Cheese Sandwich Broccoli Florets Applesauce Cup 1% or Fat Free Milk	22 Southwest Chicken w/ Rice & Beans or Crispy Chicken Sub or Cheese Sandwich Baby Carrots Fresh Apple 1% or Fat Free Milk	23 Cheese Pizza or Turkey & Cheese Sandwich or Cheese Sandwich Cucumber Slices Fresh Orange 1% or Fat Free Milk
26 Chicken Nuggets or Ham & Cheese Sandwich or Cheese Sandwich Baby Carrots Applesauce Cup 1% or Fat Free Milk	27 Egg Omelet w/ French Toast or Asian Chicken Sub or Cheese Sandwich Roasted Potatoes Peach Cup 1% or Fat Free Milk	28 Cheeseburger or Ham & Cheese Sandwich or Cheese Sandwich Broccoli Florets Pear Cup 1% or Fat Free Milk	29 Mexican Beef w/ Cheese & Salsa or Asian Chicken Sub Or Cheese Sandwich Celery Sticks Fresh Orange 1% or Fat Free Milk	30 Cheese Pizza or Ham & Cheese Sandwich Or Cheese Sandwich Roasted Italian Chickpeas Fresh Orange 1% or Fat Free Milk